Provider List - Home Care (non-medical) - Cumberland County

Aging Excellence: Brunswick

Contact:
Last Updated: 03/19/2024 1:08:57PM
Last Reviewed: 03/19/2024

Phones: (207) 729-0991 [Business]*,
(207) 729-0944 [Business Fax]

Address: [Business]*
168 Pleasant Street
Brunswick, ME 04011 (Cumberland county)

Web Site: www.seniorsonthego.com

Eligibility:

Notes: Aging Excellence Inc. offers a variety of non-medical services, activities, and retail goods that are designed to ass older adults to remain active and independent in the community. Services include care management coordinatior organized day trips and transportation for appointments, and errands, reminder service, chore services, homemaker/companion services, telephone reassurance, personal care services, and handyman services. Age 50- or disabled.
Please call FMI and/or a free initial consultation to discuss needs.
Fees vary per project.
Registered Personal Care Agency.
Serves: Brunswick, Cumberland, Freeport, Yarmouth, and Bridgton/Sebago area.
Hours: Monday through Friday 8am - 5pm; services 24/7.

Aging Excellence: Portland

Contact:
Last Updated: 03/19/2024 1:12:55PM
Last Reviewed: 03/18/2024

Phones: (207) 780-2345 [Business]*

Address: [Business]*
15 Baxter Blvd
Portland, ME 04101 (Cumberland county)

Web Site: www.seniorsonthego.com

Eligibility:

Notes: Aging Excellence offers a variety of services, activities, and retail goods that are designed to assist older adults to remain active and independent in the community. Services provided include: care management coordination, organized day trips and transportation (please note that Aging Excellence does not have wheelchair accessible vehicles), reminder service, chore services, homemaker/companion services, telephone reassurance, personal car services, and handyman services.
Fees vary depending on service.
Please call for more info or initial consultation (in-home or in-office) to review services
Services Greater Portland Metro Area.
Registered Personal Care Agency.
Hours: Monday through Friday 8am - 5pm.

This resource information is provided as a service of AgeMaine, 30 Barra Road, Biddeford, ME 04005, 1-800-427-7411. AgeMaine does not licence, endorse or recommend any specific provider, nor can we guarantee the quality of service from providers.

Provider List - Home Care (non-medical) - Cumberland County

Aging Kingdom Homecare

Contact:
Last Updated: 11/14/2024 9:33:47AM
Last Reviewed: 11/14/2024

Phones: (207) 807-2119 [Business]*,
(207) 881-6288 [Alternate]

Address: [Service Area Placeholder]

Biddeford, ME 04005 (York county),
[Business]*
415 Congress St, Suite 406
Portland, ME 04101 (Cumberland county),
[Mailing]
411 Congress St
Portland, ME 04101 (Cumberland county)

Web Site: www.agingkingdomhomecare.com/

Eligibility:

Notes: Aging Kingdom Homecare provides all non-medical home care services such as personal care, light housekeeping, medication reminders, transportation and errand, meal preparation and companionship. Whether you or your love one is in the comfort of their home, in an assisted living, long-term care facility, rehab or coming home from the hospital we will be there. Our niche is spiritual care, so incorporating that into the care plan can be an added service. Aging Kingdom is licensed, bonded and insured. Two-hour minimum shifts up to 24/7.

Please call for more information on fees, to set up a free home assessment to set up services immediately or whe you are ready.
Serves all of York and Cumberland County.

Align Home Care

Contact:
Last Updated: 11/19/2024 10:59:56AM
Last Reviewed: 11/19/2024

Phones: (207) 835-4849 [Business]*

Address: [Business]
124 Fletcher St
Kennebunk, ME 04043 (York county),
[Business]*
251 US Highway 1, Suite D
Falmouth, ME 04105 (Cumberland county)

Web Site: https://alignhomecareservices.com/

Eligibility: Age 62 & older or declared disabled, Other - See Notes

Notes: Align Home Care believes in customizing balanced and holistic care plans for seniors and adults of any age wantin to remain safely in the place they call HOME. Align Home Care encourages our clients to partake in all activities o daily living and home tasks that they can still do, helping them to remain independent, happy and purposeful through any emotional or physical challenge. Care can include, but not limited to, personal care, light housekeepi , med reminders, errands, appointments,meal prep and enjoyable trips outside of the home. We specialize in encouraging our clients to maintain good nutrition, hydration, social interaction, mind building activities and spirit well being. 4 hour shifts up to 24/7 as well as Live-In. Call for a free in-home consultation.

