Provider List - Assisted Living - Cumberland & York Counties - Dementia Speciality

Atria Kennebunk

Contact:
Last Updated: 04/03/2024 10:15:28AM
Last Reviewed: 03/26/2024

Phones: (207) 467-9121 [Fax],
(207) 849-7431 [Business]*

Address: [Business]*
One Penny Lane
Kennebunk, ME 04043 (York county)

Web Site: www.atriakennebunk.com/

Eligibility:

Notes: Atria provides an environment where seniors live as actively and independently as possible. All apartments include private bath, kitchenette, ample closets, and emergency call buttons.

There are 4 service programs tailored to individual needs: independent living, assisted living, a Life Guidance secu wing for those with memory impairment and a short-term basis respite program for seniors recovering from an illness or surgery or who would like to try assisted living to see what it's like. Please call for more information and r to arrange an appointment. This facility offers an independent living option and is also pet friendly. Respite may available, contact facility directly for more information and details.

Avita of Stroudwater

Contact:
Last Updated: 07/29/2025 1:16:55PM
Last Reviewed: 07/29/2025

Phones: (207) 857-9007 [Business]*

Address: [Business]*
Avita Of Stroudwater
113 Landing Rd
Westbrook, ME 04092 (Cumberland county)

Web Site: www.northbridgecommunities.com/avita-of-stroud water/

Eligibility: Accepts Mainecare/Medicaid

Notes: Avita of Stroudwater is a 60 unit community that offers assisted living services in private and semi-private apartments for people age 62 and older in need of memory care.
Please call for current fee structure and more information about admission procedure. Private pay required for ar initial period before Mainecare accepted after 2 years of private pay.
Avita also has an adult day program for seniors with memory issues. They require a 3 day minimum and can go u to 5 days a week. Hours are from 9 a.m. to 4 p.m. Call Avita for more information.

Provider List - Assisted Living - Cumberland & York Counties - Dementia Speciality

Avita of Wells

Contact:
Last Updated: 11/06/2024 1:07:17PM
Last Reviewed: 03/21/2024

Phones: (207) 646-5444 [Fax],
(207) 646-3444 [Business]*

Address: [Business]*
86 Sanford Rd.
Wells, ME 04090 (York county)

Web Site: www.northbridgecommunities.com/avita-of-wells/

Eligibility: Accepts Mainecare/Medicaid

Notes: Private and semi-private apartments in a separate and secure environment to support residents with Alzheimer's and other memory impairments. **** Mainecare possibly after a period of private pay. Call for more information.

Avita's surroundings are thoughtfully designed to be homelike and familiar. Apartments are clustered in small neighborhoods to minimize confusion and agitation and maximize the sense of freedom and comfort.

At Avita, they believe nature plays an important role in the health and happiness of their residents. Each neighborhood is designed with a safe and secure outdoor garden area with pathways for wandering, opportunities for gardening and various seating areas to soak in the sights and sounds of nature.

Avita of Wells also has an adult day center that is open Monday through Friday, 9 a.m. to 4 p.m. Open to anyone needing care. Please call for pricing.

Bay Square at Yarmouth

Contact:
Last Updated: 12/11/2024 11:23:00AM
Last Reviewed: 03/21/2024

Phones: (207) 447-9075 [Business]*

Address: [Business]*
27 Forest Falls Drive
Yarmouth, ME 04096 (Cumberland county)

Web Site: www.benchmarkseniorliving.com

Eligibility:

Notes: Bay Square is a licensed Assisted Living Program with studio,1BR and 2BR apartments. The monthly fee includes rent, utilities (except phone and cable television), use of common areas and a base package of personal care, 3 meals a day, housekeeping, transportation. They also offer social, educational, and cultural activities. Additional services are available for a fee. Bay Square provides enhanced care and 2 person assist if needed.

Bay Square at Yarmouth is also a memory care community designed to fit the needs of residents with Alzheimer's memory loss, or other forms of dementia.

Respite Care is also available.

Provider List - Assisted Living - Cumberland & York Counties - Dementia Speciality

Bella Point Bridgton

Contact:
Last Updated: 04/04/2024 3:39:59PM
Last Reviewed: 03/21/2024

Phones: (207) 647-8821 [Business]

Address: [Business]*
186 Portland Road
Bridgton, ME 04009 (Cumberland county)

Web Site: www.dltchealthcare.com/bella-point-bridgton/

Eligibility: Accepts Mainecare/Medicaid

Notes: Bella Point Bridgton is a residential care facility in a beautiful country like setting. 57 residents can reside in this spacious home-like setting with a fish tank, large dining room, several outdoor spaces and many living rooms. Ma of the double rooms are quite large and allow for residents bringing their personal belongings from home. Provide Local transportation; Dietary services; Housekeeping; Laundry; Activities.

