Provider List - Assisted Living - Cumberland County

Avita of Stroudwater

Contact:
Last Updated: 07/29/2025 1:16:55PM
Last Reviewed: 07/29/2025

Phones: (207) 857-9007 [Business]*

Address: [Business]*
Avita Of Stroudwater
113 Landing Rd
Westbrook, ME 04092 (Cumberland county)

Web Site: www.northbridgecommunities.com/avita-of-stroud water/

Eligibility: Accepts Mainecare/Medicaid

Notes: Avita of Stroudwater is a 60 unit community that offers assisted living services in private and semi-private apartments for people age 62 and older in need of memory care.
Please call for current fee structure and more information about admission procedure. Private pay required for ar initial period before Mainecare accepted after 2 years of private pay.
Avita also has an adult day program for seniors with memory issues. They require a 3 day minimum and can go u to 5 days a week. Hours are from 9 a.m. to 4 p.m. Call Avita for more information.

Bay Square at Yarmouth

Contact:
Last Updated: 12/11/2024 11:23:00AM
Last Reviewed: 03/21/2024

Phones: (207) 447-9075 [Business]*

Address: [Business]*
27 Forest Falls Drive
Yarmouth, ME 04096 (Cumberland county)

Web Site: www.benchmarkseniorliving.com

Eligibility:

Notes: Bay Square is a licensed Assisted Living Program with studio,1BR and 2BR apartments. The monthly fee includes rent, utilities (except phone and cable television), use of common areas and a base package of personal care, 3 meals a day, housekeeping, transportation. They also offer social, educational, and cultural activities. Additional services are available for a fee. Bay Square provides enhanced care and 2 person assist if needed.

Bay Square at Yarmouth is also a memory care community designed to fit the needs of residents with Alzheimer's memory loss, or other forms of dementia.

Respite Care is also available.

This resource information is provided as a service of AgeMaine, 30 Barra Road, Biddeford, ME 04005, 1-800-427-7411. AgeMaine does not licence, endorse or recommend any specific provider, nor can we guarantee the quality of service from providers .

Provider List - Assisted Living - Cumberland County

Bella Point Bridgton

Contact:
Last Updated: 04/04/2024 3:39:59PM
Last Reviewed: 03/21/2024

Phones: (207) 647-8821 [Business]

Address: [Business]*
186 Portland Road
Bridgton, ME 04009 (Cumberland county)

Web Site: www.dltchealthcare.com/bella-point-bridgton/

Eligibility: Accepts Mainecare/Medicaid

Notes: Bella Point Bridgton is a residential care facility in a beautiful country like setting. 57 residents can reside in this spacious home-like setting with a fish tank, large dining room, several outdoor spaces and many living rooms. Ma of the double rooms are quite large and allow for residents bringing their personal belongings from home. Provide Local transportation; Dietary services; Housekeeping; Laundry; Activities.

Bella Point Freeport

Contact:
Last Updated: 03/21/2024 3:05:29PM
Last Reviewed: 03/21/2024

Phones: (207) 865-4713 [Business]*

Address: [Business]*
3 East Street
Freeport, ME 04032 (Cumberland county)

Web Site: www.dltchealthcare.com/bella-point-freeport/

Eligibility: Accepts Mainecare/Medicaid

Notes: Nestled in a quaint wooded area in picturesque Freeport, Maine, we offer a peaceful setting perfect for seniors. O three-level facility consists of 60 Assisted Living beds. There are 8 private rooms and 26 double rooms, they are nicely decorated and very comfortable.

Provider List - Assisted Living - Cumberland County

Birchwoods at Canco

Contact:
Last Updated: 11/06/2024 1:17:30PM
Last Reviewed: 03/21/2024

Phones: (207) 772-1080 [Business]*

Address: [Business]*
86 Holiday Drive
Portland, ME 04103 (Cumberland county)

Web Site: www.sinceriseniorliving.com

Eligibility:

Notes: At Birchwoods at Canco Senior Living we acknowledge that every individual requires different levels of care at varying points of their lives. We are dedicated to providing specialized care specifically tailored to each resident's unique needs throughout the aging experience. Our levels of care include assisted living, and Respite Care.

Activities include shopping trips, sightseeing drives and dining at favorite restaurants. Friends and family are a pa of our community and are always welcome. Everyday living is made easier, so residents will enjoy a life full of recreation, fine dining, and friends in a relaxing and carefree environment.