Provider List - Home Care (non-medical) - Cumberland County

Amada Senior Care

Contact:
Last Updated: 11/22/2024 3:21:52PM
Last Reviewed: 11/22/2024

Phones: (207) 305-2233 [Business]*

Address: [Service Area Placeholder]

Biddeford, ME 04005 (York county),
[Business]*
18 Ocean St, Suite 3
South Portland, ME 04106 (Cumberland county)

Web Site: https://www.amadaseniorcare.com/southern-maine-senior-care/

Eligibility:

Notes: Our family-run business encompasses three generations of Southern Maine caregivers whose mission of providing the highest-quality care for seniors represents a passion and chosen life's work. Offering assistance with bathing, dressing, companionship, respite, transportation services, medication reminders, laundry, light housekeeping, mea preparation, mobility, exercise. Able to work with Long Term Care Insurance claims and the VA.
Call us at 207-305-0242, Monday - Friday: 8:00am - 5:00 pm

Proudly serving families in Androscoggin, Cumberland, Oxford, Sagadahoc, and York counties

Angel Home Care & Cleaning

Contact:
Last Updated: 11/22/2024 3:36:19PM
Last Reviewed: 11/22/2024

Phones: (207) 647-2149 [Business]*

Address: [Business]*
Not Published
Bridgton, ME 04009 (Cumberland county)

Web Site: http://angelhomecare.live

Eligibility:

Notes: Angel Home Care & Cleaning is a registered personal care agency that offers home non-medical services including companionship, leisure activities, transportation for shopping, errands, and appointments, meal prep and clean up light housekeeping and yard work, assistance with correspondence, pet care, and resources for additional services They also offer overnight stays and respite care. Serves the Greater Lakes Region area.

Please call to discuss services needed, current hourly and per mile rates; private pay

Provider List - Home Care (non-medical) - Cumberland County

Arcadia Health Care: Portland

Contact:
Last Updated: 12/19/2024 12:19:51PM
Last Reviewed: 11/22/2024

Phones: (866) 324-3401 [24-hour hotline]*,
(207) 347-2377 [Business]

Address: [Business]*
Exchange St
Portland, ME 04101 (Cumberland county)

Web Site: www.arcadianewengland.com

Eligibility:

Notes: Arcadia provides home care tailored to the client's needs and wishes. Health care services are provided by registered nurses, licensed practical nurses, and certified nurses aides. Non-medical care such as personal care assistance, homemaker, companionship and transportation is also available.

Please call for more information and/or to arrange for services.

Caring Companion Home Care, LLC

Contact:
Last Updated: 11/26/2024 11:29:03AM
Last Reviewed: 11/25/2024

Phones: (207) 618-2857 [Business]*

Address: [Business]*
43 Shephard Lane
Portland, ME 04103 (Cumberland county)

Web Site:

Eligibility:

Notes: Caring Companion Home Care provides assistance with bathing dressing, meal preparation, light housekeeping, laundry, companionship and transportation to appointments.

Please call for more information.

Provider List - Home Care (non-medical) - Cumberland County

Catholic Charities Maine: Independent Support Serv

Contact:
Last Updated: 12/11/2024 12:39:36PM
Last Reviewed: 12/11/2024

Phones: (207) 781-8550 [Business],
(888) 477-2263 [Toll free in state]*

Address: [Business]
80 Sherman St.
Portland, ME 04101 (Cumberland county),
[Business]*
66 State Street
P.O. Box 797
Portland, ME 04101 (Cumberland county),
[Business]
307 Congress Street
P.O. Box 10660
Portland, ME 04104 (Cumberland county)

Web Site: www.ccmaine.org/independent-support-services

Eligibility:

Notes: Catholic Charities of Maine (CCM) Independent Support Services is the state contractor for homemaking services ection 69) that provides eligible seniors and disabled individuals services such as grocery shopping, laundry and errands, and light house cleaning so that they can remain in their homes. Anyone can make a referral — clients c call to request services themselves or be referred by family members, friends, neighbors, caregivers or social services. A co-payment for services may be required; services may be available at no charge for people meeting eligibility guidelines.