Cape Memory Care

Contact:
Last Updated: 11/14/2024 10:59:51AM
Last Reviewed: 03/21/2024

Phones: (207) 553-9616 [Business]*

Address: [Business]*
126 Scott Dyer Road
Cape Elizabeth, ME 04107 (Cumberland county)

Web Site: www.woodlandsmaine.com

Eligibility: Accepts Mainecare/Medicaid

Notes: Cape Memory Care was constructed in 2010 to meet the growing need for high-quality memory care in the greate Portland area. Located in the beautiful and historic town of Cape Elizabeth, this gracious and comfortable environment for living was designed specifically for individuals living with Alzheimer's disease, dementia or other related memory impairments.

Thoughtfully designed, our memory care community offers family members peace of mind that their loved one is a secure and comforting environment. Cape Memory Care features elegant architecture, interior decoration, and furnishings unmatched by other senior care communities in the area. We have drawn from our own experience ar incorporated the most successful concepts in memory loss care to create the physical environment, services, amenities, and activities program.

Features: 72-bed memory care community featuring both private and shared rooms; Private pay or MaineCare accepted; Secured environment for living; Personalized plans of care; Specially trained and carefully selected staff available 24/7.

Provider List - Assisted Living - Cumberland & York Counties - Dementia Speciality

Country Village Assisted Living

Contact:
Last Updated: 04/03/2024 10:17:55AM
Last Reviewed: 03/22/2024

Phones: (207) 627-7111 [Business]*,
(207) 627-7505 [Fax]

Address: [Business]*
960 Meadow Road
Route 121
Casco, ME 04015 (Cumberland county)

Web Site: www.countryvillageal.com

Eligibility: Accepts Mainecare/Medicaid

Notes: Country Village Assisted Living has been established for over 30 years with the mission of providing high quality, person-centered care for our residents in a homelike environment. We are proud to be a Maine-based, family owned and operated residential care home providing various levels of assistance to the senior citizens in our community.

Programs and Services: ?Private and Semi-Private Rooms; Medicaid beds available; Licensed nursing personnel available 24 hours; Qualified staffing 24 hours per day, 7 days a week; Medical, Physical, and Social resources; "H me-cooked" meals, alternatives available to personal preference; Daily calendar/activity schedule posted monthly; Social outings and special events; Beauty and styling salon in house, beautician available weekly; Stair chair; Housekeeping and laundry service by staff; Adult daycare/Respite care; Living areas with cable TV, telephones, a WIFI; Private cable/phones available at own cost. Respite may be available, contact facility directly for more information and details.

Physical Disability Support - Arthritis, physical disabilities, and age-related conditions are some of the few circumstances that prevent individuals from caring for themselves. Our caregivers can assist you with daily tasks such as mobility, eating, exercising, and grooming.

Care for Dementia Patients - Our experienced and highly trained caregivers provide the highest quality of care to both patients and their families. Our goal is to help individuals and their loved ones live happy and fulfilling lives. a secure facility but have access to a wander guard system.

Provider List - Assisted Living - Cumberland & York Counties - Dementia Speciality

Fallbrook Woods

Contact:
Last Updated: 04/03/2024 10:21:47AM
Last Reviewed: 03/22/2024

Phones: (207) 878-0788 [Business]*,
(207) 878-7734 [Fax]

Address: [Business]
60 Merrymeeting Drive
Portland, ME 04103 (Cumberland county)

Web Site: www.fallbrookwoods.com/

Eligibility: Accepts Mainecare/Medicaid

Notes: Fallbrook Woods provides individuals in need of memory support a life-enriching, secured environment, surrounde by compassionate and dedicated health-care professionals. All staff — including those in housekeeping, maintenance and dietary — are trained in how to relate to those with memory impairment. This training includes how to engage, redirect and nurture in a positive direction.

A Life Enrichment program, specialized for those with memory impairment, runs seven days a week, and into the evening. The program focuses on enabling the resident to be and feel successful by setting reachable goals and allowing them to lend a helping hand, if they choose. Each activity is specifically planned for the enjoyment of people living with dementia, we create our programs with a "failure-free" philosophy that respects each person's interests and abilities. In addition to scheduled activities, our staff provides a variety of small group and one-on-o Life Enrichment support throughout the day and often into the evening hours.

