Provider List - Food Pantries - Cumberland County

Bridgton - Food Pantry

Contact:
Last Updated: 08/01/2024 2:13:04PM
Last Reviewed: 08/01/2024

Phones: (207) 647-3704 [Business],
(207) 318-4467 [Cellular/Mobile]*

Address: [Mailing]
PO Box 207
Bridgton, ME 04009 (Cumberland county),
[Business]*
214 Main Street
United Methodist Church
Bridgton, ME 04009 (Cumberland county)

Web Site: www.bridgtonfoodpantry.org/

Eligibility:

Notes: The combined efforts of the Bridgton Food Pantry and St. Joseph's Church and their volunteers provide additional food and other essentials to area low-income residents.

The Bridgton Food Pantry provides food and other staples for people in need. If you are not sure if you meet the requirements, please call. There is a schedule for getting food staples and paper goods etc once a month and fresh food on a weekly basis. Hours: Tuesdays 11am-6pm.
Service area: Bridgton and Naples. Phone number on Tuesdays is 318-4467 (Please try this number first)

Casco Alliance Church - Food Pantry

Contact:
Last Updated: 07/25/2024 2:54:05PM
Last Reviewed: 07/25/2024

Phones: (207) 344-5370 [Business]*

Address: [Business]*
450 Roosevelt Trail
Casco, ME 04015 (Cumberland county)

Web Site: http://cascoalliancechurch.com/ministries.html

Eligibility:

Notes: Our community food pantry starts at 6:00 p.m. the third Monday and first Tuesday of each month. We provide about a week's worth of groceries for local residents who are in need. There is no need to call ahead if you want a box; you can just show up, and we'll take care of you.

We also provide special Thanksgiving and Christmas food baskets. Call the church to reserve yours and to find out the pick up days/times: 207-344-5370.

This resource information is provided as a service of AgeMaine, 30 Barra Road, Biddeford, ME 04005, 1-800-427-7411. AgeMaine does not licence, endorse or recommend any specific provider, nor can we guarantee the quality of service from providers.

Provider List - Food Pantries - Cumberland County

Casco Village Church Food Pantry

Contact:
Last Updated: 11/12/2025 6:59:29PM
Last Reviewed: 11/12/2025

Phones: (207) 627-4282 [Business]*

Address: [Business]*
941 Meadow Road
Route 121
Casco, ME 04015 (Cumberland county)

Web Site: www.cascovillageucc.org/

Eligibility:

Notes: The food pantry serves residents of Casco - is open the 4th Thursday of the month from 3-5:30 pm. There is a for to be filled out the 1st visit.

The Church community also provides Thanksgiving & Christmas baskets for individuals and families in need. Pleas call for more information about Holiday baskets.

Please don't hesitate to call - office hours are Tuesday through Friday from 9am - 2 pm

Chebeague Island Food Pantry

Contact:
Last Updated: 07/25/2024 3:01:26PM
Last Reviewed: 07/25/2024

Phones: (207) 846-6987 [Business]*

Address: [Business]*
258 North Road
Chebeague United Methodist Church
Chebeague Island, ME 04017 (Cumberland county

Web Site: www.chebeaguechurch.org/food-pantry

Eligibility:

Notes: The Food Pantry is located in our Parish House and is there to ensure that no one on the island goes hungry. The have no income tests or background checks. If you need food we are happy to provide. The food pantry is also there to assist with all kinds of needs, whether you are looking to make a meal for someone coming home from tl hospital or to provide a little extra support when grocery shopping is difficult.

Here's how you can help and you you can access the pantry:
1) If you wish to donate, visit the donation link on our website and click through to PayPal. Email the church at church.chebeague@gmail.com to designate your gift for the Food Pantry. Thank you!
2) If you need to call you can call Denise 207-838-6107.
3) You can also email the pantry at chebundance@gmail.com.

Service area: Chebeague Island

Provider List - Food Pantries - Cumberland County

Crosswalk - Community Outreach

Contact:
Last Updated: 08/01/2024 12:44:01PM
Last Reviewed: 08/01/2024

Phones: (207) 615-3226 [Business],
(207) 595-4156 [Business]*

Address: [Business]
Naples Town Hall
15 Village Green
Naples, ME (county),
[Mailing]*
PO Box 64
Naples, ME 04055 (Cumberland county)

Web Site: http://www.crosswalkcommunityoutreach.com/

Eligibility:

Notes: The Food Basket - The Food Basket provides free food to needy families here in the Lake Region.

Kyrie's Kitchen- We served hot nutritious meals to 300+ people a month, however are currently without a kitchen this program is on hold. Every other Monday - in the Naples Grange Hall from 11:00 AM to 12:30 PM

Crosswalk Community Outreach (CWCO) is an non-profit organization that serves the Lake Region Community. Th provide free meals and free food boxes every other Monday at the Naples town hall gym from 11 am to 1 pm. Ot programs they offer: Winter Wear School Assistance; Free Health and Nutrition Class; Free Blood Pressure Screenings; SNAP application help; Resource Referrals; Assisting in Local Disaster; Free Flu Clinics; Gardening & Composting Classes; Free Public Thanksgiving Meal; Christmas Cheer for Troops; CFSP over 60 Supplemental Foo ; Free LR Explorer Bus Passes. They may be able to help with emergency fuel and food when ALL other resource have been tapped. Holiday food basket assistance available for their clients who are veterans - by application. Ca for more information.