Sinceri Senior Living communities offer engaging and personalized care focused on the uniqueness of each reside and provide services best suited to their individual needs. We offer assistance with activities of daily living such as bathing, dressing and supervision of personal medications. Offers a full range of opportunities for socializing and companionship on a daily basis. Our activities and amenities include: Licensed nurse on site; 24-hour licensed supervision; Guest services; Medication services; Balanced Meals and Special Diets; Snacks Included; All utilities other than phone; Leisure activities 7 days a week; Full-service beauty salon.

Provider List - Assisted Living - Cumberland County

Cape Memory Care

Contact:
Last Updated: 11/14/2024 10:59:51AM
Last Reviewed: 03/21/2024

Phones: (207) 553-9616 [Business]*

Address: [Business]*
126 Scott Dyer Road
Cape Elizabeth, ME 04107 (Cumberland county)

Web Site: www.woodlandsmaine.com

Eligibility: Accepts Mainecare/Medicaid

Notes: Cape Memory Care was constructed in 2010 to meet the growing need for high-quality memory care in the greate Portland area. Located in the beautiful and historic town of Cape Elizabeth, this gracious and comfortable environment for living was designed specifically for individuals living with Alzheimer's disease, dementia or other related memory impairments.

Thoughtfully designed, our memory care community offers family members peace of mind that their loved one is a secure and comforting environment. Cape Memory Care features elegant architecture, interior decoration, and furnishings unmatched by other senior care communities in the area. We have drawn from our own experience ar incorporated the most successful concepts in memory loss care to create the physical environment, services, amenities, and activities program.

Features: 72-bed memory care community featuring both private and shared rooms; Private pay or MaineCare accepted; Secured environment for living; Personalized plans of care; Specially trained and carefully selected staff available 24/7.

Casco Inn Residential Care Facility

Contact:
Last Updated: 03/21/2024 3:25:15PM
Last Reviewed: 03/21/2024

Phones: (207) 627-6054 [Fax],
(207) 627-7199 [Business]*

Address: [Business]*
434 Roosevelt Trail
Casco, ME 04015 (Cumberland county)

Web Site: www.cascoinn.com

Eligibility: Accepts Mainecare/Medicaid

Notes: The Casco Inn is a 39 resident assisted living facility for the elderly. Our goal is to provide our residents with a comfortable home environment where they can be as independent and active as possible.

At The Casco Inn, beautiful outdoor areas abound. Sit and visit with friends, read a book, or simply enjoy the fres air and sounds of nature. Our facility has private and semi-private rooms, a lovely screened in porch as well as tw outdoor patios furnished for your comfort. Our Activity Program is active 6 days a week. Common activities includ bingo, pet therapy, karaoke, cooking, musical entertainment and a daily exercise program.

The Casco Inn is visited weekly by Dr. Carl Schuler and podiatrist Robert Taylor. There is also a on-site beauty parlor and barber shop.

Provider List - Assisted Living - Cumberland County

Country Village Assisted Living

Contact:
Last Updated: 04/03/2024 10:17:55AM
Last Reviewed: 03/22/2024

Phones: (207) 627-7111 [Business]*,
(207) 627-7505 [Fax]

Address: [Business]*
960 Meadow Road
Route 121
Casco, ME 04015 (Cumberland county)

Web Site: www.countryvillageal.com

Eligibility: Accepts Mainecare/Medicaid

Notes: Country Village Assisted Living has been established for over 30 years with the mission of providing high quality, person-centered care for our residents in a homelike environment. We are proud to be a Maine-based, family owned and operated residential care home providing various levels of assistance to the senior citizens in our community.

Programs and Services: ?Private and Semi-Private Rooms; Medicaid beds available; Licensed nursing personnel available 24 hours; Qualified staffing 24 hours per day, 7 days a week; Medical, Physical, and Social resources; "H me-cooked" meals, alternatives available to personal preference; Daily calendar/activity schedule posted monthly; Social outings and special events; Beauty and styling salon in house, beautician available weekly; Stair chair; Housekeeping and laundry service by staff; Adult daycare/Respite care; Living areas with cable TV, telephones, a WIFI; Private cable/phones available at own cost. Respite may be available, contact facility directly for more information and details.

Physical Disability Support - Arthritis, physical disabilities, and age-related conditions are some of the few circumstances that prevent individuals from caring for themselves. Our caregivers can assist you with daily tasks such as mobility, eating, exercising, and grooming.

Care for Dementia Patients - Our experienced and highly trained caregivers provide the highest quality of care to both patients and their families. Our goal is to help individuals and their loved ones live happy and fulfilling lives. a secure facility but have access to a wander guard system.