Short-Term Stays - Fallbrook Woods is pleased to offer the same top-notch care and amenities we have for permanent residents to those who just need a place to stay for the short-term. We charge a single daily rate, an provide all meals, laundry, housekeeping and care. A minimum of 3 week stay required. Contact facility directly fo more information and details.

Provider List - Assisted Living - Cumberland & York Counties - Dementia Speciality

First Atlantic: Hawthorne House

Contact:
Last Updated: 04/05/2024 11:26:59AM
Last Reviewed: 04/05/2024

Phones: (207) 865-4782 [Business]*

Address: [Business]*
6 Old County Road
Freeport, ME 04032 (Cumberland county)

Web Site: www.hawthorne-healthcare.com/

Eligibility: Accepts Mainecare/Medicaid

Notes: Hawthorne House provides Skilled Nursing Care, Skilled Rehabilitation, Memory-impaired Living and Assisted Livin

Nursing Care - Hawthorne House has designed an environment that allows each person the ability to be as independent as possible. All the routines and comforts of daily living are in place, with professional nursing suppo 24 hours a day. Our professional staff include the following: Licensed Administrator; On-call Medical Director; Licensed Social Worker; 24 Hour Licensed Nursing Staff; Certified Nursing Assistants; Certified Activities Director; Certified Food Service Director; Registered Dietician Consultant; Consultant Pharmacist.

Rehabilitation Services -Hawthorne House's rehabilitation services are coordinated with your physician and our therapists. Every recovery program is specific to each person and designed to meet their unique and indvidual go .

Special Care Unit: Memory Care offers Family style dining; Enclosed and secure courtyard with gardens; Music & Memory Program Therapy; Reminiscence therapy; Specialized trained staff; Specialized activities.

Specialty Care Unit: Geri-psych; Private rooms; Activities; NAPPI trained staff; Cooking groups; Secure and enclosed courtyard; Psychiatric care team.

Other Services offered: Respite care; Hospice care; Spiritual services; Beautician and barbering services; Podiatry services; Wound care services. Plus a special wandering monitoring system provided for the safety of our resident

This resource information is provided as a service of AgeMaine, 30 Barra Road, Biddeford, ME 04005, 1-800-427-7411. AgeMaine does not licence, endorse or recommend any specific provider, nor can we guarantee the quality of service from providers .

Provider List - Assisted Living - Cumberland & York Counties - Dementia Speciality

Gorham House: SeniorLifestyle

Contact:
Last Updated: 11/14/2024 11:02:17AM
Last Reviewed: 04/23/2024

Phones: (207) 839-5757 [Business]*,
(207) 839-8263 [Fax]

Address: [Business]*
50 New Portland Road
Gorham, ME 04038 (Cumberland county)

Web Site: www.seniorlifestyle.com/property/maine/gorham-house/

Eligibility: Accepts Mainecare/Medicaid

Notes: Gorham House offers Independent Living, Assisted Living, Nursing Services (Skilled/Rehabilitation, Nursing Home Care, Comfort Care) and Memory Impaired care options.
**Not all communities at Gorham House accept Mainecare, see each community for more information.

The Independent Living communities at The Gorham House are apartment homes with access to professional team members, dining services, and other convenient amenities.
**PRIVATE PAY only, please call for current fee structure.

Assisted Living at the Gorham House for older adults with a need for assistance with daily activities, who want freedom from difficult home maintenance and chores, want more opportunities to enjoy life, socialize, and learn. Older adults who need daily assistance with household chores or personal care can benefit from the servic offered in the Assisted Living communities.
**PRIVATE PAY only, please call for rates.

Memory Care, 8 private and 20 semi-private apartments for people who have Alzheimer's or other related dementia. It is a totally secure unit that is carefully monitored by fully trained licensed staff. Therapeutic activities for the memory impaired are part of the program. Eligibility: Diagnosis of dementia and in need of a secured unit; must qualify for assisted living.
Please call for more information and current costs.
**Private pay required for 2 years before MaineCare accepted.

Windsor Common is a Skilled Rehab unit (20 beds) and fully Licensed Nursing Home (32 beds). Residents of Gorham House get priority placement in the skilled unit when needed. The focus is on short term rehabilitation. In addition to Occupational, Speech and Physical therapy services, the skilled unit also provides terminal care, pain management, wound care, oxygen therapy, diabetic training, and assistance with discharge planning. Nursing Home Care is provided in fully furnished private and double rooms. This unit is designed to care for people with limited physical mobility.
**Accepts Mainecare.

