Provider List - Transportation Services - Cumberland County

Active Living 55+: Cumberland Age Friendly AIP

Contact: Allison Foster
Last Updated: 12/10/2024 2:54:53PM
Last Reviewed: 08/01/2024

Phones: (207) 829-5559 [Home]*,
(207) 829-5559 [Business]

Address: [Business]*
290 Tuttle Rd
Cumberland, ME 04021 (Cumberland county)

Web Site: www.cumberlandmaine.com/activeliving

Eligibility: Age 55 or older

Notes: Active Living 55+ joined the AARP Network of Age-Friendly States and Communities in 2016.

Offers:
Community Supports and Health Services- Durable Medical Equipment Are you recovering from an injury or surge and need medical equipment? ALC will loan you a walker, shower seat, commode, or other medical equipment at no charge.

Active Living Luncheon Join us on the last Monday of the month for a free luncheon. Enjoy good food, meet new friends, and socialize. Registration is required.

Handy Helpers - Active Living 55+ volunteers will do minor chores and other simple handyman assignments that don't require licenses (e.g. plumbing, electrical work).

Big Project Day Held is May and October. Volunteers help older residents get ready for Bulky Item Pickup, do yarc work, and help with projects around the house.

Social Participation
Daily activities at the Recreation Center at Val Halla. "Learn Something New" on Monday, join the singing group o Tuesday, Wednesday is the special event day including a movie matinee, concert, BINGO, and Mornings with Friends, and Thursday is game day. All programs are drop in and free.

Mornings with Friends - This free programming happens monthly on the 3rd Wednesday of the month from 10:00 11:30 am. We feature topics from retirement, scams, emergency preparedness, and more! Coffee, tea, and goodies will be served.

Transportation (including promotion of active transportation) The Cumberland Area Rides (CAR) program provide rides to medical appointments, pharmacy, grocery store, religious services, food pantry, and general errands. Ride requests are made through our coordinators and every effort is made to fill the requests, although there are occasions when no volunteer is available. This program is for Cumberland residents, who are 60 and older.

Also visit https://www.lifelongmaine.org/home

This resource information is provided as a service of AgeMaine, 30 Barra Road, Biddeford, ME 04005, 1-800-427-7411. AgeMaine does not licence, endorse or recommend any specific provider, nor can we guarantee the quality of service from providers .

Provider List - Transportation Services - Cumberland County

Age-Friendly New Gloucester

Contact:
Last Updated: 12/09/2025 9:37:06AM
Last Reviewed: 10/21/2024

Phones:

Address: [Business]*

New Gloucester, ME 04260 (Cumberland county)

Web Site: www.blingnewgloucester.com/

Eligibility:

Notes: BLING is a group of community volunteers who came together to help New Gloucester become an Age-Friendly Livable Community as described in our town's 2021 Comprehensive Plan. Since 2022, we have: Studied the AARP Age-Friendly Network framework; Conducted a community assessment and listening session; Developed action plans; Joined Lifelong Maine.

Priorities:
Housing: Sound the Alarm – free 10-year smoke detectors installed, collaboration among Red Cross, New Gloucester Fire Rescue and BLING
Sand Buckets for Neighbors. Volunteers fill and deliver sand buckets for icy walkways.
Transportation: Pace Car Pledge. Over 70 people have signed the PACE Car pledge. Be a safe driver and agree t follow the speed limit and not text when driving. Traffic Calming. Successful advocacy for new speed limit signs, especially by schools. Speed data collection around town.
Vision Zero. Partnering with Gray for a regional approach to developing safer streets. Online maps and links for trails and road walks in the area.

Communication and Information: Email newsletter; Website and Facebook page;
New Gloucester Xchange -- a local online volunteer media/news source https://ngxchange.org/
Contact: https://www.blingnewgloucester.com/contact

New Gloucester Rides- Volunteer Transportation Program; Serving New Gloucester Residents. Highlights for Rider Free to New Gloucester residents 50+ years old or with disabilities; Rides may be requested for medical or dental services; Rides should not exceed 30 miles one way (60 miles round trip); Requests for rides should be made 5 days in advance; Rides are provided by volunteer drivers who have been vetted and trained. Call 207 705 4721 or email ngrides1@gmail.com to sign up

Connectors: A Free Program in Gray and New Gloucester- Are you a caregiver looking for help with your loved one Do you live alone and wonder how to stay comfortably in your home? Do you need information about services in your area?
Please visit https://www.blingnewgloucester.com/gng-connectors to learn about community events to connnect a learn about resources.