Provider List - Assisted Living - Cumberland County

Fallbrook Woods

Contact:
Last Updated: 04/03/2024 10:21:47AM
Last Reviewed: 03/22/2024

Phones: (207) 878-0788 [Business]*,
(207) 878-7734 [Fax]

Address: [Business]
60 Merrymeeting Drive
Portland, ME 04103 (Cumberland county)

Web Site: www.fallbrookwoods.com/

Eligibility: Accepts Mainecare/Medicaid

Notes: Fallbrook Woods provides individuals in need of memory support a life-enriching, secured environment, surrounde by compassionate and dedicated health-care professionals. All staff — including those in housekeeping, maintenance and dietary — are trained in how to relate to those with memory impairment. This training includes how to engage, redirect and nurture in a positive direction.

A Life Enrichment program, specialized for those with memory impairment, runs seven days a week, and into the evening. The program focuses on enabling the resident to be and feel successful by setting reachable goals and allowing them to lend a helping hand, if they choose. Each activity is specifically planned for the enjoyment of people living with dementia, we create our programs with a "failure-free" philosophy that respects each person's interests and abilities. In addition to scheduled activities, our staff provides a variety of small group and one-on-o Life Enrichment support throughout the day and often into the evening hours.

Short-Term Stays - Fallbrook Woods is pleased to offer the same top-notch care and amenities we have for permanent residents to those who just need a place to stay for the short-term. We charge a single daily rate, an provide all meals, laundry, housekeeping and care. A minimum of 3 week stay required. Contact facility directly fo more information and details.

Provider List - Assisted Living - Cumberland County

First Atlantic: Freeport Place

Contact:
Last Updated: 03/22/2024 9:05:49AM
Last Reviewed: 03/22/2024

Phones: (207) 865-3500 [Business]*

Address: [Business]*
4 Old County Road
Freeport, ME 04032 (Cumberland county)

Web Site: www.freeport-place.com/

Eligibility: Accepts Mainecare/Medicaid

Notes: Freeport Place is an assisted living facility for 30 residents and provides an environment that allows each resident achieve their highest level of independence. All the routines and comforts of home are in place with professional support available 24 hours a day.Our team works with you and your family to develop individualized goals and treatment programs appropriate to your care needs. Professional rehabilitation services can also be made availabl Care plans are developed which monitor progress and measure outcomes for clinical care and socialization.

Professional Services include:Primary Nursing – Consistent Assignment; Resident Care Director;Patient/Family Support and Education; Registered Nurse Consultant; Meals Customized for Needs/Preferences;Personal Care Attendants; Medication Supervision and Management;

Routine Health Status Assessments by Registered Nurses; Individualized Care Planning; Transportation Arranged for Outside Physician Visits; Optional Vegetarian Menu; Physician Oversight; Pharmacy Services.

Provider List - Assisted Living - Cumberland County

First Atlantic: Hawthorne House

Contact:
Last Updated: 04/05/2024 11:26:59AM
Last Reviewed: 04/05/2024

Phones: (207) 865-4782 [Business]*

Address: [Business]*
6 Old County Road
Freeport, ME 04032 (Cumberland county)

Web Site: www.hawthorne-healthcare.com/

Eligibility: Accepts Mainecare/Medicaid

Notes: Hawthorne House provides Skilled Nursing Care, Skilled Rehabilitation, Memory-impaired Living and Assisted Livin

Nursing Care - Hawthorne House has designed an environment that allows each person the ability to be as independent as possible. All the routines and comforts of daily living are in place, with professional nursing suppo 24 hours a day. Our professional staff include the following: Licensed Administrator; On-call Medical Director; Licensed Social Worker; 24 Hour Licensed Nursing Staff; Certified Nursing Assistants; Certified Activities Director; Certified Food Service Director; Registered Dietician Consultant; Consultant Pharmacist.

Rehabilitation Services -Hawthorne House's rehabilitation services are coordinated with your physician and our therapists. Every recovery program is specific to each person and designed to meet their unique and indvidual go .

Special Care Unit: Memory Care offers Family style dining; Enclosed and secure courtyard with gardens; Music & Memory Program Therapy; Reminiscence therapy; Specialized trained staff; Specialized activities.

Specialty Care Unit: Geri-psych; Private rooms; Activities; NAPPI trained staff; Cooking groups; Secure and enclosed courtyard; Psychiatric care team.