Cumberland Community Food Pantry

Contact:
Last Updated: 08/01/2024 12:08:30PM
Last Reviewed: 08/01/2024

Phones: (207) 232-5258 [Business]*

Address: [Business]*
290 Tuttle Road
Cumberland, ME 04021 (Cumberland county)

Web Site: http://www.cumberlandmaine.com/community-food-pantry

Eligibility:

Notes: The Community Food Pantry services Cumberland, North Yarmouth, Pownal, and New Gloucester residents and is located behind Cumberland Town Hall. The Food Pantry is open to customers every other Friday from 3-6 pm.

Provider List - Food Pantries - Cumberland County

Falmouth Food Pantry

Contact:
Last Updated: 08/01/2024 11:42:37AM
Last Reviewed: 08/01/2024

Phones: (207) 632-2687 [Business]*,
(207) 781-2996 [Business]

Address: [Business]*
271 Falmouth Road
Falmouth, ME 04105 (Cumberland county)

Web Site: www.falmouthme.org

Eligibility:

Notes: The Falmouth Food Pantry building is currently closed, but volunteers are still meeting the Pantry's mission of getting food to those in need. Food Pantry volunteers continue to deliver pre-packed boxes of non-perishable and fresh foods to homes that need food assistance. If you are looking to donate food or volunteer please call one of these two numbers. 632-2687/781-2996.

If you live in Falmouth and have a food emergency, please call either of the Falmouth Food Pantry emergency lin 632-2687 or 781-2996. Please leave your name and phone number.

First Baptist Church of Portland Food Pantry

Contact:
Last Updated: 08/01/2024 12:53:29PM
Last Reviewed: 08/01/2024

Phones: (207) 773-3123 [Business]*,
(207) 773-4130 [Business]

Address: [Business]*
360 Canco Road
Portland, ME 04103 (Cumberland county)

Web Site: www.firstbaptistportland.org/food-pantry

Eligibility:

Notes: Every Wednesday 10am -12pm
Walk-in Pastry Brunch & Food Pantry
No pre-registration or proof of residence required.
FMI... Contact the church office (207) 773-3123 or admin@firstbaptistportland.org

This resource information is provided as a service of AgeMaine, 30 Barra Road, Biddeford, ME 04005, 1-800-427-7411. AgeMaine does not licence, endorse or recommend any specific provider, nor can we guarantee the quality of service from providers.

Provider List - Food Pantries - Cumberland County

Freeport Community Services

Contact:
Last Updated: 10/23/2024 1:09:30PM
Last Reviewed: 04/23/2024

Phones: (207) 865-3985 x 205__ [Business]*

Address: [Business]*
53 Depot Road
Freeport, ME 04032 (Cumberland county)

Web Site: www.fcsmaine.org

Eligibility:

Notes: FCS provides essential and emergency relief services to community members in need, in total confidence, without question – food, fuel, transportation, referrals, free medical equipment. We do everything we can to answer a call for help. FCS also provides enrichment programs to help children and adults thrive and reach their full potential in our community.

Age-Friendly Freeport & Pownal is a volunteer-driven, formal network of community collaborators, individual residents and groups as well as community organizations interested in making sure our community works for all residents (all ages, disabled, etc.) now and long term. Contact: Age Friendly Freeport & Pownal Coordinator, (207 865-3985 x222.

The FCS Transportation Program provides rides to medical and counseling appointments for Freeport and Pownal residents. Rides are available to those who are temporarily or permanently unable to drive, have no vehicle, and have no other means of transportation. The service is free of charge to all riders. This service is made possible through the generosity of our volunteer drivers. Volunteers donate their time, vehicle and fuel to provide this serv . The transportation program would not exist without them! Volunteer drivers are available Monday through Frida from 8am – 5pm. 3 business days notice is required for all ride requests. All new riders must complete a Rider Application.

FCS also makes funds available to meet specific needs, such as eye glasses and medications, even diabetic testing supplies. Donations to these funds are always welcome. Donations of medical supplies are accepted. Please call 865-3985 x205. The free medical equipment loan contains crutches, wheelchairs, walkers, shower benches, raised toilet seats, braces, etc.

The Freeport Rotary Home Repair Program is partnering with Freeport Community Services' "Aging Friendly Freeport/Pownal," a community-led consortium of organizations collaborating to foster initiatives that help people thrive while aging as well as with local police, fire, EMT, and the towns of Pownal and Durham. To volunteer, recommend a project or to obtain more information, call or email:David Giampetruzzi, (207) 242-2741/dgiampetr zi@gmail.com; Tom Wilbur, (207) 749-3726/tom@wilburs.com.

The Holiday Help-line offers several programs to help Freeport and Pownal residents who would like assistance at Thanksgiving and/or Christmas time. The staff stress that there are no eligibility requirements other than residenc and they encourage people to call. They offer Thanksgiving baskets that include a turkey and other foodstuffs. Thanksgiving Dinner is served at Freeport Community Services from 11:30-2 on Thanksgiving Day. For Christmas, the "Adopt-a-Family program matches families in need with individuals and organizations that would like to buy gi for residents of the community. Thanksgiving & Christmas foodbaskets and gifts; application available October 1 - December 1. For more information please contact FCS Director of Programs, 865-3985 x205.