CCM determines eligibility for section 69 services, but a referral can still be made to MAXIMUS to determine potential eligibility for other long term care programs. IF MAXIMUS indicates Homemaker is the appropriate program they will refer the individual to CCM.

Choose your own Homemaker with Self Directed Care -If you are eligible for our Self Directed Care program, Catholic Charities will train you in how to direct your own care and assist you in paying your worker. For more information, call 1-888-477-2263.

Eligibility: Age 60 and older or declared disabled; Income = or < 200% FPL and assets <$50,000/1 or $75,000/2; deemed eligible by CCM

Please call 781-8550 Portland Office or 888-477-2263 Main Office

Provider List - Home Care (non-medical) - Cumberland County

Coastal Care Solutions, LLC

Contact:
Last Updated: 11/27/2024 10:42:09AM
Last Reviewed: 11/27/2024

Phones: (207) 331-4155 [Business]*

Address: [Business]*
26 Willard St
South Portland, ME 04106 (Cumberland county),
[Mailing]
26 Willard St
South Portland, ME 04106 (Cumberland county)

Web Site: www.coastalcare-solutions.com

Eligibility:

Notes: Coastal Care Solutions provides personal care and companionship services to older adults and seniors. Our Specialty care includes respite, 24/7 care, Alzheimer's and dementia, Transitional Care, Home Management Services, End-of-Life Support. Our "Be Well" Philosophy combines aging-in-place and wellness. We promote getti outdoors in nature, being active and independent, and finding the joyful moments in each day. Non-medical care needs/support at home, hospital, or senior living communities. Accepts VA Benefits, Long Term Care Insurance, a private pay. Serves Southern Maine.

Please call for more information.

Comfort Keepers

Contact:
Last Updated: 11/26/2024 3:08:59PM
Last Reviewed: 11/26/2024

Phones: (207) 494-3026 [Business]

Address: [Business]
57 Portland Rd
Kennebunk, ME 04043 (York county),
[Business]*
253 US Route 1
Scarborough, ME 04074 (Cumberland county)

Web Site: www.comfortkeepers.com/offices/maine/scarborough

Eligibility:

Notes: Comfort Keepers provides non-medical services in-home and to clients in hospitals, nursing homes or assisted livi facilities. Services offered include personal care, companionship, light housekeeping, laundry, meal prep, medication reminders, grooming, errand services, shopping assistance, recreational activities, transportation to doctor appointments or other commitments, and respite care for caregivers. Focus is older adults but will consider adults of any age.

Please call for more information and/or to arrange for services. There are 2 locations - Kennebunk and Scarborough

Provider List - Home Care (non-medical) - Cumberland County

COR Health Services

Contact:
Last Updated: 03/29/2023 2:18:25PM
Last Reviewed: 03/29/2023

Phones: (207) 347-6106 [Business]*

Address: [Business]*
980 Forest Avenue, Suite 207
Portland, ME 04103 (Cumberland county)

Web Site: https://www.corhealthservices.com/home-care-services

Eligibility: Accepts Mainecare/Medicaid

Notes: COR Health offers a variety of Home Care Services, customized to meet the needs of each individual adult client. COR Health works with adult clients and their families to determine a plan of care that is individualized to provide optimal outcomes.
Home Care is a gentle, reliable service that helps enable elderly clients and disabled clients to live independently a home. At COR Health, all of our home care employees are considered "Caregivers," and each is carefully matched to the needs of your loved one – from transportation, to help with daily tasks, to companionship. Services can be scheduled up to 24/7 coverage.

COR Health also offers a variety of Adult Nursing Services, customized to meet the needs of each individual adult client. We take the time to assess varying factors, including age and medical diagnosis. COR Health works with adult clients and their families to determine a plan of care that is individualized to provide optimal outcomes. COR Health is available from our team of registered nurses who coordinate with the physician to provide consistent, hi -quality care in the client's home. Adult Nursing Services from COR Health includes these services and more: Asse and monitor health; Administer and adjust medications; Administer IV therapy and enteral feedings; Monitor vital signs, blood pressure, blood sugar, and cholesterol; Provide nutritional management, support and education; Educate clients about medications and disease process; Care for catheter and ostomy clients; Monitor hydration, bowel and bladder functions; Administer injections and perform laboratory testing; Care for wounds or disease-re ted injuries and conditions; Oversee pain management and end-of-life care; Monitor cardiac progress. Our Adult Nursing Services are provided by licensed, skilled medical professionals.