Other Services offered: Respite care; Hospice care; Spiritual services; Beautician and barbering services; Podiatry services; Wound care services. Plus a special wandering monitoring system provided for the safety of our resident

Provider List - Assisted Living - Cumberland County

Gorham House: SeniorLifestyle

Contact:
Last Updated: 11/14/2024 11:02:17AM
Last Reviewed: 04/23/2024

Phones: (207) 839-5757 [Business]*,
(207) 839-8263 [Fax]

Address: [Business]*
50 New Portland Road
Gorham, ME 04038 (Cumberland county)

Web Site: www.seniorlifestyle.com/property/maine/gorham-house/

Eligibility: Accepts Mainecare/Medicaid

Notes: Gorham House offers Independent Living, Assisted Living, Nursing Services (Skilled/Rehabilitation, Nursing Home Care, Comfort Care) and Memory Impaired care options.
**Not all communities at Gorham House accept Mainecare, see each community for more information.

The Independent Living communities at The Gorham House are apartment homes with access to professional team members, dining services, and other convenient amenities.
**PRIVATE PAY only, please call for current fee structure.

Assisted Living at the Gorham House for older adults with a need for assistance with daily activities, who want freedom from difficult home maintenance and chores, want more opportunities to enjoy life, socialize, and learn. Older adults who need daily assistance with household chores or personal care can benefit from the servic offered in the Assisted Living communities.
**PRIVATE PAY only, please call for rates.

Memory Care, 8 private and 20 semi-private apartments for people who have Alzheimer's or other related dementia. It is a totally secure unit that is carefully monitored by fully trained licensed staff. Therapeutic activities for the memory impaired are part of the program. Eligibility: Diagnosis of dementia and in need of a secured unit; must qualify for assisted living.
Please call for more information and current costs.
**Private pay required for 2 years before MaineCare accepted.

Windsor Common is a Skilled Rehab unit (20 beds) and fully Licensed Nursing Home (32 beds). Residents of Gorham House get priority placement in the skilled unit when needed. The focus is on short term rehabilitation. In addition to Occupational, Speech and Physical therapy services, the skilled unit also provides terminal care, pain management, wound care, oxygen therapy, diabetic training, and assistance with discharge planning. Nursing Home Care is provided in fully furnished private and double rooms. This unit is designed to care for people with limited physical mobility.
**Accepts Mainecare.

Gorham House also has a 17 bed geropsychiatric nursing facility, with both skilled nursing and intermediate care beds. The facility specializes in caring for patients who have a second diagnosis of mental illness. This nursing facility is specifically for individuals who have been diagnosed with a psychiatric illness.
**Referrals must be from Maine DHHS.

For more information call or visit https://www.seniorlifestyle.com/property/maine/gorham-house/

Provider List - Assisted Living - Cumberland County

Inn at Village Square

Contact:
Last Updated: 03/22/2024 9:20:38AM
Last Reviewed: 03/22/2024

Phones: (207) 839-5101 [Business]*

Address: [Business]*
123 School Street
Gorham, ME 04038 (Cumberland county)

Web Site: www.innatvillagesquare.org

Eligibility: Accepts Mainecare/Medicaid

Notes: Inn at Village Square, managed by Avesta Housing, has been providing Assisted Living services since 1999. The In is licensed for 37 residents, ensures that seniors 62 and older who find it difficult to live unassisted in their own residence can enjoy their independence while also being afforded the luxury of individual attention, incredible mea , and engaging activities in a safe, secure, and friendly environment. There is a dining room, activity room for soc functions, comfortably furnished common areas, an on-site salon/barbershop, and outdoor patios and a garden. Services included in the rates are 3 meals daily, medication administration, personal care assistance, housekeepin and laundry, 24-hour staffing with RN supervision, an emergency call system, and transportation for medical appointments. Inn at Village Square is not licensed for dementia care. Short term respite care can be arranged depending upon bed availability. Please call to confirm daily rate, for more information, and/or an application.

Island Commons Assisted Living

Contact:
Last Updated: 05/16/2025 11:32:29AM
Last Reviewed: 03/22/2024

Phones: (207) 846-5610 [Business]*,
(207) 846-9706 [Business Fax],
(207) 846-4456 [Other]

Address: [Business]*
132 Littlefield Road
Chebeague Island, ME 04017 (Cumberland county

Web Site: www.islandcommons.com

Eligibility: Accepts Mainecare/Medicaid

Notes: Island Commons is Chebeague Island's 7-bed Assisted Living Home providing Residential Care, Respite Care, and Adult Day Care. The Chebeague Cares program provides in-home assistance with tasks of daily living. Through Island Commons Resource Center (ICRC), they also provide an equipment loan closet designed to serve the Islan community. We are a MaineCare provider.