Gorham House also has a 17 bed geropsychiatric nursing facility, with both skilled nursing and intermediate care beds. The facility specializes in caring for patients who have a second diagnosis of mental illness. This nursing facility is specifically for individuals who have been diagnosed with a psychiatric illness.
**Referrals must be from Maine DHHS.

For more information call or visit https://www.seniorlifestyle.com/property/maine/gorham-house/

Provider List - Assisted Living - Cumberland & York Counties - Dementia Speciality

Huntington Common: Memory Care

Contact:
Last Updated: 04/03/2024 10:19:52AM
Last Reviewed: 03/26/2024

Phones: (844) 910-1898 [Business],
(207) 560-5248 [Business]*

Address: [Business]*
1 Huntington Common Drive
Kennebunk, ME 04043 (York county)

Web Site: www.sunriseseniorliving.com

Eligibility:

Notes: Huntington Common provides a special neighborhood for residents with Alzheimer's and other memory impairmer under Sunrise Senior Living's Reminiscence Program. Bradford Court is a memory impairment/Alzheimer's facility with 24 units. It is a secured environment with a central courtyard that allows residents a sense of freedom. In addition to the physical and emotional assistance and cuing offered by staff, all housekeeping services, linen and laundry are included. Please call 560-5248 to arrange a tour and for more information about the application proce . Respite may be available, contact facility directly for more information and details.

Island Commons Assisted Living

Contact:
Last Updated: 05/16/2025 11:32:29AM
Last Reviewed: 03/22/2024

Phones: (207) 846-5610 [Business]*,
(207) 846-9706 [Business Fax],
(207) 846-4456 [Other]

Address: [Business]*
132 Littlefield Road
Chebeague Island, ME 04017 (Cumberland county

Web Site: www.islandcommons.com

Eligibility: Accepts Mainecare/Medicaid

Notes: Island Commons is Chebeague Island's 7-bed Assisted Living Home providing Residential Care, Respite Care, and Adult Day Care. The Chebeague Cares program provides in-home assistance with tasks of daily living. Through Island Commons Resource Center (ICRC), they also provide an equipment loan closet designed to serve the Islan community. We are a MaineCare provider.

Adult Day Services - Island Commons can accommodate two additional adults each day for health monitoring, res and personal care services in addition to a group program of meals, therapeutic activities, medication administration, supervision, and companionship. This valuable program is available to any elder on Chebeague wh wishes to spend a day with others, share a meal and participate in group or individual activities.

RESPITE CARE - 24-hour care is available for short term on a space available basis to provide rest for family members caring for their elders at home. Respite care recipients are provided with meals, assistance with activitie or daily living, medication administration, group activities, on-island transportation, individual activities, supervisio and companionship. As with long-term residents, skilled nursing, physical therapy, occupational therapy and spee therapy services can be provided at the Island Commons by mainland home health agencies. Respite care can be from one 24-hour day to weeks at a time.

Provider List - Assisted Living - Cumberland & York Counties - Dementia Speciality

Maine Veterans Home: Scarborough

Contact:
Last Updated: 11/14/2024 11:09:11AM
Last Reviewed: 03/21/2024

Phones: (207) 883-7184 [Business],
(800) 278-9494 [Toll-Free]*

Address: [Business]*
290 US Route 1
Scarborough, ME 04074 (Cumberland county)

Web Site: www.mainevets.org/scarborough/

Eligibility: Accepts Mainecare/Medicaid

Notes: The Maine Veterans' Home in Scarborough have 120 beds providing long term care, short term skilled nursing car memory care, rehabilitation and therapy services. 30 beds for assisted living residential care for those in the early stages of dementia; Respite care; On-site Medical Director and Physician Services; 24-hour RN coverage; Clinical site for educational and training programs. MVH has a team of highly skilled healthcare professionals, trained specifically to care for the physical and emotional needs of Veterans. Offer individualized care plans for each resident integrating nursing care, rehab & therapies, and recreational activities.

Oceanview at Falmouth

Contact:
Last Updated: 04/03/2024 10:25:25AM
Last Reviewed: 03/26/2024

Phones: (207) 781-4460 [Business]*,
(207) 781-4621 [Business]

Address: [Business]*
20 Blueberry Lane
Falmouth, ME 04105 (Cumberland county)

Web Site: www.oceanviewrc.com

Eligibility:

Notes: The OceanView campus for ages 55+ includes Independent Living options in cottage residences or apartments, a well as Assisted living and Memory Care. Please call for more information and the application process details including current fee structure. For independent community please call 207-781-4460 and for assisted living or memory care residence, please call 207-781-4621. Respite/short-term stays may be available on Memory Care an Assisted Living, contact facility directly for more information and details.