Provider List - Food Pantries - Cumberland County

Gorham Ecumenical Food Pantry

Contact:
Last Updated: 08/01/2024 12:09:58PM
Last Reviewed: 08/01/2024

Phones: (207) 222-4351 [Business]*

Address: [Business]*
299-B Main Street
St. Anne's Church
Gorham, ME 04038 (Cumberland county)

Web Site: http://gorhamfoodpantry.org/

Eligibility:

Notes: St. Anne's hosts the Gorham Ecumenical Food Pantry where food and non-food stamp items such as toilet paper and detergent are accessible to Gorham residents one time a month. The pantry is designed to offer a source of emergency food supplies to any person in need in the town of Gorham.

Pantry open Thursdays from 10am - noon

Serves Gorham residents (or from a nearby town that doesn't have a food pantry) with social security # and proo of address who are in need of emergency food assistance.

Please come by; there is a short application form to fill out the first visit; no one is turned away

Gray Community Food Pantry

Contact:
Last Updated: 11/16/2025 2:51:26PM
Last Reviewed: 11/16/2025

Phones: (207) 671-4458 [Business]*

Address: [Business]*
Gray Community Food Pantry
5 Brown St
Gray, ME 04039 (Cumberland county)

Web Site: https://www.graymaine.org/home/home/events/3 0221

Eligibility:

Notes: Gray Food Pantry is located in the basement of the parish house at 5 Brown Street, directly behind McDonald's Restaurant. Please park in the parking lot and use the door to the rear of the building behind the ramp.

Open 1st and 3rd Fridays of the month from 12:30-3:00pm. No documentation is required to receive food but you must fill out a form.

Open to anyone in need from Gray or surrounding towns. There is a delivery service to homebound families (only Gray).

FMI or to donate contact:

Donna Rand, 671-4458 or donna.graypantry@gmail.com
Gray Community Food Pantry
Congregational Church Parish House
5 Brown St, Gray ME 04039,

Provider List - Food Pantries - Cumberland County

Harrison Food Bank

Contact:
Last Updated: 08/01/2024 1:00:21PM
Last Reviewed: 08/01/2024

Phones: (207) 647-3384 [Business]*

Address: [Business]*
176 Waterford Rd
Harrison, ME 04040 (Cumberland county)

Web Site: http://www.harrisonfoodbank.com/

Eligibility:

Notes: The Harrison Food Bank offers food assistance at no cost to any Harrison, Waterford and surrounding town residents in need. We operate as a non-profit, charitable organization that believes access to nutritious food is a basic human right. We are committed to responding to the needs of our community for food distribution to see tl no person goes hungry. We value respect, compassion and the diversity of each person. We strive to provide general support and healthy food choice education whenever possible.

The Food Bank is open for drive-thru distribution on Tuesdays from noon to 6:00 p.m. If school is canceled in Harrison on a Tuesday the Food Bank will be closed. It will be open on Wednesday during the same hours.
Located at the Ronald G. St. John VFW Post 9328, 176 Waterford Road, Harrison, Maine
Mailing address: PO Box 112, Harrison, ME 04040

Judy's Produce Pantry

Contact:
Last Updated: 08/01/2024 1:01:10PM
Last Reviewed: 08/01/2024

Phones:

Address: [Business]*
Cape Elizabeth United Methodist Church
280 Ocean House Road
Cape Elizabeth, ME 04107 (Cumberland county)

Web Site: www.ceumc.org/judys-produce-pantry/

Eligibility:

Notes: Through Cape Elizabeth United Methodist Church. The produce pantry is a collaboration of several Cape farmers, gardeners, and a local church who all wish to share the bounty of fresh, local produce grown here in Cape Elizabe . Named in memory of Judy Simonds, the produce comes from the Plant-a-Row plots at Cape's two Community Gardens as well as from several local farmers and individual gardeners. Produce available will vary each week depending on what's being harvested from the participating Cape farms and gardens. They have recently expand to offer non-perishables as well.

We have changed our operations at Judy's Pantry and we are now open on the 2nd and 4th Tuesdays of each month from 3-5PM. Please note that to ensure client safety we will limit the numbers inside of the church at any one time. All produce will be pre-bagged.

For eligibility, you need to be a Cape Elizabeth resident and also need to sign a short form. We are here to help and if you have any questions, please contact bethowens1@gmail.com

Provider List - Food Pantries - Cumberland County

Michael Klahr Jewish Family Services, NP

Contact:
Last Updated: 03/27/2025 1:17:59PM
Last Reviewed: 03/27/2025

Phones: (207) 772-1959 [Business]*,
(207) 772-2234 [Fax]

Address: [Mailing]
1342 Congress St
Portland, ME 04102 (Cumberland county),
[Business]*
1342 Congress St.
Portland, ME 04102 (Cumberland county)

Web Site: www.mainejewish.org/

Eligibility:

Notes: Michael Klahr Jewish Family Services provides services for all ages and most programs are open to members of th entire community. KJFS proudly represents the Jewish Community and strives to address those in need throughou Southern Maine. Programs include the Diaper Bank, Resource Center, and new Essentials Pantry (coming in 2022 All services are free, Diapers distributer bi-monthly.
Eligibility for Kosher Meals on Wheels: 60+ years or disabled, maintain a kosher diet and be a resident of a town served.

