Provider List - Assisted Living - York County

Atlantic Heights

Contact:
Last Updated: 03/26/2024 2:08:31PM
Last Reviewed: 03/26/2024

Phones: (207) 283-4236 [Business Fax],
(800) 874-6990 [Toll free in state],
(207) 283-3022 [Business]*

Address: [Business]*
100 Harbor Drive
Saco, ME 04072 (York county)

Web Site: www.atlanticheightsretirement.com

Eligibility: Accepts Mainecare/Medicaid

Notes: Atlantic Heights is a Master Planned Community that offers a continuum of care with many service levels that include Independent Living, Assisted Living, and Skilled Nursing Care in Saco, Maine. This means that as your nee change, a new combination of services can be assembled that will let you live the way you want to, without movi away from the Atlantic Heights Community.

*** Mainecare may be available on Long Term Care Unit and Alzheimer's Care unit. Please call for more information and pricing as some options are private pay.

The Cottages at Atlantic Heights - Featuring well-appointed, independent cottage homes for those who want to enjoy the benefits of an active, independent lifestyle. Enjoy private living along with community-sponsored servic and activities. Cottage living offers the opportunity to trade the responsibility of home maintenance in exchange f a range of social, educational and leisure activities. For More Information, please click here The Cottages. Call 1-8 0-874-6990 for more information and rates.

The Inn at Atlantic Heights - offers a choice of 64 Assisted-Living Apartments featuring companion suites, studios, one-bedrooms and two-bedrooms, Apartment Assisted Living residents have access to a heated indoor aerobic pool, fitness center and common areas for hosting gatherings. Call 1-800-874-6990 for more information and rate

Seal Rock Healthcare at Atlantic Heights - Is a fully-licensed Medicaid/Medicare-certified facility offering 105 beds including 53 private rooms in total — for skilled and extended stays. Providing a neighborhood environment, stimulating social activities and friendly, professional medical support. Skilled and Rehabilitation Services, Long Term Care Services, Secured Unit for Memory Impairment, and Hospice Care. Call (207) 283-3646 for more information.

This resource information is provided as a service of AgeMaine, 30 Barra Road, Biddeford, ME 04005, 1-800-427-7411. AgeMaine does not licence, endorse or recommend any specific provider, nor can we guarantee the quality of service from providers .

Provider List - Assisted Living - York County

Atria Kennebunk

Contact:
Last Updated: 04/03/2024 10:15:28AM
Last Reviewed: 03/26/2024

Phones: (207) 467-9121 [Fax],
(207) 849-7431 [Business]*

Address: [Business]*
One Penny Lane
Kennebunk, ME 04043 (York county)

Web Site: www.atriakennebunk.com/

Eligibility:

Notes: Atria provides an environment where seniors live as actively and independently as possible. All apartments include private bath, kitchenette, ample closets, and emergency call buttons.

There are 4 service programs tailored to individual needs: independent living, assisted living, a Life Guidance secu wing for those with memory impairment and a short-term basis respite program for seniors recovering from an illness or surgery or who would like to try assisted living to see what it's like. Please call for more information and r to arrange an appointment. This facility offers an independent living option and is also pet friendly. Respite may available, contact facility directly for more information and details.

Avita of Wells

Contact:
Last Updated: 11/06/2024 1:07:17PM
Last Reviewed: 03/21/2024

Phones: (207) 646-5444 [Fax],
(207) 646-3444 [Business]*

Address: [Business]*
86 Sanford Rd.
Wells, ME 04090 (York county)

Web Site: www.northbridgecommunities.com/avita-of-wells/

Eligibility: Accepts Mainecare/Medicaid

Notes: Private and semi-private apartments in a separate and secure environment to support residents with Alzheimer's and other memory impairments. **** Mainecare possibly after a period of private pay. Call for more information.

Avita's surroundings are thoughtfully designed to be homelike and familiar. Apartments are clustered in small neighborhoods to minimize confusion and agitation and maximize the sense of freedom and comfort.