Falmouth House offers a vibrant community to help seniors live life to the fullest, while providing daily assistance. Residents of OceanView have priority access to Falmouth House, where each individual is actively involved in thei own personalized care plan, delivered by certified staff and supervised by licensed professional nurses 24-hours a day. Private apartments, sitting areas, libraries, dining and activity rooms with access to gardens. The Life Enrichment Program offers a wide variety of stimulating options. Designed to increase each resident's intellectual, physical, spiritual and social well-being, Chef-prepared meals are provided each day, along with medication management and discreet personal assistance with activities of daily living, as needed.

Legacy Memory Care at OceanView provides a uniquely designed, secure community for individuals with memory loss and dementia. Our person-centered focus ensures that every resident enjoys meaningful life experiences and the feeling of success every day. With 29 private apartments, this secure, state-of-the-art memory care residence designed to provide implicit cues to areas of activity through the special use of architecture and color. Habilitatio Therapy Programming enriches the quality of life of our residents.

Provider List - Assisted Living - Cumberland & York Counties - Dementia Speciality

Piper Shores

Contact:
Last Updated: 04/03/2024 10:27:20AM
Last Reviewed: 03/26/2024

Phones: (207) 883-8700 [Main]*,
(888) 333-8711 [Toll-Free]

Address: [Business]*
15 Piper Road
Scarborough, ME 04074 (Cumberland county)

Web Site: www.pipershores.org

Eligibility:

Notes: Piper Shores is a lifecare retirement community that provides residents with the peace of mind knowing that lifecare combines all the advantages of independent living plus priority access to onsite assisted living and skilled nursing care, if needed. Lifecare at Piper Shores also means that you will always have a predictable monthly payment for assisted living and nursing home care.

Independent living apartments located in the Oceanside Campus overlooking Casco Bay offers a café, dining room health clinic, library, convenience store, or cocktail lounge. Features sixteen different styles to fit any residents' needs. Ranging from studios and one-bedrooms units to two- bedroom units with a den.

The Meadows independent living cottages at Piper Shores' are ideal for those transitioning from private homes to life in an active retirement community. Privately situated in a lovely wooded grove a short stroll from Oceanside's main building. Features full kitchens, vaulted ceilings, fireplace, garage, ample storage space, sunrooms, private terraces, and daylight basements.

Assisted living residences at Holbrook feature private one-bedroom apartments. Personal care, therapy coordinati , transportation scheduling, housekeeping and laundry services are all provided. Respite may be available, contac facility directly for more information and details.

Holbrook's Wayland House Memory Care offers the secure environment. Our PersonFirst® approach to memory care focuses attention on the individual needs, personality, and desires of each of our residents. Respite currently not available on Memory Care.

Holbrook Skilled Nursing offers private rooms for short-term rehabilitation, respite care and long-term nursing car All rooms are presently available on a first come, first served basis, with Piper Shores residents receiving first priority. Dually certified by the State of Maine, Holbrook welcomes both private pay and Medicare patients, accept direct admissions, and offers competitive rates.

Please call for more information about Piper Shores, current availability and fee structure.

Provider List - Assisted Living - Cumberland & York Counties - Dementia Speciality

Portland Center for Assisted Living

Contact:
Last Updated: 03/26/2024 12:08:49PM
Last Reviewed: 03/26/2024

Phones: (207) 772-3230 [Fax],
(207) 772-2893 [Business]*

Address: [Business]*
68 Devonshire Street
Portland, ME 04103 (Cumberland county)

Web Site: www.pcalmaine.com

Eligibility: Accepts Mainecare/Medicaid

Notes: Located in the heart of Maine's largest city, Portland Center for Assisted Living provides accommodations for 170 Residents, including 28 secure living spaces for those who are memory impaired. Devonshire Place at PCAL recognizes the unique needs of individuals with memory loss. We believe in the dignity of those we serve by recognizing their physical, emotional and spiritual needs. We strive to assist every individual to achieve their highe level of well being with a tailored atmosphere allowing them to flourish.

The rooms are fully furnished, but residents are welcome to bring personal belongings. Services included in the rates are housekeeping, laundry services, medication administration, 3 meals/day, snacks available anytime, limit assistance with bathing and dressing, and transportation to medical appointments and recreational activities. Plea call for an informational packet and/or a tour of the facility. Mainecare accepted.