Provider List - Transportation Services - Cumberland County

Airport Car Express

Contact:
Last Updated: 12/18/2024 12:03:11PM
Last Reviewed: 12/18/2024

Phones: (207) 893-8294 [Business]*

Address: [Business]

Biddeford, ME 04005 (York county),
[Business]*
289 Gray Rd
Windham, ME 04062 (Cumberland county)

Web Site:

Eligibility: Other - See Notes

Notes: Airport Car Express provides transportation throughout Maine and out of State as well. We can provide transportation to medical providers out of state. Hours available: 24/7; Fees: By flat rate, call for more informatic ; Language: Somali, English, Afrikaans.

Please call for more information.

Provider List - Transportation Services - Cumberland County

American Cancer Society

Contact:
Last Updated: 11/21/2024 3:01:44PM
Last Reviewed: 11/21/2024

Phones: (800) 227-2345 [Toll-Free]*,
(207) 373-3700 [Business],
(207) 729-0635 [Fax]

Address: [Business]

Kennebunk, ME 04043 (York county),
[Mailing]
PO Box 350
Westbrook, ME 04098 (Cumberland county),
[Business]*
1 Bowdoin Mill Island, Suite 300
Topsham, ME 04086 (Sagadahoc county)

Web Site: www.cancer.org

Eligibility:

Notes: NOTE: The office to contact is located in Topsham but service is provided in York and Cumberland county as well. The New England Division of the American Cancer Society offers information and support for persons affected wit cancer. Find support groups, programs, and services in your area. Programs include transportation to appointmen , peer support from cancer survivors, and a variety of wellness, support, and informational programs. Please call FMI about programs in your area.

Road to Recovery is an American Cancer Society service that provides free transportation for cancer patients to their treatments and home again. Transportation is provided according to the needs and available resources in th community, and is available for cancer patients that cannot drive themselves to treatment, that do not have insurance to cover transportation services or that do not have family members or friends that can help with a ride Some exceptions can be made is special situations. Road to Recovery transportation is provided by trained volunteers who use their own vehicles to give this service. Patients must be ambulatory. Please call at least a we before ride is needed (the more advance notice the better). For more information www.cancer.org/support-progr ms-and-services/road-to-recovery.html.

Provider List - Transportation Services - Cumberland County

Amtrak: Downeaster Senior & Disability Discount

Contact:
Last Updated: 11/21/2024 3:03:33PM
Last Reviewed: 11/06/2024

Phones: (800) 872-7245 [Toll-Free]*

Address: [Business]*
Portland Station
100 Thompson's Point Road
Portland, ME 04102 (Cumberland county)

Web Site: https://amtrakdowneaster.com/deals-discounts/

Eligibility:

Notes: Passengers 65 and older are entitled to half-off the regular one-way coach fares on most Downeaster trains. Vali I.D. is required when purchasing tickets and while traveling. PLEASE NOTE: Click "Buy Tickets", select "Senior", ar enter promo code v543 to receive the discount. This discount is not available when tickets are purchased onboard the train or valid for travel in business class.

Passengers with a disability and Medicare card holders are entitled to 50% off the regular one-way coach fares or most Downeaster trains. Click "Buy Tickets", select 'Passenger with Disability', and enter promotion code v543. A valid photo I.D. and Medicare card is required when purchasing tickets and while traveling. This discount in not va for travel in business class. Some restrictions may apply.

The Amtrak Downeaster provides 30% off transportation to and from medical appointments. This promotion is va for one patient and one companion and is available on all weekday Downeaster trains. To use this discount, ticket must be purchased at least three days in advance of travel. Click "Buy Tickets", select "Adult", and enter promo code v523. This discount is not valid for travel in business class or for travel on Saturdays and Sundays.

Please call or visit the website to confirm the terms of discount or code has not been changed.

Provider List - Transportation Services - Cumberland County

Central Maine Private Transportation

Contact:
Last Updated: 01/02/2026 3:03:44PM
Last Reviewed: 11/21/2024

Phones: (207) 215-7089 [Business]*

Address: [Service Area Placeholder]*

Portland, ME (Cumberland county),
[Mailing]
402 Maine Ave
Farmingdale, ME (Kennebec county)

Web Site:

Eligibility: Age 55 or older

Notes: Provides handicapped accessible van transportation to seniors and veterans. Should call 3 weeks in advance to schedule appointment. $50 an hour. Serves Farmingdale, Gardiner, Augusta, Portland and anywhere in between

Senior/Veteran Appointments
Handicap Accessible Van
Reliable, safe and comfortable vehicles
Cadillac SRX
Chrysler Town & Country Handicap Accessible Van
Chrysler Sebring Convertible

Our airport drop off / pick-up is available 24 hours a day and 7 days a week. Relax and let us take care of the hassle of driving through that airport traffic. Augusta, Bangor, Portland.