Adult Day Services - Island Commons can accommodate two additional adults each day for health monitoring, res and personal care services in addition to a group program of meals, therapeutic activities, medication administration, supervision, and companionship. This valuable program is available to any elder on Chebeague wh wishes to spend a day with others, share a meal and participate in group or individual activities.

RESPITE CARE - 24-hour care is available for short term on a space available basis to provide rest for family members caring for their elders at home. Respite care recipients are provided with meals, assistance with activitie or daily living, medication administration, group activities, on-island transportation, individual activities, supervisio and companionship. As with long-term residents, skilled nursing, physical therapy, occupational therapy and spee therapy services can be provided at the Island Commons by mainland home health agencies. Respite care can be from one 24-hour day to weeks at a time.

Provider List - Assisted Living - Cumberland County

Maine Veterans Home: Scarborough

Contact:
Last Updated: 11/14/2024 11:09:11AM
Last Reviewed: 03/21/2024

Phones: (207) 883-7184 [Business],
(800) 278-9494 [Toll-Free]*

Address: [Business]*
290 US Route 1
Scarborough, ME 04074 (Cumberland county)

Web Site: www.mainevets.org/scarborough/

Eligibility: Accepts Mainecare/Medicaid

Notes: The Maine Veterans' Home in Scarborough have 120 beds providing long term care, short term skilled nursing car memory care, rehabilitation and therapy services. 30 beds for assisted living residential care for those in the early stages of dementia; Respite care; On-site Medical Director and Physician Services; 24-hour RN coverage; Clinical site for educational and training programs. MVH has a team of highly skilled healthcare professionals, trained specifically to care for the physical and emotional needs of Veterans. Offer individualized care plans for each resident integrating nursing care, rehab & therapies, and recreational activities.

Oceanview at Falmouth

Contact:
Last Updated: 04/03/2024 10:25:25AM
Last Reviewed: 03/26/2024

Phones: (207) 781-4460 [Business]*,
(207) 781-4621 [Business]

Address: [Business]*
20 Blueberry Lane
Falmouth, ME 04105 (Cumberland county)

Web Site: www.oceanviewrc.com

Eligibility:

Notes: The OceanView campus for ages 55+ includes Independent Living options in cottage residences or apartments, a well as Assisted living and Memory Care. Please call for more information and the application process details including current fee structure. For independent community please call 207-781-4460 and for assisted living or memory care residence, please call 207-781-4621. Respite/short-term stays may be available on Memory Care an Assisted Living, contact facility directly for more information and details.

Falmouth House offers a vibrant community to help seniors live life to the fullest, while providing daily assistance. Residents of OceanView have priority access to Falmouth House, where each individual is actively involved in thei own personalized care plan, delivered by certified staff and supervised by licensed professional nurses 24-hours a day. Private apartments, sitting areas, libraries, dining and activity rooms with access to gardens. The Life Enrichment Program offers a wide variety of stimulating options. Designed to increase each resident's intellectual, physical, spiritual and social well-being, Chef-prepared meals are provided each day, along with medication management and discreet personal assistance with activities of daily living, as needed.

Legacy Memory Care at OceanView provides a uniquely designed, secure community for individuals with memory loss and dementia. Our person-centered focus ensures that every resident enjoys meaningful life experiences and the feeling of success every day. With 29 private apartments, this secure, state-of-the-art memory care residence designed to provide implicit cues to areas of activity through the special use of architecture and color. Habilitatio Therapy Programming enriches the quality of life of our residents.

Provider List - Assisted Living - Cumberland County

One Willow Manor Assisted Living Facility

Contact:
Last Updated: 03/26/2024 11:57:57AM
Last Reviewed: 03/26/2024

Phones: (207) 799-2615 [Business]*

Address: [Business]*
97 School Street
South Portland, ME 04106 (Cumberland county)

Web Site:

Eligibility: Accepts Mainecare/Medicaid

Notes: One Willow Manor is a small, family operated assisted living facility with 6 beds. Services include 24 hour supervision, 3 meals/day, personal care assistance, laundry, housekeeping, and medication dispensing. The facilit strives to maintain a home-like atmosphere. They cannot accommodate residents with wheelchairs. Please call foı more information, a tour, or an appointment ask for Cindy.

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Provider List - Assisted Living - Cumberland County

Piper Shores

Contact:
Last Updated: 04/03/2024 10:27:20AM
Last Reviewed: 03/26/2024

Phones: (207) 883-8700 [Main]*,
(888) 333-8711 [Toll-Free]

Address: [Business]*
15 Piper Road
Scarborough, ME 04074 (Cumberland county)

Web Site: www.pipershores.org

Eligibility:

Notes: Piper Shores is a lifecare retirement community that provides residents with the peace of mind knowing that lifecare combines all the advantages of independent living plus priority access to onsite assisted living and skilled nursing care, if needed. Lifecare at Piper Shores also means that you will always have a predictable monthly payment for assisted living and nursing home care.