Scarborough Terrace Memory Program

Contact:
Last Updated: 03/26/2024 12:15:17PM
Last Reviewed: 03/26/2024

Phones: (207) 503-4133 [Business]*

Address: [Business]*
600 Commerce Drive
Scarborough, ME 04074 (Cumberland county)

Web Site: www.scarboroughterrace.com/

Eligibility: Other - See Notes

Notes: The Rose Garden—with its cozy, light-filled and intimate setting—is home to our specialized memory care progran available to residents with Alzheimer's, dementia, and other forms of memory loss. Every resident is cared for by our compassionate, skilled team of professionals with many years of knowledge and experience. Our memory car program is much smaller than others in the area, so our residents receive very personalized attention and enjoy home-like intimacy.

At Scarborough Terrace, our program of dedicated life-enhancing support for memory care residents includes: A team of care professionals devoted to providing 24-hour resident assistance; A higher staff to resident ratio ensuring individualized care; A calming environment, using validation techniques and established routines; Activiti designed to stimulate memory and the senses, and to foster enjoyment of life; Life skill activities to encourage involvement in daily living tasks; Individualized programs to stimulate previous interests and promote wellbeing; Wellness and exercise programs to maintain physical abilities; Nutritious meals catering to individual needs and choices; Secure indoor and outdoor environments that protect against wander risk, while also allowing for supervised access to the property's other services and amenities as appropriate; Ongoing communication with residents, families, and professional team members to carry out an individualized plan of care.

Provider List - Assisted Living - Cumberland & York Counties - Dementia Speciality

Sentry Hill at York Harbor

Contact:
Last Updated: 04/03/2024 10:25:02AM
Last Reviewed: 03/26/2024

Phones: (207) 363-5116 [Business]*,
(207) 363-4182 [Business Fax]

Address: [Business]*
2 Victoria Court
York, ME 03909 (York county)

Web Site: www.seniorlifestyle.com/property/maine/sentry-hill-at-york-harbor/

Eligibility: Accepts Mainecare/Medicaid

Notes: Sentry Hill is a retirement community that offers a wide range of housing options including Independent Living, Assisted Living and Memory Care. Respite/short-term stays may be available, contact facility directly for more information and details.

Tennyson Lane provides private and semi-private efficiency apartments ranging in size and price. One bedroom, deluxe one bedroom and studio options all with private baths are available to individuals who enjoy their independence, but need some daily assistance. Supportive services include an in-house 24/7 emergency lifeline system with GPS capabilities, personal care, cueing and anxiety management, in addition to medication administration.

The Browning Lane facility at Sentry Hill offers private and semi-private living suites for people who have Alzheime s Disease or related dementia. This secured neighborhood, supported by a fully trained and dedicated staff, allow residents to enjoy an active lifestyle in the sunshine of the atrium and the lovely garden and does accept Maineca

Dickens Lane houses and supports up to 28 residents with additional supportive needs. Our activities may include group word games, trivia gatherings, exercise classes, special lunches with themes in our Waterford Dining Room musical performances, seasonal arts & craft gatherings just to name a few.

Please note: Mainecare possibly after a period of private pay. Call for more information.

Please call for current fee structure and admission process to any of Sentry Hill

Provider List - Assisted Living - Cumberland & York Counties - Dementia Speciality

Southridge Rehabilitation & Living Center

Contact:
Last Updated: 11/14/2024 11:14:14AM
Last Reviewed: 03/26/2024

Phones: (207) 282-4138 [Business]*,
(800) 671-4138 [Other]

Address: [Business]*
10 May Street
Biddeford, ME 04005 (York county)

Web Site: www.northcountryassociates.com/

Eligibility: Accepts Mainecare/Medicaid

Notes: Southridge Rehabilitation and Living Center offers skilled nursing and rehabilitation, long term care, and residentia care services. Respite may be available, contact facility directly for more information and details.

Some of the services provided to our patients/residents include: Comprehensive Restorative Program; All-inclusiv Care Planning; Daily Activity Programming; In-house Physical, Occupational and Speech Therapy; Local transportation and Scheduling of all medically-required appointments; Complex wound care, IV therapy, post surgical care, ostomy care, cardiac and respiratory care management and hospice care; Beauty/Barber Shop Services; Free Wi-Fi internet service and cable television; Individualized Menu Selections. Rehabilitation is their specialty. They also offer a special program for patients with Alzheimer's Disease but they do not have a locked u .

There is a 46-bed assisted living unit. Services include 24 hour nursing care; activities such as exercise classes, films and outings for lunch, shopping and special events; nutritional services; and physical, occupational,speech, and language therapies. Palliative care is provided with particular emphasis on comfort and support for the familie and individuals approaching end stages of life. Please call and ask to speak to someone about admission. Accepts Mainecare. Private pay not required at admission.