The Jewish Community Alliance offers:
-Fitness & Sports such as Yoga and Pickleball
-Clubs & Groups such as Crafternoon; Mah Jongg; Wise Ventures 55+ Social Group; Young Jewish Professionals Group (YJP)
-Arts & Culture such as Author Engagement Series; Jewish Education; Lunch and Learn Events; Monthly Klezmer Jams; Musical Performances; Youth Programming

The Jewish Community Alliance of Southern Maine (JCA), in partnership with the ME Alzheimer's Association is offering a new 6-week series, free of charge, for those who are experiencing cognitive impairment or early-stage dementia. This is an opportunity to socialize, meet new or old friends, and engage with a variety of activities. Snacks & refreshments will be provided. A screening process conducted by the Alzheimer's Association Helpline will be provided to ensure appropriate placement for potential participants who would like to register for this new series.
Call the 27/7 Helpline at 800.272.3900 to register today.

Provider List - Food Pantries - Cumberland County

New Gloucester Congregational Church Food Pantry

Contact:
Last Updated: 08/01/2024 1:05:21PM
Last Reviewed: 08/01/2024

Phones: (207) 926-3260 [Business]*

Address: [Business]*
19 Gloucester Hill Road
New Gloucester, ME 04260 (Cumberland county)

Web Site: www.ngucc.org/

Eligibility:

Notes: For New Gloucester Residents in need of food assistance, the Food Pantry is open on the 2nd and 4th Saturday of each month from 8:00am-9:30am.

We have a simple sign-in process and everyone receives a box of pantry staples and choices of fresh fruit, vegetables, milk and bakery items. We also have a book shelf with free books for all ages.

The pantry is located at the back of the First Congregational-Christian Church (19 Gloucester Hill Rd.)

Peaks Island Community - Food Pantry

Contact:
Last Updated: 08/01/2024 1:07:47PM
Last Reviewed: 08/01/2024

Phones: (207) 766-2735 [Other]*,
(207) 766-5013 [Business]

Address: [Business]*
3 Church Avenue
Peaks Island, ME 04108 (Cumberland county)

Web Site: http://www.peaksislandfoodpantry.org/

Eligibility:

Notes: The Peaks Island Community Food Pantry is open to all and has a long history that goes back over 25 years.

We are open year round on Mondays from 3:30-5 with a small volunteer staff who are sensitive to client privacy.

Clients who use the food pantry can select one grocery bag full of food each week from the items we have on our shelves.

The food pantry is at the Brackett Memorial Church, 3 Church Ave,Peaks Island, ME 04108

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Provider List - Food Pantries - Cumberland County

Preble Street Meals & Food Pantry

Contact:
Last Updated: 08/01/2024 1:11:06PM
Last Reviewed: 08/01/2024

Phones: (207) 874-6557 [Business],
(207) 775-0026 [Business]*

Address: [Business]*
252 Oxford Street
Portland, ME 04101 (Cumberland county)

Web Site: www.preblestreet.org

Eligibility:

Notes: Free meals available 3 times a day 365 days a year. Meals served: Mon through Sun 8 to 9 am, 12 to 1pm (weeks) and 11:30am - 1pm (weekends) and 6pm-7pm. Visit Resource Center at 252 Oxford Street, Portland or Teen Center at 343 Cumberland Avenue, Portland for immediate access.

Preble Street Pantry services will switch to a new mobile model; boxes of food will be delivered to key drop-off points, including hotels and housing communities, in and around Portland. We are excited to expand our anti-hun efforts and broaden our community impact through this new model. Mobile pantry services will offer nutritious, culturally appropriate items specifically requested by residents, as well as some a la carte bulk staples, such as mi . This mobile approach will allow us to meet people where they are in a way that hasn't been possible with a fixe location. However, in addition to the mobile food pantry, we are continuing to explore opportunities to provide a brick-and-mortar pantry space.

Service area: Greater Portland/all welcome

Project Feed

Contact:
Last Updated: 11/04/2025 2:41:51PM
Last Reviewed: 11/04/2025

Phones: (207) 761-3920 [Business]*

Address: [Business]
640 Brighton Avenue
Portland, ME 04102 (Cumberland county)

Web Site: http://www.projectfeed.org/

Eligibility:

Notes: Project FEED provides food and household supplies to take home for individuals and families in crisis. We offer supplies for seven days per person in the household to those in need. Currently we are not limiting people from a geographical area. Families will be helped no more than once a week.

We are open at the back of 640 Brighton Avenue in Portland Tues., Wed. and Thurs. from 1 to 3. Please note, our physical location is temporarily different from our business address due to construction at Woodfords Church. No referrals are required.

Provider List - Food Pantries - Cumberland County

Raymond - Food Pantry

Contact:
Last Updated: 08/01/2024 1:42:47PM
Last Reviewed: 08/01/2024

Phones: (207) 655-4334 [Business]*

Address: [Business]*
Lake Region Bapitst Church
1273 Roosevelt Trail
Raymond, ME 04071 (Cumberland county)

Web Site: http://www.raymondmaine.org/community-resources/food-pantry

Eligibility:

Notes: The Pantry will be open the 2nd Thursday of every month from 4pm to 6pm. The return of banana boxes, used to carry food with, will help to keep costs down.