Cumberland Area Rides - CAR

Contact:
Last Updated: 07/17/2026 8:47:27AM
Last Reviewed: 11/19/2025

Phones: (207) 829-3367 [Home]*

Address: [Business]*
290 Tuttle Rd.
Cumberland, ME 04021 (Cumberland county)

Web Site: www.cumberlandmaine.com/carprogram

Eligibility:

Notes: The Cumberland Area Rides (CAR) program provides rides to medical appointments, pharmacy, grocery store, religious services, food pantry, and general errands. Ride requests are made through our coordinators and every effort is made to fill the requests, although there are occasions when no volunteer is available.

This program is for residents of the Town of Cumberland, who are 60 and older.

If you have never used this program, please call 829-3367 to get registered

This resource information is provided as a service of AgeMaine, 30 Barra Road, Biddeford, ME 04005, 1-800-427-7411. AgeMaine does not licence, endorse or recommend any specific provider, nor can we guarantee the quality of service from providers.

Provider List - Transportation Services - Cumberland County

Freeport Community Services

Contact:
Last Updated: 10/23/2024 1:09:30PM
Last Reviewed: 04/23/2024

Phones: (207) 865-3985 x 205__ [Business]*

Address: [Business]*
53 Depot Road
Freeport, ME 04032 (Cumberland county)

Web Site: www.fcsmaine.org

Eligibility:

Notes: FCS provides essential and emergency relief services to community members in need, in total confidence, without question – food, fuel, transportation, referrals, free medical equipment. We do everything we can to answer a call for help. FCS also provides enrichment programs to help children and adults thrive and reach their full potential in our community.

Age-Friendly Freeport & Pownal is a volunteer-driven, formal network of community collaborators, individual residents and groups as well as community organizations interested in making sure our community works for all residents (all ages, disabled, etc.) now and long term. Contact: Age Friendly Freeport & Pownal Coordinator, (207 865-3985 x222.

The FCS Transportation Program provides rides to medical and counseling appointments for Freeport and Pownal residents. Rides are available to those who are temporarily or permanently unable to drive, have no vehicle, and have no other means of transportation. The service is free of charge to all riders. This service is made possible through the generosity of our volunteer drivers. Volunteers donate their time, vehicle and fuel to provide this serv . The transportation program would not exist without them! Volunteer drivers are available Monday through Frida from 8am – 5pm. 3 business days notice is required for all ride requests. All new riders must complete a Rider Application.

FCS also makes funds available to meet specific needs, such as eye glasses and medications, even diabetic testing supplies. Donations to these funds are always welcome. Donations of medical supplies are accepted. Please call 865-3985 x205. The free medical equipment loan contains crutches, wheelchairs, walkers, shower benches, raised toilet seats, braces, etc.

The Freeport Rotary Home Repair Program is partnering with Freeport Community Services' "Aging Friendly Freeport/Pownal," a community-led consortium of organizations collaborating to foster initiatives that help people thrive while aging as well as with local police, fire, EMT, and the towns of Pownal and Durham. To volunteer, recommend a project or to obtain more information, call or email:David Giampetruzzi, (207) 242-2741/dgiampetr zi@gmail.com; Tom Wilbur, (207) 749-3726/tom@wilburs.com.

The Holiday Help-line offers several programs to help Freeport and Pownal residents who would like assistance at Thanksgiving and/or Christmas time. The staff stress that there are no eligibility requirements other than residenc and they encourage people to call. They offer Thanksgiving baskets that include a turkey and other foodstuffs. Thanksgiving Dinner is served at Freeport Community Services from 11:30-2 on Thanksgiving Day. For Christmas, the "Adopt-a-Family program matches families in need with individuals and organizations that would like to buy gi for residents of the community. Thanksgiving & Christmas foodbaskets and gifts; application available October 1 - December 1. For more information please contact FCS Director of Programs, 865-3985 x205.