At Avita, they believe nature plays an important role in the health and happiness of their residents. Each neighborhood is designed with a safe and secure outdoor garden area with pathways for wandering, opportunities for gardening and various seating areas to soak in the sights and sounds of nature.

Avita of Wells also has an adult day center that is open Monday through Friday, 9 a.m. to 4 p.m. Open to anyone needing care. Please call for pricing.

Provider List - Assisted Living - York County

Berwick Estates

Contact:
Last Updated: 03/26/2024 12:59:02PM
Last Reviewed: 03/26/2024

Phones: (207) 384-2715 [Business]*,
(207) 591-0751 [Other]

Address: [Residence]*
79 Portland Street
South Berwick, ME 03908 (York county)

Web Site: www.newcommunitiesinc.org

Eligibility: Accepts Mainecare/Medicaid

Notes: Berwick Estates located in South Berwick, Maine is an assisted living community for seniors like you who want to remain independent while getting the individualized support they need with daily living activities. Berwick Estates has 37 beds, all semi-private rooms. Assisted living services include: Assistance, directed by you, with daily living activities; A dining program that includes three meals a day and snacks, customized to your dietary needs; An activity calendar with options for each day directed by a full-time wellness coordinator; Medication monitoring and assistance; Assistance with personal care to meet your individual needs; Emergency call system; Housekeeping, laundry, and maintenance services; Transportation arrangements; 24-hour security.

Respite care may be arranged if a bed is available. Residents may pay privately with their own funds or pay with MaineCare, if they meet the financial and functional admission requirements developed by the State of Maine.Plea call for more information, to arrange a tour and/or to apply for admission.

Mailing Address: New Communities, Inc., 869 Main St, Suite 600, Westbrook, ME 04092

Biddeford Estates

Contact:
Last Updated: 03/26/2024 1:02:01PM
Last Reviewed: 03/26/2024

Phones: (207) 283-0111 [Business]*,
(207) 591-0751 [Other]

Address: [Business]*
2 Dartmouth Street
Biddeford, ME 04005 (York county)

Web Site: www.newcommunitiesinc.org

Eligibility: Accepts Mainecare/Medicaid

Notes: Biddeford Estates, is a four story, 89-bed licensed assisted living community. The goals are for residents to be as self-reliant as they can be, practice individual choice, retain dignity, and participate in activities within the community as much as they want. Assisted living services include: Assistance, directed by you, with daily living activities; A dining program that includes three meals a day and snacks, customized to your dietary needs; An activity calendar with options for each day directed by a full-time wellness coordinator; Medication monitoring and assistance; Assistance with personal care to meet your individual needs; Emergency call system; Housekeeping, laundry, and maintenance services; Transportation arrangements; 24-hour security.

If a bed is available, respite care can be arranged. Please call for more information and/or to apply for admission.

Provider List - Assisted Living - York County

Huntington Common

Contact:
Last Updated: 04/03/2024 10:20:10AM
Last Reviewed: 03/26/2024

Phones: (800) 585-0533 [Business],
(207) 560-5248 [Main]*

Address: [Business]*
1 Huntington Common Drive
Kennebunk, ME 04043 (York county)

Web Site: www.sunriseseniorliving.com

Eligibility:

Notes: Huntington Common is a retirement community that offers Independent living, Assisted Living including an Alzheimer's & Memory Impairment Unit, and customized low-vision adaptations to resident suites for low-vision residents. Respite, or short term stays, can be arranged for periods of up to several months based on space availability and the guest's ability to meet admission criteria.
Please call 560-5248 for more information and application process details including current fee structure.

Huntington Common: Memory Care

Contact:
Last Updated: 04/03/2024 10:19:52AM
Last Reviewed: 03/26/2024

Phones: (844) 910-1898 [Business],
(207) 560-5248 [Business]*

Address: [Business]*
1 Huntington Common Drive
Kennebunk, ME 04043 (York county)

Web Site: www.sunriseseniorliving.com

Eligibility:

Notes: Huntington Common provides a special neighborhood for residents with Alzheimer’s and other memory impairmer under Sunrise Senior Living's Reminiscence Program. Bradford Court is a memory impairment/Alzheimer's facility with 24 units. It is a secured environment with a central courtyard that allows residents a sense of freedom. In addition to the physical and emotional assistance and cuing offered by staff, all housekeeping services, linen and laundry are included. Please call 560-5248 to arrange a tour and for more information about the application proce . Respite may be available, contact facility directly for more information and details.