Pantry Location: Lake Region Baptist Church, 1273 Roosevelt Trail, Raymond, Maine 04071

Mailing Address: Raymond Food Pantry, PO Box 144,Raymond, Maine 04071

If urgent needs arise between scheduled Pantry hours or you have questions please feel free to call Gary Bibeau f assistance at 655-6594.
Service area: Raymond

Sacred Heart/St. Dominic's Food Pantry

Contact:
Last Updated: 08/01/2024 11:32:46AM
Last Reviewed: 08/01/2024

Phones: (207) 773-7746 [Business]*

Address: [Business]*
80 Sherman Street
Portland, ME 04101 (Cumberland county)

Web Site: http://www.portlandcatholic.org/sh-sd-food-pantry

Eligibility:

Notes: Sacred Heart/St. Dominic's Catholic Church has a food pantry for residents of the Parkside neighborhood.
Each Tuesday from 7:00-11:00 am
Service area: Parkside neighborhood in Portland

Matthew 25 Project - The Portland Matthew 25 Project is a collaborative effort of the Catholic community of Portland: the Portland Peninsula & Island Parishes, Our Lady of Hope Parish, Catholic Charities Maine, the Diocesa Chancery office, and the St. Vincent de Paul Society. Emergency assistance is available for winter clothing, food, and fuel to our neighbors in need. Please call (207) 712-5239 if you or someone you know is in need of assistanc

Provider List - Food Pantries - Cumberland County

Sagamore Food Pantry

Contact:
Last Updated: 08/01/2024 1:49:43PM
Last Reviewed: 08/01/2024

Phones: (207) 347-6125 [Business]*

Address: [Business]*
21 Popham Street
Portland, ME 04102 (Cumberland county)

Web Site: https://www.waysidemaine.org/community-resources

Eligibility:

Notes: Sagamore Food Pantry is open to everyone. They offer fresh fruits and vegtables, breads and pastries. They do n
have staples. There is also a small clothes closet on site.
Hours: Tuesday 9:00 - 10am
Service area: Open to everyone
Required document: Photo ID and ID for children

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Provider List - Food Pantries - Cumberland County

Salvation Army - Portland

Contact: Business
Last Updated: 11/22/2024 12:45:26PM
Last Reviewed: 11/22/2024

Phones: (207) 774-4172 [Business]*

Address: [Business]*
297 Cumberland Avenue
Portland, ME 04101 (Cumberland county)

Web Site: http://www.Portland.SalvationArmyMaine.org

Eligibility:

Notes: The Salvation Army of Northern New England divisional headquarters are located in Portland. The Salvation Army provides a number of services, including Direct Assistance, Lighthouse Adolescent Shelter, a Senior Center, Life Skills educational classes, including Tools for Life, a Women's Center of Hope, an Adult Rehabilitation Center, Disaster Services, and Christmas and Holiday Programs. Tools for Life are FREE workshops on topics such as Mon Matters - tips for budgeting, balancing your bank account, saving resources - FMI about this program contact 774 172 x 262

Adult & Senior Services - Join us Tuesday, Wednesday and Thursday from 9:00 a.m. to 3:00 p.m. for a variety of programs, lunch and entertainment! Seniors ages 55+ are invited to become members of the center and will enj making new friends and learning new things! Lunch is served at 11:30 am for participants. The goal of the progra is to meet the needs of the whole person, as well as enriching their quality of life. Please contact Janet Lavenbein Program Coordinator, at 207.774.4172 x 67755 or email janet.lavenbein@use.salvationarmy.org for more information or to visit the center.

There is also a Wayside/Salvation Army meal on site on Tuesday evenings at 5:00 PM and a Thursday lunch at 12 0PM.
Sallie's Choice Food Pantry -Mon, Wed and Friday from 10:00 am - 2:00 pm. Clients can get food once a month a are able to choose their own groceries. Pantry includes fresh proteins and culturally sensitive options. Please call t make an appointment: (207) 774-4172

The Salvation Army Angel Tree program helps provide Christmas gifts for hundreds of thousands of children or senior adults. Once they have been registered and accepted as an Angel their Christmas wish list is shared with donors in your community who purchase gifts.
The Salvation Army collects necessary information to determine qualification for participation in the program and details on each Angel. Examples may include, but are not limited to: photo ID, proof of residence (lease, utility bi or mail received from the school district or other government agency). Donors will only be given a first name and Christmas wish list for each Angel. Angel Tree program may or may not operate in your area. Furthermore, not every Salvation Army site that has an Angel Tree program uses this website to collect applications. Visit https://sa ngeltree.org/ to see if your area is served. If it returns a message that your area is not currently served by this sit contact your local Salvation Army to determine if they have other ways for you to apply.

Applications for food baskets for Thanksgiving or Christmas will be taken October 5th - 11th. Please call 774-4172 FMI

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Provider List - Food Pantries - Cumberland County

Scarborough Food Pantry

Contact:
Last Updated: 08/01/2024 1:53:20PM
Last Reviewed: 08/01/2024

Phones: (207) 883-1672 [Business]*

Address: [Business]
167 Black Point Rd
Scarborough, ME 04074 (Cumberland county)

Web Site: http://www.fccscarborough.com/

Eligibility:

Notes: We Are Open: Tuesday and Thursdays from 9:00am until noon and 1st and 3rd Wednesday of the month from 4 t 6pm.. The First Congregational Church of Scarborough (in the parish hall, behind the church) offers a food pantry where people can get nonperishable food items on a once a month basis.

Resident of Scarborough or neighboring community- Open to all who meet income guidelines or who are in need assistance. Please stop by; there is a simple registration form to complete the first time you visit. No residency requirements.

Sebago Food Pantry

Contact:
Last Updated: 08/01/2024 2:03:08PM
Last Reviewed: 08/01/2024

Phones: (207) 787-5105 [Business]*

Address: [Business]*
183 Sebago Road
Sebago, ME 04029 (Cumberland county)

Web Site: www.townofsebago.org/general-assistance

Eligibility:

Notes: The Sebago Food Pantry and Clothes Closet, also known as the Warming Hut, is a community effort of the town, Sebago area churches, and several civic groups to offer a wide range of support to Sebago's seniors, those with special needs, and anyone in the area who is feeling the pinch of these tough economic times.