Provider List - Transportation Services - Cumberland County

Hour Exchange Portland

Contact:
Last Updated: 11/21/2024 3:13:13PM
Last Reviewed: 11/21/2024

Phones: (207) 619-4437 [Business]*

Address: [Business]*
24 Preble St. 3rd Fl.
Portland, ME 04101 (Cumberland county)

Web Site: www.hourexchangeportland.org

Eligibility:

Notes: Hour Exchange Portland is a community network of neighbors helping neighbors. Members share their talents and services, record their hours, then 'spend' them later on services they want. Everyone's hours are equal. This is not barter. These are friendly, neighborly favors. Together we are restoring our local community currency based on relationships and time.

Help a neighbor and earn credit for each hour of your service. In exchange, you can spend your time credits on any of the hundreds of different services that other members offer. The Hour Exchange empowers individuals, organizations and businesses to help each other meet their needs cash free through one-to-one exchanges and group projects. Their activities build and strengthen our community.

Please call for a packet or visit the website to download a Member Application and Reference Forms; there is a required orientation session for all new members.

This resource information is provided as a service of AgeMaine, 30 Barra Road, Biddeford, ME 04005, 1-800-427-7411. AgeMaine does not licence, endorse or recommend any specific provider, nor can we guarantee the quality of service from providers.

Provider List - Transportation Services - Cumberland County

Independent Seniors Network

Contact:
Last Updated: 01/13/2026 11:29:11AM
Last Reviewed: 05/22/2024

Phones: (207) 370-1896 [Business]*

Address: [Mailing]*
Portland Area Villages, Inc.
PO Box 10832
Portland, ME 04104 (Cumberland county)

Web Site: www.independentseniorsnetwork.org

Eligibility: Age 55 or older

Notes: Independent Seniors Network makes a difference because we start with what seniors believe they need – on their own terms. We are able to provide a wide range of community-based volunteer services that are requested by seniors or family/friends. We believe that seniors who wish to keep their independence should be able to stay in their own homes.

Acceptable Member Services:
Transportation includes round trip and one-way rides medical appointments such as office visits; daytime Portland Area social/cultural events and senior activities; shopping; Hairdresser; errands; respite of up to 3 hours for companionship; Phone check-ins/friendly visits; Computer/technolopgy assistance; Light household chores such as Changing light bulbs or batteries; Hanging pictures; Taking trash to the curb and retrieving receptacles; Returning Clynk bottles; Indoor holiday decorations; Organizing; Light gardening; Simple handyperson jobs (no lifting over 2 pounds or ladders).

Those wishing to join to make use of Independent Seniors Network complete simple applications, beginning with a phone call to 207-370-1896. Members pay an annual membership fee to Portland Area Villages. The fee covers a portion of the operating expenses. Individual fees are $275 and Household fees are $350. Some scholarships are available for lower income members. Payment plans are also an option. Services must be requested 7-10 business days prior to the date of service. Please keep in mind that our office hours are 9:00-1:00 Monday through Friday. This will allow us time to identify and schedule a volunteer for you. Anyone age 60+ or disabled who lives in the Greater Portland area can become a member.

For more information, please contact Carol Colton at 207-370-1896. facebook.com/portlandareavillages

Provider List - Transportation Services - Cumberland County

ITN CarTrade Program

Contact:
Last Updated: 11/27/2024 11:25:38AM
Last Reviewed: 11/27/2024

Phones: (207) 854-0505 [Business]*,
(207) 849-7041 [Fax]

Address: [Business]*
90 Bridge Street
Suite 210
Westbrook, ME 04092 (Cumberland county)

Web Site: www.itnportland.org

Eligibility:

Notes: If you have a good car, you can trade it for rides. Or, you can make a tax-deductible gift of your car to support th ITN mission. For more information, contact ITNPortland.

ITN members considering vehicle donation should also look into our trademarked CarTrade program, which turns your old car into ride credits. Contact us to find out which program is best for you: CarTrade™ or car donation

ITN Independent Transportation Network

Contact:
Last Updated: 01/13/2026 11:33:01AM
Last Reviewed: 11/21/2024

Phones: (207) 854-0505 [Business]*

Address: [Business]*
90 Bridge St
Westbrook, ME 04092 (Cumberland county),
[Business]
One Westbrook Common, Suite 3
Westbrook, ME 04092 (Cumberland county)

Web Site: www.itnportland.org

Eligibility:

Notes: ITN provides rides in automobiles, 24 hours a day, 365 days a year, with drivers who are trained to ensure your safety and comfort.
Sign up for an annual membership and set up a pre-paid Personal Transportation Account™. No need to carry cas or tip drivers.