Independent living apartments located in the Oceanside Campus overlooking Casco Bay offers a café, dining room health clinic, library, convenience store, or cocktail lounge. Features sixteen different styles to fit any residents' needs. Ranging from studios and one-bedrooms units to two- bedroom units with a den.

The Meadows independent living cottages at Piper Shores' are ideal for those transitioning from private homes to life in an active retirement community. Privately situated in a lovely wooded grove a short stroll from Oceanside's main building. Features full kitchens, vaulted ceilings, fireplace, garage, ample storage space, sunrooms, private terraces, and daylight basements.

Assisted living residences at Holbrook feature private one-bedroom apartments. Personal care, therapy coordinati , transportation scheduling, housekeeping and laundry services are all provided. Respite may be available, contac facility directly for more information and details.

Holbrook's Wayland House Memory Care offers the secure environment. Our PersonFirst® approach to memory care focuses attention on the individual needs, personality, and desires of each of our residents. Respite currently not available on Memory Care.

Holbrook Skilled Nursing offers private rooms for short-term rehabilitation, respite care and long-term nursing car All rooms are presently available on a first come, first served basis, with Piper Shores residents receiving first priority. Dually certified by the State of Maine, Holbrook welcomes both private pay and Medicare patients, accept direct admissions, and offers competitive rates.

Please call for more information about Piper Shores, current availability and fee structure.

Provider List - Assisted Living - Cumberland County

Portland Center for Assisted Living

Contact:
Last Updated: 03/26/2024 12:08:49PM
Last Reviewed: 03/26/2024

Phones: (207) 772-3230 [Fax],
(207) 772-2893 [Business]*

Address: [Business]*
68 Devonshire Street
Portland, ME 04103 (Cumberland county)

Web Site: www.pcalmaine.com

Eligibility: Accepts Mainecare/Medicaid

Notes: Located in the heart of Maine's largest city, Portland Center for Assisted Living provides accommodations for 170 Residents, including 28 secure living spaces for those who are memory impaired. Devonshire Place at PCAL recognizes the unique needs of individuals with memory loss. We believe in the dignity of those we serve by recognizing their physical, emotional and spiritual needs. We strive to assist every individual to achieve their highe level of well being with a tailored atmosphere allowing them to flourish.

The rooms are fully furnished, but residents are welcome to bring personal belongings. Services included in the rates are housekeeping, laundry services, medication administration, 3 meals/day, snacks available anytime, limit assistance with bathing and dressing, and transportation to medical appointments and recreational activities. Plea call for an informational packet and/or a tour of the facility. Mainecare accepted.

Prince Point

Contact:
Last Updated: 04/04/2024 9:20:06AM
Last Reviewed: 04/04/2024

Phones: (207) 781-4714 [Business]*,
(207) 781-8201 [Other]

Address: [Residence]*
191 Foreside Rd
Falmouth, ME 04105 (Cumberland county)

Web Site: www.dltchealthcare.com/princepoint/

Eligibility: Accepts Mainecare/Medicaid

Notes: Prince Point is an 84 bed residential care facility in Falmouth, Maine. Prince Point is located just minutes from downtown Falmouth, Portland and surrounding suburbs. Provides assisted living, with medical care under the direction of the resident's attending physician. We provide: 24-hour staffing, Medication Administration, care planning, local transportation, Dietary services, Housekeeping, Laundry, Activities.
They do not offer Memory care or respite at this time.
They will accept Mainecare with no private pay requirement.

Provider List - Assisted Living - Cumberland County

Scarborough Terrace

Contact:
Last Updated: 03/26/2024 12:15:36PM
Last Reviewed: 03/26/2024

Phones: (207) 503-4133 [Business]*

Address: [Business]*
600 Commerce Drive
Scarborough, ME 04074 (Cumberland county)

Web Site: www.scarboroughterrace.com

Eligibility:

Notes: Scarborough, Terrace is a senior living community offers a range of living options to provide as much or as little assistance as you need. Choose from Assisted Living, Memory Care, and Respite Care, to get the right level of support from our caring, expert team. We are committed to serving our residents in a way that provides comfort and fulfillment.

Scarborough Terrace offers studio, 1BR and 2BR suites and offers residents a full complement of supportive services and amenities including social, cultural, and educational activities. Services include 3 meals/day, transportation for medical appointments, laundry, housekeeping and emergency response systems.