Monday mornings 9:30am to 10:45am
1st and 3rd (Big pantry)
2nd, 4th and 5th Monday (Small pantry) .
The Clothes Closet is open to anyone in the State of Maine for family or personal use at no cost. every Saturday from 9am -12 noon.

Services are for Sebago Residents. Please call for details.

Snow postponements and delays - Check our Facebook "Sebago Food Pantry". We will attempt next day service f major storms and same day service for minor storms.

FOR UP-TO-DATE INFORMATION RELATED TO THE SEBAGO WARMING HUT GO TO FACEBOOK UNDER SEBAGO COMMUNITY BULLETIN BOARD &/OR SEBAGO WARMING HUT/CLOTHES CLOSET.
QUESTIONS RELATED TO THE SEBAGO WARMING HUT CAN BE SENT TO sebagowarminghut1@gmail.com

Provider List - Food Pantries - Cumberland County

South Portland Food Cupboard -

Contact:
Last Updated: 06/15/2026 5:51:47AM
Last Reviewed: 06/15/2026

Phones: (207) 874-0379 [Business]*

Address: [Business]*
443 Western Ave
South Portland, ME 04106 (Cumberland county)

Web Site: http://southportlandfoodcupboard.org/

Eligibility:

Notes: We have three main distribution times:

Tuesdays (weekly)
9:45 AM – 11:30 AM
You may come every week if you need food.

Thursdays (monthly)
8:30 AM – 11:00 AM
You may come once a month. Requires paperwork + qualifications.

1st Wednesday of each month
5:00 – 6:30 PM
For people who work or are unable to come on Thursday. Requires paperwork + qualifications.

Do I need an appointment?
Yes. We use PantrySoft for scheduling.

If you already have an account, you can log in to PantrySoft and make your own appointments. If you don't have one yet, come in person during open hours and we will set it up for you that day.

New recipients: You can come during open hours even without an appointment. We'll help you register and give y a same-day time slot.

Getting Here: We are located in the rear of the building, behind Staples. We encourage you to use the Jetport Pla Road entrance. Once in the parking lot, take the road beside Staples to come around back. Look for South Portlar Food Cupboard signage when driving around back. Please drive slowly and use caution

Parking & Arrival: Parking lot attendants will be on-site to guide you. Please arrive no earlier than 15 minutes before your appointment. Early arrivals may be asked to park out front and return closer to their time. If walking the entrance, please be mindful of moving vehicles.

Public Transportation: The closest bus stop is Western Ave + 371 Western Ave. Stop ID: 1178. Plan your trip at gpmetro.org

Please bring reusable bags to all distributions!

Provider List - Food Pantries - Cumberland County

St. Luke's Food & Essentials Pantry

Contact:
Last Updated: 08/01/2024 11:36:38AM
Last Reviewed: 08/01/2024

Phones: (207) 772-5434 [Business]*

Address: [Business]*
143 State Street
Portland, ME 04101 (Cumberland county)

Web Site: www.cathedralofstluke.org/faith-in-action/#foodpantry

Eligibility:

Notes: The St. Luke Food Pantry is a low-barrier food pantry that provides fresh, frozen, and shelf-stable food to its neighbors every Thursday morning from 9 to 11 am. The Food Pantry is located at 134 Park Street at the rear entrance to the Cathedral. Neighbors may collect food every week and take as much food as they need, as long a the supply lasts.

The Food Pantry offers dry and canned goods and St. Elizabeth's Essentials Pantry (at the same location) has nor ood items includes diapers, detergent, paper towels, cleaning supplies, toiletries, and clothing. Tuesday 8:30-11a Service area: Food Pantry is intended for Portland residents and Essentials Pantry is open to all

St. Vincent DePaul Soup Kitchen

Contact:
Last Updated: 08/01/2024 11:18:45AM
Last Reviewed: 08/01/2024

Phones:

Address: [Business]*
307 Congress St
Portland, ME 04101 (Cumberland county)

Web Site: https://www.svdpme.org/services

Eligibility:

Notes: Hot Lunch Mon - Fri 11:00 AM - 12:30 PM
Bag Lunches To Go Mon - Fri
Clothing and Various other Sundries- (books, gift bags for kids, toiletries, etc) Friday Only

Food Pantry Mon - Fri (i.e. canned goods, breads, desserts, breakfast items, produce, bottled water, milk, pasta, rice, cereal,
peanut butter, frozen meats, prepared meals and salads, etc.)

Provider List - Food Pantries - Cumberland County

Standish Food Pantry

Contact:
Last Updated: 08/01/2024 2:18:35PM
Last Reviewed: 08/01/2024

Phones: (207) 358-0359 [Business]*

Address: [Business]*
410 Northeast Rd
Standish, ME 04084 (Cumberland county)

Web Site: http://www.standishfoodpantry.org/

Eligibility:

Notes: Standish Food Pantry distributes food out of our permanent home: 410 Northeast Rd, Standish, Maine (formerly t Sebago Congregational Church). We returned to a shopping model where patrons are allowed inside to select what items they want.

There is a limit on the number of people who may enter the building at the same time; we serve everyone, no residency or income restrictions and no ID or other documentation required. Registration will be done on-site as you enter the Pantry. Those picking up food for households other than your own should be prepared to provide names and ages for those in the household for which food is being picked up.