D&C Home Care: Cumberland County

Contact:
Last Updated: 03/20/2024 9:35:56AM
Last Reviewed: 03/20/2024

Phones: (207) 280-7903 [Fax],
(207) 771-0991 [Business]*

Address: [Business]*
152 US Route One
Scarborough, ME 04074 (Cumberland county),
[Mailing]
PO Box 926
Scarborough, ME 04070 (Cumberland county)

Web Site: www.dchomecaremaine.com

Eligibility: Age 55 or older

Notes: D&C Home Care offers a variety of services that allow seniors to age in place. These services include homemaker, ompanion services, personal care, medication management and transportation. Fees vary depending on service. Two hour minimum shift up to 24/7. Please call for more information or to schedule initial consultation. Registered Personal Care Agency.

Provider List - Home Care (non-medical) - Cumberland County

EastCoast Caregivers

Contact:
Last Updated: 07/23/2024 1:20:42PM
Last Reviewed: 07/18/2024

Phones: (510) 825-4697 [Other],
(207) 692-2271 [Fax],
(207) 742-8610 [Business]*

Address: [Service Area Placeholder]

Biddeford, ME 04005 (York county),
[Business]*
94 Auburn St, Unit 206
Portland, ME 04103 (Cumberland county),
[Mailing]
94 Auburn St, Unit 206
Portland, ME 04103 (Cumberland county)

Web Site: www.eastcoastcgs.com

Eligibility:

Notes: East Coast Caregivers provides in-home care services including bathing/showering, dressing/grooming, transfer/ n bility, feeding, light housekeeping, laundry, meal prep, transportation, companion care, and respite care. Offers a range of personalized and comprehensive home care services. Our services cover all clients including those with Private Pay, insurance, hospice, as well as those who are eligible for care under local, state, and federal programs Serves the entire State of Maine.

Provider List - Home Care (non-medical) - Cumberland County

Elara Caring

Contact:
Last Updated: 07/21/2026 8:53:33AM
Last Reviewed: 07/21/2026

Phones: (207) 703-2413 [Business]*,
(207) 352-5847 [Business Fax]

Address: [Service Area Placeholder]

Biddeford, ME 04005 (York county),
[Business]*
72 Atlantic Place, Suite 86C
South Portland, ME 04106 (Cumberland county)

Web Site: https://elara.com/

Eligibility:

Notes: Skilled home health is tailored to your goals and your doctors recommendations. Common services include: Nursing care for medications and wound care; Physical, occupational and speech therapy; Chronic condition management for heart failure, COPD diabetes and more; Fall prevention and safety guidance; Education for you a your family on how to manage care at home. Behavioral Health provides an assessment, education and action pla that promote recovery at home are the focus of our Portland care team. We support individuals with a wide range of behavioral health conditions. Hospice and Palliative Care are also provided by Elara Caring. Accepts Medicare a Mainecare.

Elara Caring also provides Non-Medical support at home for people who need help with daily living activities. This care is designed for those who may be aging, recovering from a health change or living with ongoing physical or cognitive challenges. Some of the things Elara Caring can assist with are: Companionship, outings, shopping, mea preparation, light housekeeping, bathing, dressing, mobility, supervision for safety, medication reminders.

Serves the entire State of Maine. For more information or to inquire about services please call 207-703-2413.

Provider List - Home Care (non-medical) - Cumberland County

FCP Live-In

Contact:
Last Updated: 02/20/2024 12:36:02PM
Last Reviewed: 01/23/2024

Phones: (207) 205-1406 [Business]*,
(877) 887-2273 [Other]

Address: [Service Area Placeholder]

Scarborough, ME (Cumberland county),
[Business]*
FCP-Live In
2573 Main Street
Out Of State, CT (county),
[Service Area Placeholder]

Biddeford, ME (York county)

Web Site: www.liveinhomecare.com

Eligibility: Disability / Health Condition

Notes: FCP Live In offers 24/7 care in your home. They require a minimum of 2 weeks.
- Caregivers are certified professional PCA, HHA, & CNAs
- Caregivers are bonded/insured and covered by workers' compensation insurance, unemployment insurance, and on payroll with taxes matched as required by law
- Background checks (state and national) on all caregivers
- Caregivers assist clients w/personal care, medication reminders, meal preparation, housekeeping, and transportation to appointments/errands
- Caregivers assist clients with Alzheimer's/Dementia, and hospice care
- Emergency triage team is available 24/7 for clients, families, caregiversand healthcare providers
We service ME, NH, MA, VT, RI, & CT