There is a 24/7 staff of nursing assistants, coordinated by a registered nurse, to help with personal care and medication management. Respite care is available (reservations are accepted) for seniors when their families are away or they need a break from their routine. Scarborough Terrace also provides accommodations on a short-ter basis for seniors requiring recovery time from a fall, surgery or an illness. Please call to arrange a tour, interview for admission, and/or to discuss respite suite availability.

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Provider List - Assisted Living - Cumberland County

Scarborough Terrace Memory Program

Contact:
Last Updated: 03/26/2024 12:15:17PM
Last Reviewed: 03/26/2024

Phones: (207) 503-4133 [Business]*

Address: [Business]*
600 Commerce Drive
Scarborough, ME 04074 (Cumberland county)

Web Site: www.scarboroughterrace.com/

Eligibility: Other - See Notes

Notes: The Rose Garden—with its cozy, light-filled and intimate setting—is home to our specialized memory care program available to residents with Alzheimer's, dementia, and other forms of memory loss. Every resident is cared for by our compassionate, skilled team of professionals with many years of knowledge and experience. Our memory care program is much smaller than others in the area, so our residents receive very personalized attention and enjoy home-like intimacy.

At Scarborough Terrace, our program of dedicated life-enhancing support for memory care residents includes: A team of care professionals devoted to providing 24-hour resident assistance; A higher staff to resident ratio ensuring individualized care; A calming environment, using validation techniques and established routines; Activities designed to stimulate memory and the senses, and to foster enjoyment of life; Life skill activities to encourage involvement in daily living tasks; Individualized programs to stimulate previous interests and promote wellbeing; Wellness and exercise programs to maintain physical abilities; Nutritious meals catering to individual needs and choices; Secure indoor and outdoor environments that protect against wander risk, while also allowing for supervised access to the property's other services and amenities as appropriate; Ongoing communication with residents, families, and professional team members to carry out an individualized plan of care.

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Provider List - Assisted Living - Cumberland County

Seventy Five State Street

Contact:
Last Updated: 03/26/2024 12:21:58PM
Last Reviewed: 03/26/2024

Phones: (207) 618-8775 [Business Fax],
(207) 775-7775 x 2224 [Business]*

Address: [Business]*
75 State Street
Portland, ME 04101 (Cumberland county)

Web Site: www.75statestreet.org

Eligibility: Accepts Mainecare/Medicaid

Notes: 75 State Street is a nonprofit senior community offering a continuum of care that includes Independent Living anc Assisted Living. Our mission is to promote the independence, dignity, and individuality of older people of all financ abilities by offering supportive programs and services in an urban, residential setting. We provide a wide variety c amenities and services tailored for residents living independently and residents needing additional assistance.

Independent Living offers a safe, supportive environment where you can age in place. Offers: Varied rental units ranging from studios to spacious 1,300 square feet two-bedroom apartments; Designated parking spaces; Daily activities, fitness, and wellness programs; 24-hour emergency response.

The Assisted Living service package is all-inclusive, with all the needed care for one set price. Our medical staff ca be involved in all aspects of your health and well being, while our care team can assist you with all of your activiti of daily living. 75 State Street is a MaineCare eligible community. Offering: Private studios, suites and one bedroo rental units; 24-hour healthcare staff for assistance and emergency response; Three restaurant-style meals per da ; Daily community engagement activities.

Call for more information and rates.

Stroudwater Lodge

Contact:
Last Updated: 12/17/2024 2:42:35PM
Last Reviewed: 12/17/2024

Phones: (207) 854-8333 [Business]*

Address: [Business]*
116 Landing Road
Westbrook, ME 04092 (Cumberland county)

Web Site: www.northbridgecommunities.com/stroudwater-lodge/

Eligibility:

Notes: Specializing in Independent and Assisted Living, Stroudwater Lodge provides an exceptional lifestyle experience – one where you will find secure, supportive services and the social atmosphere you need and want without giving the traditions and independence you cherish.

Provider List - Assisted Living - Cumberland County

The Cedars

Contact:
Last Updated: 03/26/2024 12:22:48PM
Last Reviewed: 03/26/2024

Phones: (207) 221-7000 [Main]*,
(207) 772-6038 [Fax],
(207) 772-5456 [Business]

Address: [Business]*
620 - 640 Ocean Avenue
Portland, ME 04103 (Cumberland county)

Web Site: www.thecedarsportland.org

Eligibility: Accepts Mainecare/Medicaid

Notes: The Cedars offers independent living, assisted living, Memory Care, rehabilitation and Nursing/skilled care options ***Long Term Care Mainecare is ONLY accepted at the Nursing/skilled care level.