Rides are available for any purpose 24 hours a day for people 65 years and older and visually impaired adults. Bo your ride in advance and/or share your ride to save money. Ride in a private automobile with a trained driver. "Door-through-door" service includes help with steps and packages, heavy doors and walkers. Road Scholarships™ are available for low-income members.

ITNPortland Transports Members Living in These Areas: Buxton; Cape Elizabeth; Cumberland; Falmouth; Gorham North Yarmouth; Portland; Scarborough; South Freeport; South Portland; South Windham; Westbrook; Yarmouth.

65+ years old or visually impaired; ITN does not have wheelchair accessible vehicles. $50/$60 family annual membership fee; a prepaid Personal Transportation Account™ based on estimated usage; there is a per ride charge, please call for specifics. Please call or visit the website FMI on ride/payment details, an application, and Road Scholarship™ application

Provider List - Transportation Services - Cumberland County

Maine's Lifelong Communities

Contact:
Last Updated: 04/23/2024 2:19:37PM
Last Reviewed: 10/05/2023

Phones:

Address: [Service Area Placeholder]
WEB RESOURCE
Biddeford, ME 04005 (York county),
[Service Area Placeholder]*
WEB RESOURCE
Portland, ME 04101 (Cumberland county)

Web Site: www.lifelongmaine.org

Eligibility:

Notes: WEB RESOURCE
Nearly 100 towns, cities, counties, regions, and the State of Maine have embraced the importance of shaping grea places for people
to age by joining the AARP Network of Age-Friendly States and Communities. In 2022, the University of Maine joined the University of New England as a fully endorsed member of the Age-Friendly University (AFU) Global Network, making Maine a leader nationally and internationally in the age-friendly movement.

Across Maine, grassroots Lifelong Communities, formal members of the AARP Network, and others following a similar path, are leveraging local assets to build community capacity addressing challenges such as accessible spaces, access to technology, food security, home repair, transportation, and social connections. Please visit the website to find out if your community has an Age-Friendly program.

To find out if your Age-Friendly Community has a "Find a Ride" program please visit:
https://www.lifelongmaine.org/volunteer-transport/find-a-ride

Provider List - Transportation Services - Cumberland County

Metro: Greater Portland Transit District

Contact:
Last Updated: 11/21/2024 3:17:09PM
Last Reviewed: 11/21/2024

Phones: (207) 774-0351 [Business]*

Address: [Business]*
114 Valley Street
Portland, ME 04102 (Cumberland county)

Web Site: https://gpmetro.org/

Eligibility:

Notes: METRO serves major shopping and medical destinations in the service area of Portland, Westbrook, the Maine Ma area of South Portland, and Falmouth.
METRO BREEZ - new express service between Portland, Falmouth, Yarmouth and Freeport.
METRO accepts transfers from South Portland City Bus and ZOOM bus. Some merchants participate in a "free-ride home" program, call for details.

Exact fare only - call for current fares; seniors 65+/people with disabilities ride for 1/2 price fare; day and monthl passes may be purchased at Purchase tickets at the METRO Pulse at Elm Street. Cash, Checks and Credit Cards accepted.

Please visit website or call about Bus routes/schedules, Metro passes etc.

MobilityWorks

Contact:
Last Updated: 11/21/2024 3:17:31PM
Last Reviewed: 11/21/2024

Phones: (855) 694-7323 [Business],
(207) 747-2064 [Business]*

Address: [Business]*
32 Lewiston Rd Unit 2B
Gray, ME 04039 (Cumberland county)

Web Site: www.mobilityworks.com

Eligibility:

Notes: MobilityWorks rents handicap accessible mini-vans, full size, and commercial vans. All have lowered floors with a wheelchair lift or ramp. They also sell new and used accessible vans and provides extensive repair and modificatic services.

Driver must be over 21 with a valid driver's license and current automobile insurance. Please call for current renta rates and more information.

This resource information is provided as a service of AgeMaine, 30 Barra Road, Biddeford, ME 04005, 1-800-427-7411. AgeMaine does not licence, endorse or recommend any specific provider, nor can we guarantee the quality of service from providers .