Summer Commons

Contact:
Last Updated: 03/26/2024 1:40:12PM
Last Reviewed: 03/26/2024

Phones: (207) 206-1360 [Other]*

Address: [Business]*
21 June St
Sanford, ME 04073 (York county)

Web Site:

Eligibility: Accepts Mainecare/Medicaid

Notes: Summer Commons is a new state-of-the-art licensed 64-bed skilled nursing care center, Long Term Care, as well as a 30-bed assisted living unit specializing in Memory Care. Accepts Mainecare. For more information call 206-13 0 or email KEFernberg@summercommons.com or info@ncaltc.com.

Provider List - Assisted Living - Cumberland & York Counties - Dementia Speciality

The Cedars

Contact:
Last Updated: 03/26/2024 12:22:48PM
Last Reviewed: 03/26/2024

Phones: (207) 221-7000 [Main]*,
(207) 772-6038 [Fax],
(207) 772-5456 [Business]

Address: [Business]*
620 - 640 Ocean Avenue
Portland, ME 04103 (Cumberland county)

Web Site: www.thecedarsportland.org

Eligibility: Accepts Mainecare/Medicaid

Notes: The Cedars offers independent living, assisted living, Memory Care, rehabilitation and Nursing/skilled care options ***Long Term Care Mainecare is ONLY accepted at the Nursing/skilled care level.

The Atrium is the 61 unit independent living community. Housekeeping, linen service, maintenance, choice of mea plan, and optional social, and recreational programs are included in the monthly fee. Pets, including indoor cats a small dogs, are allowed with permission. **Private pay, please call FMI and for current fee structure - independer living requires an entrance fee.

Assisted living at The Osher offers the privacy of your own apartment while providing personal support when you need it. Our staff will help you with activities like bathing, dressing and taking your medications – all under the supervision of a registered nurse. With three nutritious meals daily, a calendar of programs and events, housekeeping and laundry services. **Assisted Living is private pay, please call FMI and for current fee structure.

On-site nursing is available at the Rehabilitation Center and the Skilled Care Center at the Cedars. Mainecare is accepted in the Skilled Care Center.

The Sam L. Cohen Households at The Cedars, offering Memory Care Assisted Living and Long-term, Skilled Nursin Care are like nothing Maine's older adults have seen before. Welcoming private rooms and baths. Cozy and comfortable common spaces. Innovative programs and therapies. **Private pay, please call FMI and for current f structure.

Cedars also offers fine dining take-out Kosher meals. Meal items available correspond with the menu items available to Cedars' Nursing Home residents. Please call dietary department 772-5456 to order meal (s) 2 days in advance, FMI, and to confirm costs. Meals are picked up at the reception desk and are paid for when picked up.

Provider List - Assisted Living - Cumberland & York Counties - Dementia Speciality

The Enclave of Scarborough

Contact:
Last Updated: 11/14/2024 10:45:35AM
Last Reviewed: 11/14/2024

Phones: (888) 240-7198 [Business]

Address: [Business]*
18 Black Point Rd
Scarborough, ME 04074 (Cumberland county)

Web Site: www.enclaveatsouthportland.com

Eligibility:

Notes: The Enclave of Scarborough is a stately senior living community offering assisted living and memory care.

Lilac Trace Memory Care Neighborhoods- daily acuity programs are personalized to your loved one's cognitive and physical abilities, helping them flourish in our Lilac Trace Neighborhood. They will maintain their sense of self, contribute actively, and engage in meaningful social roles. Building from research-backed care philosophies, we help residents with cognitive and memory conditions like Alzheimer's disease and other forms of dementia live life with dignity and a sense of belonging. Each Lilac Trace team is led by Certified Dementia Practitioners (CDP).

Respite care, also known as short-term stays, is a period of temporary accommodation that offers a relief to caregivers. Respite care is tailored to individual needs, providing a unique opportunity for short-term visitors to receive the same high-quality care as our permanent residents. Contact facility directly for more information and details.

Provider List - Assisted Living - Cumberland & York Counties - Dementia Speciality

The Grande at South Portland

Contact:
Last Updated: 11/14/2024 10:41:26AM
Last Reviewed: 03/21/2024

Phones: (207) 900-1067 [Business]*,
(888) 202-0640 [Toll free out]

Address: [Residence]*
25 Country Club Rd
South Portland, ME 04106 (Cumberland county)

Web Site: www.grandeatsouthportland.com

Eligibility:

Notes: Bridge Senior Living has been proudly serving the residents of South Portland at their sister community, The Encla at Scarborough, since 2019.