Provider List - Assisted Living - York County

Sentry Hill at York Harbor

Contact:
Last Updated: 04/03/2024 10:25:02AM
Last Reviewed: 03/26/2024

Phones: (207) 363-5116 [Business]*,
(207) 363-4182 [Business Fax]

Address: [Business]*
2 Victoria Court
York, ME 03909 (York county)

Web Site: www.seniorlifestyle.com/property/maine/sentry-hill-at-york-harbor/

Eligibility: Accepts Mainecare/Medicaid

Notes: Sentry Hill is a retirement community that offers a wide range of housing options including Independent Living, Assisted Living and Memory Care. Respite/short-term stays may be available, contact facility directly for more information and details.

Tennyson Lane provides private and semi-private efficiency apartments ranging in size and price. One bedroom, deluxe one bedroom and studio options all with private baths are available to individuals who enjoy their independence, but need some daily assistance. Supportive services include an in-house 24/7 emergency lifeline system with GPS capabilities, personal care, cueing and anxiety management, in addition to medication administration.

The Browning Lane facility at Sentry Hill offers private and semi-private living suites for people who have Alzheime s Disease or related dementia. This secured neighborhood, supported by a fully trained and dedicated staff, allow residents to enjoy an active lifestyle in the sunshine of the atrium and the lovely garden and does accept Maineca

Dickens Lane houses and supports up to 28 residents with additional supportive needs. Our activities may include group word games, trivia gatherings, exercise classes, special lunches with themes in our Waterford Dining Room musical performances, seasonal arts & craft gatherings just to name a few.

Please note: Mainecare possibly after a period of private pay. Call for more information.

Please call for current fee structure and admission process to any of Sentry Hill

Provider List - Assisted Living - York County

Southridge Rehabilitation & Living Center

Contact:
Last Updated: 11/14/2024 11:14:14AM
Last Reviewed: 03/26/2024

Phones: (207) 282-4138 [Business]*,
(800) 671-4138 [Other]

Address: [Business]*
10 May Street
Biddeford, ME 04005 (York county)

Web Site: www.northcountryassociates.com/

Eligibility: Accepts Mainecare/Medicaid

Notes: Southridge Rehabilitation and Living Center offers skilled nursing and rehabilitation, long term care, and residentia care services. Respite may be available, contact facility directly for more information and details.

Some of the services provided to our patients/residents include: Comprehensive Restorative Program; All-inclusiv Care Planning; Daily Activity Programming; In-house Physical, Occupational and Speech Therapy; Local transportation and Scheduling of all medically-required appointments; Complex wound care, IV therapy, post surgical care, ostomy care, cardiac and respiratory care management and hospice care; Beauty/Barber Shop Services; Free Wi-Fi internet service and cable television; Individualized Menu Selections. Rehabilitation is their specialty. They also offer a special program for patients with Alzheimer's Disease but they do not have a locked u .

There is a 46-bed assisted living unit. Services include 24 hour nursing care; activities such as exercise classes, films and outings for lunch, shopping and special events; nutritional services; and physical, occupational,speech, and language therapies. Palliative care is provided with particular emphasis on comfort and support for the familie and individuals approaching end stages of life. Please call and ask to speak to someone about admission. Accepts Mainecare. Private pay not required at admission.

Summer Commons

Contact:
Last Updated: 03/26/2024 1:40:12PM
Last Reviewed: 03/26/2024

Phones: (207) 206-1360 [Other]*

Address: [Business]*
21 June St
Sanford, ME 04073 (York county)

Web Site:

Eligibility: Accepts Mainecare/Medicaid

Notes: Summer Commons is a new state-of-the-art licensed 64-bed skilled nursing care center, Long Term Care, as well as a 30-bed assisted living unit specializing in Memory Care. Accepts Mainecare. For more information call 206-13 0 or email KEFernberg@summercommons.com or info@ncaltc.com.