First Light Home Care of Southern Maine

Contact:
Last Updated: 11/27/2024 10:31:45AM
Last Reviewed: 11/27/2024

Phones: (207) 591-9139 [Business]*

Address: [Business]*
940 Roosevelt Trail, Suite 6
Windham, ME 04062 (Cumberland county)

Web Site: www.firstlighthomecare.com

Eligibility:

Notes: First Light Home Care of Southern Maine is a home non-medical services provider offering complete companion a personal care services for seniors, new mothers, and those recovering from surgery - or anyone who just needs a little assistance.

They also offer a Personal Emergency Response and MedSmart (medication dispensing system) - There is a one time installation fee that includes a monthly visit at no cost to check that it is working correctly.Please call for mor information.

Provider List - Home Care (non-medical) - Cumberland County

Friends In-Home Care

Contact:
Last Updated: 11/27/2024 10:27:24AM
Last Reviewed: 11/27/2024

Phones: (207) 846-5525 [Business]*,
(866) 846-5525 [Toll free in state]

Address: [Business]*
765 Rt 1
Yarmouth, ME 04096 (Cumberland county)

Web Site: http://friendsinhomecare.com/

Eligibility:

Notes: Friends In-Home Care is a non-medical service offering assistance with activities of daily living and services such a transportation (for errands, shopping, appointments or just a drive), light house cleaning, meal preparation and companionship. In addition, personal care such as bathing and toileting, assistance with ambulation and physical therapy routines is offered. Visit times are flexible and range from 3hrs to 24hrs a day.

FIHC offers a Hospital to Home service. The program is designed the program to help seniors return home safely after being hospitalized. They can accommodate both planned and unplanned hospitalizations and will tailor your care needs to your individual requirements. Our staff will be happy to meet you at the hospital, provide transportation home, make any stops necessary such as picking up prescriptions, grocery shopping and anything else you may need. Once arriving at your home, we can help get you settled, prepare food, tidy up make sure you're comfortable. From that point we can schedule staff to stay with you for as long as you like or return for follow up visits.

Please call with questions or for more information.

Gardenia Home Care, LLC

Contact:
Last Updated: 03/19/2025 8:20:48AM
Last Reviewed: 03/05/2025

Phones: (207) 239-7563 [Business]*

Address: [Service Area Placeholder]

Scarborough, ME 04074 (Cumberland county),
[Business]*
958 Townhouse Rd
Waterboro, ME 04087 (York county)

Web Site: www.gardeniahomecare.com

Eligibility:

Notes: Gardenia Home Care, LLC provides high quality, compassionate home care services to individuals in need of assistance with eating, bathing, dressing and support with chores such as grocery shopping, laundry, housekeepir meal preparation and companionship for seniors and individuals with disabilities.

Serves most of Cumberland County and parts of York County.

Provider List - Home Care (non-medical) - Cumberland County

Hands At Home Care Services LLC

Contact:
Last Updated: 10/03/2024 9:47:53AM
Last Reviewed: 06/27/2024

Phones: (802) 829-3256 [Other],
(800) 682-5220 [Business]*,
(802) 332-3706 [Fax]

Address: [Business]*
254 Commercial Street Merril's Wharf
Suite 245
Portland, ME 04101 (Cumberland county),
[Service Area Placeholder]

Biddeford, ME 04005 (York county),
[Mailing]
4477 Main St, Unit 24
Out Of State, VT (county)

Web Site: www.handsathomecareservices.com

Eligibility:

Notes: Hands At Home Care Services is committed to delivering person-centered care with utmost respect and compassi , ensuring everyone feels valued and understood. Our goal is to facilitate aging in place. We do thisby assisting w all aspects of care, including companionship, light housekeeping, meal prep, transportation,pet support, respite fc caretakers, personal care, mobility support, and documentation for loved ones out of the home. Private pay, and also can work with Long Term Care Insurance and
MaineCare, contracted with the State of Maine.
Serves York, Cumberland and Androscoggin County.