Provider List - Transportation Services - Cumberland County

Modivcare Solutions LLC

Contact:
Last Updated: 11/21/2024 3:17:47PM
Last Reviewed: 11/21/2024

Phones: (855) 608-5178 [Toll free in state],
(877) 659-1302 [Toll-Free]*

Address: [Business]

Kennebunk, ME 04043 (York county),
[Business]*

South Portland, ME 04106 (Cumberland county)

Web Site: www.modivcare.com

Eligibility: Accepts Mainecare/Medicaid

Notes: Modivcare (formerly know as Logisticare) is the broker or booking agent in York and Cumberland Counties for MaineCare rides to medical appointments. They are open Monday through Friday from 8am - 5pm and require 2 business-day notice for scheduling rides. The type of ride/service will depend on client needs and if they qualify. Please call to schedule ride or if you have any questions.

Cumberland County (except Brunswick and Harpswell) call 855-608-5178
York County call 877-659-1302

North East Mobile Health Services

Contact:
Last Updated: 11/05/2025 12:58:08PM
Last Reviewed: 08/27/2024

Phones: (207) 510-0073 [Business]

Address: [Business]*
9 Willey Rd
Saco, ME 04072 (York county),
[Service Area Placeholder]

Scarborough, ME 04074 (Cumberland county)

Web Site: https://nemhs.com/

Eligibility:

Notes: North East Mobile Health Services provides comprehensive medical transportation including ambulance emergenc and non-emergency transfer services, and wheelchair van transportation. The fleet of wheelchair accessible vans are routinely available to transport patients to medical appointments and diagnostic tests that do not require the services of an ambulance. Whether for a short distance trip to see a doctor or for a longer trip to Boston for a diagnostic test, trained van operators will provide prompt, friendly and professional service door-to-door.

North East serves Greater Portland, Bath/Brunswick and all of Southern Maine including hospitals and other healthcare facilities in Biddeford, Sanford, Kennebunk and York.

Please call for current fees - Wheelchair van services for patients covered by MaineCare must be arranged throug the State Broker, Modivcare.

Please call Dispatch 800-215-2000 for more information and to arrange for services.

Provider List - Transportation Services - Cumberland County

Regional Transportation Prg: ADAPT

Contact:
Last Updated: 11/21/2024 3:19:41PM
Last Reviewed: 11/21/2024

Phones: (800) 244-0704 [Toll-Free],
(207) 774-2666 [Business]*

Address: [Business]*
1 Ledgeview Dr
Westbrook, ME 04092 (Cumberland county)

Web Site: www.rtprides.org/

Eligibility:

Notes: RTPADAPT (ADA Paratransit Service) provides curb-to-curb rides to persons who cannot use a regular city bus du to a disability. Service is available in Portland, South Portland, Westbrook and Falmouth along the route 1 corridor RTP's paratransit service ADA service is available only within 3/4 mile of the fixed route and only during the exac the days of the week and hours of service for the METRO and the South Portland Bus Service. The trip may be for any purpose-medical and other appointments, shopping, social activities, higher education, or to visit a friend, etc

Eligibility: People who cannot use the METRO due to a disability; doctor's office needs to sign or stamp the professional verification section of the ADA application

Free for eligible riders, current fare for others is $2.50 one-way

Please call FMI - to arrange a ride must have an ADA Application on file (available from the RTP office or website Call to arrange ride no later than 5pm the day before ride is needed

Provider List - Transportation Services - Cumberland County

Regional Transportation Prg: County Wide Bus Srvc.

Contact:
Last Updated: 11/21/2024 3:23:04PM
Last Reviewed: 11/21/2024

Phones: (207) 774-2666 [Business]*,
(800) 244-0704 [Business]

Address: [Business]*
1 Ledgeview Dr
Westbrook, ME 04092 (Cumberland county)

Web Site: www.rtprides.org

Eligibility:

Notes: Anyone can take advantage of RTP county bus routes for shopping, hospital visits, city errands, a visit to the publ library, or any other purpose. This is on a "space-available" basis. As long as the trip is taking place within Cumberland County, RTP will do its best to help you get where you need to go. Because RTP is a shared-ride service, it does require flexibility on the part of riders. No application required for "General Public" trips.

RTP also offers bus service in the Lake Region on a fixed route from Naples along Route 302 to downtown Portlar Please call for details and fares.

The General Public Fare is $3. The Fare is $5.00 each way for trips between non-adjoining towns.