Pantry hours: Mondays 9:30 am-11:00 am, Wednesdays 4:00 pm-6:30 pm.STANDISH AND THE SURROUNDING AREA

Stroudwater Food Pantry

Contact:
Last Updated: 08/01/2024 11:47:22AM
Last Reviewed: 08/01/2024

Phones: (207) 200-5985 [Business]*

Address: [Business]*
1520 Westbrook St
Portland, ME 04102 (Cumberland county)

Web Site: https://stroudwaterfoodpantry.com

Eligibility:

Notes: The Stroudwater Food Pantry, SFP, has been providing groceries to the meal insecure in Southern Maine since August, 2015, with over 600 families currently registered. The Stroudwater Food Pantry (SFP) services the Greate Portland Community by providing fresh meat, dairy, produce and non-perishable foods to those in need.

We are located at 1520 Westbrook St. in Portland, Maine and are open to the public for grocery distribution on Sundays from 1pm-3pm.

Provider List - Food Pantries - Cumberland County

The Root Cellar, Inc.

Contact:
Last Updated: 05/16/2024 1:59:50PM
Last Reviewed: 05/16/2024

Phones: (207) 774-3197 [Business]*

Address: [Business]*
94 Washington Avenue
Portland, ME 04101 (Cumberland county)

Web Site: www.therootcellar.org

Eligibility:

Notes: The Root Cellar has a variety of programs and services available through student and adult ministries. Program times can vary, so please call for details. The Free Medical Clinic is available to anyone without health insurance o with a deductible of $2,000 or more, regardless of residence. Mainely Teeth is a full service dental clinic that provides cleanings, fillings, extractions, x-rays, root canals and more - please call for an appointment or https://m nelyteeth.org/contact/ or admin@mainelyteeth.com. Adult programs include ladie's breakfast, food pantry distribution of fruits, vegetables, meat, bread, and more, and clothing distribution.

Adult programs - with the exception of the medical clinic - are only available to those living in our designated service area. Please call or visit the office to verify eligibility and FMI about programs and how to access services There is no charge for most services.

Monday thru Friday from 9am - 5pm.

This resource information is provided as a service of AgeMaine, 30 Barra Road, Biddeford, ME 04005, 1-800-427-7411. AgeMaine does not licence, endorse or recommend any specific provider, nor can we guarantee the quality of service from providers .

Provider List - Food Pantries - Cumberland County

Town of Windham

Contact:
Last Updated: 08/01/2024 2:35:24PM
Last Reviewed: 08/01/2024

Phones: (207) 892-1900 [Business]*,
(207) 892-1906 [Business],
(207) 892-1931 [Business],
(207) 892-1907 [Business]

Address: [Business]
377 Gray Rd
Windham, ME 04062 (Cumberland county),
[Business]*
8 School Road
Windham, ME 04062 (Cumberland county)

Web Site: www.windhammaine.us/

Eligibility:

Notes: General Assistance is a state mandated program to provide eligible residents with assistance for basic needs such as rent, food, non-food, medication, fuel, utilities, and other essential services. All assistance is granted in vouche form and no cash assistance is granted. Please call for an appointment GA phone number is 892-1906. If no one i available please leave a message and someone will return your call.

Emergency fuel assistance and other types of one-time emergency assistance may be available through the Windham Neighbors Helping Neighbors program. phone number is 892-8941.

The Windham Food Pantry is open to Windham residents with proof of residency. Residents are provided with foo on a monthly basis. Please call to schedule an appointment to visit the Food Pantry at 377 Gray Rd, 892-1931.

Clothes Closet is open to residents & non-residents in need of clothes. Please contact 892-1906 to schedule an appointment to visit the Clothes Closet.

Call local Police Department for information on the Yellow Dot Program. It is a free program designed to help first responders provide life-saving medical attention during that first "golden hour" after a crash or other emergency. Yellow Dot in the driver's-side rear window of your vehicle will alert first responders that vital medical information stored in the glove compartment.

Windham Health Council Medical Equipment Loan Closet- wheelchairs, transport chairs, commodes, walkers, shower seats and benches, aluminum folding walkers, canes, knee scooters, sometimes Depends. Don't do Hoyer or hospital beds. Open to everyone in Maine, therapists and consumers both. Open by appointment only - loan closet phone number is 207-894-5900 Ext.1111

Provider List - Food Pantries - Cumberland County

Vineyard Church of Greater Portland Food Pantry

Contact:
Last Updated: 08/01/2024 11:50:45AM
Last Reviewed: 08/01/2024

Phones: (207) 829-4653 [Fax],
(207) 650-0495 [Emergency],
(207) 854-8339 [Main]*

Address: [Business]*
715 Bridgton Road
Westbrook, ME 04092 (Cumberland county)

Web Site: www.vineyardportland.org

Eligibility:

Notes: Call for more information
Hours: Fri 6-730p
Fees: No Cost
Eligibility: Persons who meet USDA Income Eligibility Guidelines.
Area Served: North Portland, Westbrook, Windham
Intake procedure: Complete income self declaration form.
Notes: Food pantry.