Provider List - Home Care (non-medical) - Cumberland County

Home Helpers Home Care of Portland

Contact:
Last Updated: 11/19/2024 10:01:30AM
Last Reviewed: 10/10/2024

Phones: (207) 420-2035 [Business]*,
(207) 222-0033 [Fax]

Address: [Service Area Placeholder]

Biddeford, ME 04005 (York county),
[Business]*
980 Forest Ave
Portland, ME 04101 (Cumberland county)

Web Site: https://www.homehelpershomecare.com

Eligibility:

Notes: At Home Helpers Home Care of Portland, we provide compassionate and personalized in-home care services that allow individuals to maintain their independence, dignity, and quality of life in the comfort of their own homes. Ou services are designed to support seniors, individuals recovering from illness or surgery, and those managing chror conditions or disabilities.

Our Services Include: Bathing, dressing, and grooming, Mobility assistance and transfer-ing, Incontinence care an toileting, Medication reminders.

Companionship: Social engagement and emotional support, assistance with hobbies and activities, accompanying clients to appointments and social events, etc.

Serves: Cumberland and York County

Provider List - Home Care (non-medical) - Cumberland County

Home Instead Senior Care: Cumberland County

Contact:
Last Updated: 08/20/2024 3:43:09PM
Last Reviewed: 08/20/2024

Phones: (207) 839-0441 [Business]*

Address: [Business]*
502 Main Street
Gorham, ME 04038 (Cumberland county)

Web Site: www.homeinstead.com/321

Eligibility:

Notes: Home Instead® has been providing in-home care across Cumberland County for over two decades. Their skilled Care Professionals work with clients to promote healthy living and enable them to age in place safely, while maintaining a high quality of life. Services include personal care, companionship, meal preparation, medication reminders, light housekeeping, transportation to appointments and activities, errands, end-of-life care, and specialized Alzheimer's and dementia care.

HFC® (Hilarity for Charity) and the Home Instead® network are working together to award home care grants to those providing care to their loved ones living with Alzheimer's disease or other types of dementia. The HFC Resp Grants are awarded across the United States and Canada. The Grants cover professional care services and have r cash value. To learn more, go to https://www.wearehfc.org/care-grants.

Please call the office to discuss your needs or to arrange a free no-obligation in-home assessment.

Hours: Phones are answered 24/7. Office hours: Monday – Friday, 8:00 am – 5:00 pm. (or 8:00 to 17:00 for consistency)

This resource information is provided as a service of AgeMaine, 30 Barra Road, Biddeford, ME 04005, 1-800-427-7411. AgeMaine does not licence, endorse or recommend any specific provider, nor can we guarantee the quality of service from providers.

Provider List - Home Care (non-medical) - Cumberland County

Home Support Services, LLC

Contact:
Last Updated: 07/24/2024 1:14:14PM
Last Reviewed: 07/24/2024

Phones: (207) 892-1454 [Business]*,
(207) 892-1452 [Fax]

Address: [Business]
744 Roosevelt Trail, Suite 210
Windham, ME 04062 (Cumberland county)

Web Site: www.callhomesupport.com

Eligibility:

Notes: Home Support Services specializes in helping with housekeeping chores like vacuuming, sweeping, mopping floors grocery shopping, meal planning and preparation, laundry and making beds. Our caregivers make it possible for elderly clients to save their time for the more important things in life…being with family, going for walks, cuddling pet, and especially, remaining at home.

Personal Care Assistance is for elderly clients for whom Homemaker Service is not quite enough to meet their unique needs. For them, hands on assistance may be needed. Our experienced Personal Support Specialists have successfully passed State approved courses and will provide that personal service with respect and discretion.

To further compliment our in-home elder care services (and add another level of safety and security) we offer our HelpLine® Medical Alert Systems. Intended for seniors who have an unsteady gait, history of falls, or live alone.. the medical alert system makes it possible to summon help by simply pressing a button.

Please call or visit the website for more information, current fees, and to arrange fo services.

In-Home Senior Services

Contact:
Last Updated: 11/27/2024 11:22:30AM
Last Reviewed: 11/24/2024

Phones: (800) 689-4311 [Toll-Free],
(207) 222-0740 [Business]*,
(207) 222-0742 [Fax]

Address: [Business]*
20 Mechanic St.
Gorham, ME 04038 (Cumberland county)

Web Site: www.inhomeseniorservices.com

Eligibility:

Notes: Services are customized to meet client needs, and can be arranged hourly, daily, weekly or twenty four hours a d - whatever it takes to keep one secure and safe at home. Services offered include personal care, companionship, homemaking services and transportation for appointments, shopping and errands. Respite care can be arranged a well.