Offers Assisted living and personal care are for those who need extra help managing day-to-day living. Highly professional, highly compassionate, certified care. Their Wellness Impact program showcases their commitment t care, collaboration, and technology. It starts with a personal care plan and provides comprehensive care with the type of features you want and deserve: Assistance with personal needs: dressing, bathing, and personal care, Medication management, In-house pharmacy, In-house therapy, Health care coordination with your personal heal care providers, Electronic medication administration and electronic health records.

Lilac Trace Memory Care Neighborhoods: Each Lilac Trace team is led by Certified Dementia Practitioners (CDP) who go above and beyond to make every moment special for our residents. They offer daily acuity programs personalized to your loved one's cognitive and physical abilities, helping them flourish in our Lilac Trace Neighborhood. They will maintain their sense of self, contribute actively, and engage in meaningful social roles. With a diverse calendar of events, we promote a psychosocial and active lifestyles, incorporating social, education , nutritional, emotional, and spiritual expressions. Building from research-backed care philosophies, we help residents with cognitive and memory conditions like Alzheimer's disease and other forms of dementia live life with dignity and a sense of belonging.

Provider List - Assisted Living - Cumberland & York Counties - Dementia Speciality

The Landing At Saco Bay

Contact:
Last Updated: 07/29/2025 1:23:16PM
Last Reviewed: 03/26/2024

Phones: (207) 284-0900 [Business]*

Address: [Business]*
392 Main Street
Saco, ME 04072 (York county)

Web Site: www.thelandingsmaine.com

Eligibility:

Notes: The Landing is in a lovely residential area on Main Street – offers Memory Care Services; Licensed, Dementia-Trai ed Nursing Staff Onsite; Extended Nursing Care and Elevated Staffing Levels for More Acute Residents, Including Hospice Care; Physician, Dietitian, Psychiatric, Pharmacy and Podiatry Services; Individualized Diets with Specializ Culinary Programs; Three Delicious Daily Meals and Healthy Snacks; Social Engagement Programming 7 Days per Week; Housekeeping and Linen Services; Short-Stay Respite Program.

Memory Care Features: Private and Companion Apartments; Common Areas with Large Screen Televisions; Comfortable Outdoor Spaces; Alzheimer's and Dementia Support Group; Community Education and Support Grou Now offering a limited number of MaineCare shared apartments.

At The Landing at Saco Bay, ThriveCare® is both our lifestyle and our therapy program. This unique holistic program of nurturing care is offered to every resident and is specifically called Thrive because we believe that, within the context of the disease they are living with, there is no reason we can't still make every day as meaning and joyous as possible.

The Mooring at the Downs

Contact:
Last Updated: 11/14/2024 10:43:17AM
Last Reviewed: 11/14/2024

Phones: (207) 303-8754 [Business]*

Address: [Residence]*
7 Mill Commons Dr
Scarborough, ME 04074 (Cumberland county)

Web Site: www.themooringatthedowns.com/

Eligibility:

Notes: Situated in one of Scarborough's newest neighborhoods, The Mooring at The Downs is at the heart of everything Southern Maine has to offer. Designed to serve the specific needs of individuals living with dementia, Alzheimer's Disease and other forms of progressive memory loss.

The Mooring sets new standards for assisted living – going far beyond traditional institutional care and nursing home models. At The Mooring, housemates experience customized, resident-centric care in a home-like setting – with programming that leverages cognitive strengths, preserves autonomy and respects individuality.

Provider List - Assisted Living - Cumberland & York Counties - Dementia Speciality

The Mooring on Foreside

Contact:
Last Updated: 11/14/2024 10:44:16AM
Last Reviewed: 11/14/2024

Phones: (207) 489-9614 [Business]*

Address: [Residence]*
301 Route One
Cumberland Foreside, ME 04110 (Cumberland county)

Web Site: www.themooringonforeside.com/

Eligibility:

Notes: The Mooring on Foreside was designed to serve the specific needs of those suffering with dementia, Alzheimer's Disease and other forms of progressive memory loss. The Mooring transcends traditional institutional care and nursing home models, providing customized resident-centric care, with programming designed to leverage cogniti strengths, preserve autonomy and respect individuality.

The Mooring on Foreside represents the evolution of specialized assisted living: a purpose-designed solution for individuals living with progressive memory loss. Developed over the course of a decade by an experienced team c memory care consultants, every aspect of The Mooring represents a best practice observed or envisioned and tailored to the needs of memory care clients – including those with Alzheimer's disease and other forms of progressive dementia – seeking responsive, specialized care.