Vouchers for Veterans

Contact:
Last Updated: 10/23/2024 12:55:36PM
Last Reviewed: 10/23/2024

Phones: (603) 817-6030 [Business]*

Address: [Service Area Placeholder]

Scarborough, ME 04074 (Cumberland county),
[Mailing]*
PO Box 42
Rochester, NH 03866 (Strafford county),
[Service Area Placeholder]

Biddeford, ME 04005 (York county)

Web Site: https://www.vouchersforveterans.org

Eligibility:

Notes: Vouchers for Veterans is a 501(c)(3) nonprofit organization. We feed Veterans in New Hampshire and Maine by providing them food vouchers that they redeem at local farmers markets.

Veterans receive fresh fruit, vegetables, meat, and baked goods from local producers at participating farmers markets. Vouchers for Veterans delivers nutrition and relief to Veterans and direct financial support to farmers an growers by the farmers receiving the face value of each voucher received.

Provider List - Food Pantries - Cumberland County

Wayside Commodity Supplemental Food Program(CSFP)

Contact:
Last Updated: 08/07/2024 11:14:03AM
Last Reviewed: 08/01/2024

Phones: (207) 775-4939 [Business]

Address: [Mailing]*
Wayside Food Programs C/o CSFP
PO Box 1278
Portland, ME 04104 (Cumberland county)

Web Site: www.waysidemaine.org/senior-food-boxes-csfp

Eligibility:

Notes: COMMODITY SUPPLEMENTAL FOOD PROGRAM (CSFP)
The Commodity Supplemental Food Program (CSFP) is a senior food assistance program. Each month, Wayside collaborates with food pantries, community groups, places of worship and local housing authorities to provide eligible aging adults with a free 30-pound box of food.

To qualify a community member must:
.Income per month under $1,631.50/1 or $2,214/2
• Be a resident of Cumberland, Oxford or York County (if you live in a different County and need assistance, pleas let us know! We'll put you in touch with the program manager in your County.)
• Be 60 years of age or older
• Meet income eligibility requirements (please refer to the table on the application for specifics)

Eligible for CSFP? For more information, please contact Emma Berry at Wayside Food Programs - (207) 775-4939 eberry@waysidemaine.org) or visit the website for an application and to find pick up locations.

Service area: York and Cumberland and Oxford Counties; food pick-up sites are Alfred, Bethel, Biddeford, Bridgtor Eliot, Kennebunk, Porter, Portland, Rumford, Saco, Sanford, and South Paris

Provider List - Food Pantries - Cumberland County

Westbrook Community Food & Resource Center

Contact:
Last Updated: 12/18/2024 11:15:16AM
Last Reviewed: 12/18/2024

Phones: (207) 591-8147 [Business]*

Address: [Business]*
Westbrook Community Center
426 Bridge Street
Westbrook, ME 04092 (Cumberland county)

Web Site: http://westbrookfoodpantry.org/

Eligibility:

Notes: The Westbrook Community Food & Resource Center is an all volunteer non-profit organization providing free supplemental food to Westbrook residents on a monthly basis. We receive food from food drives, local businesses Wayside Food Rescue and government agencies. Financial support comes from churches, food drives, individuals, memorial gifts and businesses.

Must be Westbrook residents and show proof of residency for every adult over 18 with a current utility bill or rent lease. Application forms are available at the Pantry. Please bring current mail or rent receipt for each person over 18 in the household. Drivers license is only proof if very recently issued.

Thanksgiving Food baskets available for those who are regular users of the food pantry. Please call FMI.

Food Panty Open 11-1PM; 2nd and 4th Tuesday of each month

Curbside pickup only, Phone (207) 591-8147

White Memorial Seventh-day Adventist Food Pantry

Contact:
Last Updated: 08/01/2024 10:44:09AM
Last Reviewed: 08/01/2024

Phones: (207) 797-4414 [Business]*

Address: [Business]*
97 Allen Ave
Portland, ME 04103 (Cumberland county)

Web Site: https://whitememorialme.adventistchurch.org/mi istries

Eligibility:

Notes: Food Pantry -We operate one of the larger food pantries in the Portland, ME., and we provide a variety of fresh vegetables in season, breads and desserts, and canned foods. You don't have to live near our church to receive food. Food Pantry Hours: Every Wednesday, from 4:30 P.M. - 6:00 P.M.

Clothing Closet (Currently open by appointment only) Our Clothing Closet provides free of charge, shoes and clothing for all ages. Clothes and shoes are in good condition and the quantity is limited based on family size. Currently operating by appointment only. Call Gail at 207-409-6144 if you are in need of clothing.

Those who wish to donate to Clothing Closet, we are delighted to receive clothing and shoes that is clean, with nc rips or tears or buttons missing. To donate clothing, and shoes, please call Gail at 207-409-6144 to make an appointment to bring your items to donate. Our closet is located at 105 Allen Ave. (across the street from our church). If you need a tax receipt, just request one when you bring your clothing in at your appointment time.

Provider List - Food Pantries - Cumberland County

Yarmouth Community Food Pantry

Contact:
Last Updated: 11/16/2025 12:37:32PM
Last Reviewed: 11/16/2025

Phones: (207) 844-3320 [Business]*

Address: [Business]*
First Parish Congregational Church
116 Main Street
Yarmouth, ME 04096 (Cumberland county)

Web Site:

Eligibility:

Notes: Hours: Tuesday and Friday from 10am - 12 noon
Service area: Yarmouth

The Yarmouth Community Food Pantry is housed on the basement level of First Parish Congregational Church, please call or visit the pantry when is it open for more information. There is a form to fill out and minimal documentation required and the pantry may be utilized once weekly. Patrons in nee

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