Please call for more information or to set up an in-home appointment to discuss service needs.

Provider List - Home Care (non-medical) - Cumberland County

Kind Senior Care: Maine

Contact:
Last Updated: 05/29/2026 10:44:26AM
Last Reviewed: 04/02/2024

Phones: (207) 517-2233 [Business]*

Address: [Business]*
40 Lafayette St, Suite 2
Yarmouth, ME 04096 (Cumberland county),
[Mailing]
40 Lafayette St, Suite 2
Yarmouth, ME 04096 (Cumberland county)

Web Site: https://kindseniorcare.com/maine/

Eligibility:

Notes: At Kind Senior Care, we proudly serve those living in Cumberland County and Northern York County with in-home senior care. We offer non-medical home care services that are compassionate, dependable, and incorporate modern practices. Our home care agency collaborates with you to create a personalized plan and connect you wit the most suitable caregiver.

MAS Home Care of Maine

Contact:
Last Updated: 08/14/2025 8:31:53AM
Last Reviewed: 08/14/2025

Phones: (207) 591-4450 [Fax],
(207) 573-0663 [Business]*

Address: [Business]*
21 Saco Street
Westbrook, ME 04092 (Cumberland county),
[Business]
1190 Lisbon St
Lewiston, ME 04240 (Androscoggin county)

Web Site: www.mashomecare.com

Eligibility: Accepts Mainecare/Medicaid

Notes: Provides PCA care, either short or long term ranging from 2 hours up to 24 hours. Provide PSS, CNA/HHA, LPN, R PT, OT, ST, RT services to clients in a home care setting. Provide lab services such as blood draws etc and IV Therapy to clients. Hours: Mon-Fri 8a-4p; on call available after hours 7 days a week.

Please Call for more information and/or to schedule services

Provider List - Home Care (non-medical) - Cumberland County

Noble Path, LLC

Contact:
Last Updated: 04/01/2026 1:18:09PM
Last Reviewed: 03/30/2026

Phones: (612) 919-8175 [Business]*

Address: [Service Area Placeholder]

Biddeford, ME 04005 (York county),
[Mailing]
100 Larrabee Rd -101
Westbrook, ME 04098 (Cumberland county),
[Business]*
100 Larrabee Rd 101
Suite 150
Westbrook, ME 04098 (Cumberland county)

Web Site:

Eligibility:

Notes: Noble Path, LLC provides Personal Care Assistance (PCA) services in the home to help older adults and individuals with disabilities remain safely independent. Services may include assistance with activities of daily living such as bathing, dressing, grooming, mobility,meal preparation, medication reminders, and light housekeeping. Care plans are based on individual needs and may be coordinated with caregivers and health care providers.

Please call for more information or to request services.

P & G Personal Care, LLC

Contact:
Last Updated: 05/31/2024 8:41:03AM
Last Reviewed: 05/31/2024

Phones: (207) 956-3327 [Business]*

Address: [Business]*
400 Congress St, Suite 306
Portland, ME 04101 (Cumberland county)

Web Site:

Eligibility:

Notes: P&G Personal Care, LLC provides caregivers that are PSS (Personal Support Specialists) and CRMA (Certified Residential Medication Aid) certified. Please call for more information on services and rates.

Provider List - Home Care (non-medical) - Cumberland County

Pine Tree Home Health Care

Contact:
Last Updated: 12/13/2024 12:50:30PM
Last Reviewed: 12/13/2024

Phones: (207) 926-6190 [Business]*

Address: [Mailing]
Po Box 88
New Gloucester, ME 04260 (Cumberland county),
[Business]*
21 Upper Village Street
New Gloucester, ME 04260 (Cumberland county)

Web Site: www.pinetreehomehealth.com

Eligibility:

Notes: Pine Tree Home Health Care provides personal care, respite, homemaker services including light housekeeping ar errand running.
Serves: Gray-New Gloucester, Freeport, Raymond, Windham, N. Windham, Casco; Portland, Falmouth, Yarmouth, .Yarmouth.
Counties: Androscoggin, Cumberland, Sagadahoc, Oxford and York.

Please call FMI or to discuss services needed; expect a prompt response - will try to accommodate emergency situations.