For riders who are 60 or older and over income guidelines provided by DHHS, you will still qualify for our services. The fare is $2.50 One-Way, for trips within one town, or between neighboring towns (increasing to $3 effective April 1, 2024) and $5.00 One-Way, for trips between non-adjoining towns. Here's an example; A trip from Portlan to South Portland costs $2.50 each way (before April 1, 2024), $5.00 round-trip. A trip from Cumberland to Portla costs $5.00 each way, $10.00 round-trip.

An application must be on file.

Please call FMI on locations/days/times and to schedule a ride; please note that service to and from some towns i limited

This resource information is provided as a service of AgeMaine, 30 Barra Road, Biddeford, ME 04005, 1-800-427-7411. AgeMaine does not licence, endorse or recommend any specific provider, nor can we guarantee the quality of service from providers .

Provider List - Transportation Services - Cumberland County

Regional Transportation Prg: Quick Ride

Contact:
Last Updated: 03/01/2024 3:05:15PM
Last Reviewed: 03/01/2024

Phones:

Address: [Business]*
1 Ledgeview Dr
Westbrook, ME 04092 (Cumberland county)

Web Site: www.rtprides.org/quickride/

Eligibility:

Notes: Introducing affordable, personal transportation for Windham and North Windham area.

5 Reasons to use QuickRide by RTP:
- Never wonder where your ride is again with real-time updates!
- Pay for rides with a debit or credit card directly through the app!
- Schedule rides in under a minute from your smartphone!
- Schedule rides in advance!
- Get rides in new, specially equipped passenger vans!
- Fast, efficient and safe rides in the Windham/NorthWindham area from RTP:

Download the app and start riding today.
- Or -
Book Online At "RequestMyRides.com"

This resource information is provided as a service of AgeMaine, 30 Barra Road, Biddeford, ME 04005, 1-800-427-7411. AgeMaine does not licence, endorse or recommend any specific provider, nor can we guarantee the quality of service from providers .

Provider List - Transportation Services - Cumberland County

Regional Transportation Prg: Rides to Health Care

Contact:
Last Updated: 11/21/2024 3:25:36PM
Last Reviewed: 11/21/2024

Phones: (207) 774-2666 [Business]*,
(800) 244-0704 [Business]

Address: [Business]*
1 Ledgeview Dr
Westbrook, ME 04092 (Cumberland county)

Web Site: www.rtprides.org

Eligibility:

Notes: RTP schedules door-to-door rides for medical appointments for qualified non-MaineCare riders. However, there ar some restrictions in terms of days/hours/geographic area of service so please call RTP dispatch to get the details.

For qualified riders, we schedule door-to-door rides so that you can get to your medical appointments. Appointments for those riders living in Portland, South Portland or Westbrook may be on a daily basis. When possible, make your appointments with your doctor between the hours of 10:00 am and 2:00 pm. If you live in another town, Call RTP dispatch to get the schedule of times/days available. Rides can be scheduled up to 14 day in advance, but no later than two business days prior to your appointment date.

The time restrictions do not apply for riders going to dialysis or cancer treatments.

If you have an appointment scheduled with your doctor which is outside of the times above, we will work with yo whenever possible to make sure you are still able to get to the appointment.

Some riders will be required to pay a fare each way for transportation. When you call to schedule your ride, the Mobility Agent will let you know if a fare is due.

Some agencies, such as CDS, have contracted with RTP to provide rides for their clients to therapeutic day care services. If we have a contract with an outside agency, times and availability may be different that what is stated above. Please call for more information.

This resource information is provided as a service of AgeMaine, 30 Barra Road, Biddeford, ME 04005, 1-800-427-7411. AgeMaine does not licence, endorse or recommend any specific provider, nor can we guarantee the quality of service from providers .

Provider List - Transportation Services - Cumberland County

Regional Transportation Prg: Shoppers Express

Contact:
Last Updated: 11/21/2024 3:26:48PM
Last Reviewed: 11/21/2024

Phones: (207) 774-2666 [Business]*,
(800) 244-0704 [Business]

Address: [Business]*
1 Ledgeview Dr
Westbrook, ME 04092 (Cumberland county)

Web Site: www.rtprides.org

Eligibility:

Notes: There is a Shopping shuttle that services the following towns on a schedule with pick-ups at predetermined housi complexes. Freeport, Gorham ,Portland, Scarborough, South Portland, Windham, Westbrook, Standish.

Please call FMI about location/day schedule and to fill out an application/register for the service

Eligible riders free - for all others the fare is $2.50 one-way ($5 round trip)

Please call FMI about service in your town and how to access.