Provider List - Assisted Living - York County

The Landing At Saco Bay

Contact:
Last Updated: 07/29/2025 1:23:16PM
Last Reviewed: 03/26/2024

Phones: (207) 284-0900 [Business]*

Address: [Business]*
392 Main Street
Saco, ME 04072 (York county)

Web Site: www.thelandingsmaine.com

Eligibility:

Notes: The Landing is in a lovely residential area on Main Street – offers Memory Care Services; Licensed, Dementia-Trai ed Nursing Staff Onsite; Extended Nursing Care and Elevated Staffing Levels for More Acute Residents, Including Hospice Care; Physician, Dietitian, Psychiatric, Pharmacy and Podiatry Services; Individualized Diets with Specializ Culinary Programs; Three Delicious Daily Meals and Healthy Snacks; Social Engagement Programming 7 Days per Week; Housekeeping and Linen Services; Short-Stay Respite Program.

Memory Care Features: Private and Companion Apartments; Common Areas with Large Screen Televisions; Comfortable Outdoor Spaces; Alzheimer's and Dementia Support Group; Community Education and Support Grou Now offering a limited number of MaineCare shared apartments.

At The Landing at Saco Bay, ThriveCare® is both our lifestyle and our therapy program. This unique holistic program of nurturing care is offered to every resident and is specifically called Thrive because we believe that, within the context of the disease they are living with, there is no reason we can't still make every day as meaning and joyous as possible.

The Lodges Care Center, Inc.

Contact:
Last Updated: 03/26/2024 1:41:45PM
Last Reviewed: 03/26/2024

Phones: (207) 324-4757 [Business]*

Address: [Business]*
51 Main Street
P0 Box 355
Springvale, ME 04083 (York county)

Web Site: www.dltchealthcare.com

Eligibility: Accepts Mainecare/Medicaid

Notes: The Lodges Care Center is a 57 bed residential care facility in Springvale, Maine. Located 3 miles from downtown Sanford, the area offers many scenic attractions, including fresh water lakes and a variety of year round activities Springvale & Sanford have many public resources for all to enjoy including the YMCA Trafton Senior Center, an excellent public library, and excellent medical care services.

Provider List - Assisted Living - York County

Wardwell Gardens

Contact:
Last Updated: 03/26/2024 1:57:49PM
Last Reviewed: 03/26/2024

Phones: (207) 284-7061 [Business]*,
(207) 283-9642 [Business Fax]

Address: [Business]*
43 Middle Street
Saco, ME 04072 (York county)

Web Site: www.wardwell.org

Eligibility:

Notes: Wardwell Gardens is an assisted living program with 30 1BR and 2BR apartments. Services offered include: 2 or 3 meals/day, transportation, weekly housekeeping, laundry, health monitoring, medication assistance, personal care social and wellness programs. There is 24 hr on-site staff. Wardwell Gardens is subsidized by the Maine State Housing Authority. Age 62 & over & need assistance with 1 or more ADL or IADL; HUD income = or < 60% of You MFI (Median Family Income). Please call for more information about the admissions process.

Wardwell Home

Contact:
Last Updated: 03/26/2024 1:44:18PM
Last Reviewed: 03/26/2024

Phones: (207) 284-7061 [Business]*,
(207) 283-9642 [Business Fax]

Address: [Business]*
43 Middle Street
Saco, ME 04072 (York county)

Web Site: www.wardwell.org

Eligibility:

Notes: The Wardwell is an assisted living facility for private pay clients. The Victorian-style Home offers sixteen 1-and-2 bedroom residencies with private bath. Walking paths lead from the porches and wind through the neighborhood that residents can get their exercise. The Wardwell offers residents three meals a day, service coordination, transportation, weekly housekeeping, laundry, health monitoring, social/wellness programs and 24-hour unscheduled assistance. All the residents are encouraged to come together in the Activity Room of the Wardwell Gardens for musical programs, crafts, exercise and social events. Age 62 and older. Please visit the website for more information or call to request an application

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