Right at Home: Home Care and Assistance

Contact:
Last Updated: 04/07/2023 12:04:44PM
Last Reviewed: 03/29/2023

Phones: (207) 707-6011 [Business]*,
(207) 430-9955 [Fax]

Address: [Service Area Placeholder]

Biddeford, ME 04005 (York county),
[Business]*
51 US Route One
Scarborough, ME 04074 (Cumberland county),
[Mailing]
51 US Route One
Scarborough, ME 04074 (Cumberland county)

Web Site: www.rightathome.net/greater-portland-me

Eligibility:

Notes: Right at Home Maine provides supportive care to seniors from York to Brunswick. We are a family owned agency with over 20 years of experience in senior home care. Right at Home supports older Mainers in their desire to be independent at home. Call today to discuss care options for how your loved one can stay in their home and Right Home will match you with a caregiver that will support you or your family members independence.

Provider List - Home Care (non-medical) - Cumberland County

Spectrum Staffing & Home Care

Contact:
Last Updated: 02/04/2025 12:18:49PM
Last Reviewed: 02/04/2025

Phones: (207) 854-2581 [Business]*,
(207) 854-4711 [Business Fax]

Address: [Business]*
92 US Route 1
Cumberland Foreside, ME 04110 (Cumberland county)

Web Site: www.spectrummaine.com

Eligibility:

Notes: Spectrum Staffing & Home Care is a licensed home health agency. Whether we're assisting you or your loved one with their daily responsibilities or supporting their transition back home from a hospital stay, we want to help you make it work. We offer non-medical care and companionship from the comfort of home.
Dementia Support- In a world where everything seems to become unfamiliar and uncertain, let us be the peace o mind. We'll help to better equip you with tips and tools to more effectively and purposefully communicate. We're here for your support.
End Of Life Care - You don't need to navigate this alone. We're right here to offer support and guidance as you pl and approach end of life decisions. Spectrum Staffing & Home care can help you and your loved ones find peace and purpose during end of life. With us, you are never alone during this difficult time.
We're here to help. Submit a request by emailing us at spectrum@spectrummaine.com.

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Provider List - Home Care (non-medical) - Cumberland County

Top Care LLC

Contact:
Last Updated: 01/27/2026 12:00:32PM
Last Reviewed: 01/27/2026

Phones: (207) 233-9463 [Alternate],
(603) 715-7305 [Business]*

Address: [Service Area Placeholder]

Biddeford, ME 04005 (York county),
[Business]*
400 Congress Street, Suite 318
Portland, ME 04101 (Cumberland county)

Web Site:

Eligibility:

Notes: Top Care, LLC is a Non-Medical Home Care Agency that can assist with bathing, dressing, grooming, oral care, toileting, eating&feeding, transferring in&out bed/chair, mobility in bed/chair and ambulation (walking). As well as shopping, medication reminders, light housekeeping, Transportation, cooking and laundry.

Staff members are certified as a PSS or CNA. Top Care, LLC has staff that can speak Kinyarwanda, Kirundi, and Swahili. Each Staff Member undergoes an extensive background check, including Adult Protective Services (APS) and Child Protective Services (CPS) screenings, to ensure client safety and peace of mind.

Top Care, LLC provides end of life care that is compassionate, respectful care for you and your family. Our team members are trained to provide compassionate, respectful, and dependable care that supports our clients' independence and well-being.

Top Care, LLC works with Mainecare qualified members and can assist with Maximus referral. There is also the option to pay privately for their services.

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Provider List - Home Care (non-medical) - Cumberland County

Zion Care

Contact:
Last Updated: 04/01/2026 1:12:15PM
Last Reviewed: 03/05/2026

Phones: (207) 370-5217 [Business]*

Address: [Service Area Placeholder]

Portland, ME 04102 (Cumberland county), [Business]*
79b Main St
Auburn, ME 04210- (Androscoggin county), [Mailing]
258 Roadman Rd
Auburn, ME 04210- (Androscoggin county)

Web Site: www.zioncaremaine.com

Eligibility:

Notes: Zion care is a non-medical personal home care agency that provides supportive services such as, personal care assistance, bathing/showering, dressing, toileting assistance & incontinence care, walking, transferring, & ambulation assistance; oral hygiene, meal preparation, feeding assistance, medication reminders.

Services for: seniors, individuals with disabilities, clients recovering from illness or surgery, families needing respit support.

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