South Portland Bus Service

Contact:
Last Updated: 11/21/2024 3:27:55PM
Last Reviewed: 11/21/2024

Phones: (207) 767-5556 [Business]*

Address: [Business]*
25 Cottage Road
South Portland, ME 04106 (Cumberland county)

Web Site: http://www.southportland.org/departments/bus-transportation/

Eligibility:

Notes: South Portland bus service generally runs on schedules Monday - Friday and offers more limited service on Saturday. No service on Sundays. Routes and time tables of the buses can be found online or on any of the buses Shop and Save, Shaw's or City Hall in South Portland or you may call with questions. There is no additional charg for transfers between the METRO and the South Portland Bus Service at the Maine Mall and the three Congress Street stops. Lift-equipped para-transit bus service is available to disabled residents unable to board the fixed-rou buses.

Please call for bus schedule or more information about routes, current cost of fares (some are discounted) and where to purchase ten-ride tickets. Please note exact fare only - drivers do not make change. Hours: 8am - 8pm Monday through Friday and 10am-2pm Saturday and Sunday.

Provider List - Transportation Services - Cumberland County

Veterans Transportation Network

Contact:
Last Updated: 07/18/2024 11:56:46AM
Last Reviewed: 07/18/2024

Phones: (877) 421-8263 x 5790 [Toll free in state],
(207) 623-8411 [Business]*

Address: [Service Area Placeholder]

Scarborough, ME (Cumberland county),
[Business]*
VAMROC Bldg. 206, Rm. 343
1 Veterans Center
Augusta, ME 04330 (Kennebec county),
[Service Area Placeholder]

Biddeford, ME (York county)

Web Site: www.va.gov/maine-health-care/

Eligibility:

Notes: The Togus VA Medical Center (VAMC) operates a Volunteer Transportation Network funded through donations to the Disabled American Veterans (DAV) Department of Maine. Volunteer drivers transport clients with appointment at Togus Veteran's Hospital.

Eligibility: Veterans with scheduled appointments at Togus; The DAV is not able to accommodate wheelchair patients or those on oxygen except for shoulder carried oxygen canisters.

Monday through Friday 7:30am - 4pm. Serves Southern Maine.

Please call DAV to arrange a ride at least a week in advance.

Windham Senior Transportation

Contact:
Last Updated: 01/10/2024 11:18:24AM
Last Reviewed: 01/10/2024

Phones: (207) 892-4649 [Business]*

Address: [Business]*
Community Center & Municipal Office
8 School Road
Windham, ME 04062 (Cumberland county)

Web Site: www.agefriendlywindham.org

Eligibility:

Notes: There is a bus on Thursday mornings that goes to No. Windham for seniors who need to get groceries, go to the bank, get prescriptions filled, or pick up a few things. The van generally departs around 9:30 and returns around :30. Please call our office to register for the program. Advance notice of 24 hours in advance to reserve your seat The bus may pick seniors up at their homes. Service is for Residents of Windham (includes North Windham, Sou Windham).

Provider List - Transportation Services - Cumberland County

Yarmouth Cares About Neighbors (YCAN)

Contact:
Last Updated: 11/16/2025 12:31:26PM
Last Reviewed: 11/16/2025

Phones: (207) 844-3517 [Business]*

Address: [Mailing]*
Po Box 553
Yarmouth, ME 04096 (Cumberland county),
[Business]
200 Main Street
Yarmouth, ME 04096 (Cumberland county)

Web Site: www.ycan.info/

Eligibility:

Notes: Yarmouth Cares About Neighbors (YCAN) is a volunteer group of residents who help organize community efforts t provide assistance and support to other residents who need help in a variety of areas. Toward this end, the group has published a local resource guide, they offer Fuel Assistance that can be accessed through the GA office, Food support through the Community Food Pantry and Holiday support that can be accessed through an online applicat or by calling 207-844-3517

The Rides Program offers free rides to Yarmouth, Maine residents who cannot drive, either temporarily or permanently. Please call 207-844-3242, leave your name, telephone number, and the day you might like a ride.

They also offer Living Well, Aging In Place (AIP) led by Leigh Kirchner. The AIP initiative received a block grant t conduct a survey of needs in Yarmouth, and used the survey results to produce a plan for services that support seniors who wish to remain in their homes. 501c3 volunteer with staffing and outreach support from Southern Maine Area Agency on Aging.

Please call or go on their website to learn more about food and holiday assistance.

Serves residents of Yarmouth.