The Atrium is the 61 unit independent living community. Housekeeping, linen service, maintenance, choice of mea plan, and optional social, and recreational programs are included in the monthly fee. Pets, including indoor cats a small dogs, are allowed with permission. **Private pay, please call FMI and for current fee structure - independer living requires an entrance fee.

Assisted living at The Osher offers the privacy of your own apartment while providing personal support when you need it. Our staff will help you with activities like bathing, dressing and taking your medications – all under the supervision of a registered nurse. With three nutritious meals daily, a calendar of programs and events, housekeeping and laundry services. **Assisted Living is private pay, please call FMI and for current fee structure.

On-site nursing is available at the Rehabilitation Center and the Skilled Care Center at the Cedars. Mainecare is accepted in the Skilled Care Center.

The Sam L. Cohen Households at The Cedars, offering Memory Care Assisted Living and Long-term, Skilled Nursin Care are like nothing Maine's older adults have seen before. Welcoming private rooms and baths. Cozy and comfortable common spaces. Innovative programs and therapies. **Private pay, please call FMI and for current f structure.

Cedars also offers fine dining take-out Kosher meals. Meal items available correspond with the menu items available to Cedars' Nursing Home residents. Please call dietary department 772-5456 to order meal (s) 2 days in advance, FMI, and to confirm costs. Meals are picked up at the reception desk and are paid for when picked up.

Provider List - Assisted Living - Cumberland County

The Enclave of Scarborough

Contact:
Last Updated: 11/14/2024 10:45:35AM
Last Reviewed: 11/14/2024

Phones: (888) 240-7198 [Business]

Address: [Business]*
18 Black Point Rd
Scarborough, ME 04074 (Cumberland county)

Web Site: www.enclaveatsouthportland.com

Eligibility:

Notes: The Enclave of Scarborough is a stately senior living community offering assisted living and memory care.

Lilac Trace Memory Care Neighborhoods- daily acuity programs are personalized to your loved one's cognitive and physical abilities, helping them flourish in our Lilac Trace Neighborhood. They will maintain their sense of self, contribute actively, and engage in meaningful social roles. Building from research-backed care philosophies, we help residents with cognitive and memory conditions like Alzheimer's disease and other forms of dementia live life with dignity and a sense of belonging. Each Lilac Trace team is led by Certified Dementia Practitioners (CDP).

Respite care, also known as short-term stays, is a period of temporary accommodation that offers a relief to caregivers. Respite care is tailored to individual needs, providing a unique opportunity for short-term visitors to receive the same high-quality care as our permanent residents. Contact facility directly for more information and details.

Provider List - Assisted Living - Cumberland County

The Grande at South Portland

Contact:
Last Updated: 11/14/2024 10:41:26AM
Last Reviewed: 03/21/2024

Phones: (207) 900-1067 [Business]*,
(888) 202-0640 [Toll free out]

Address: [Residence]*
25 Country Club Rd
South Portland, ME 04106 (Cumberland county)

Web Site: www.grandeatsouthportland.com

Eligibility:

Notes: Bridge Senior Living has been proudly serving the residents of South Portland at their sister community, The Encla at Scarborough, since 2019.

Offers Assisted living and personal care are for those who need extra help managing day-to-day living. Highly professional, highly compassionate, certified care. Their Wellness Impact program showcases their commitment t care, collaboration, and technology. It starts with a personal care plan and provides comprehensive care with the type of features you want and deserve: Assistance with personal needs: dressing, bathing, and personal care, Medication management, In-house pharmacy, In-house therapy, Health care coordination with your personal heal care providers, Electronic medication administration and electronic health records.

Lilac Trace Memory Care Neighborhoods: Each Lilac Trace team is led by Certified Dementia Practitioners (CDP) who go above and beyond to make every moment special for our residents. They offer daily acuity programs personalized to your loved one's cognitive and physical abilities, helping them flourish in our Lilac Trace Neighborhood. They will maintain their sense of self, contribute actively, and engage in meaningful social roles. With a diverse calendar of events, we promote a psychosocial and active lifestyles, incorporating social, education , nutritional, emotional, and spiritual expressions. Building from research-backed care philosophies, we help residents with cognitive and memory conditions like Alzheimer's disease and other forms of dementia live life with dignity and a sense of belonging.

The Heron House

Contact:
Last Updated: 03/26/2024 11:15:19AM
Last Reviewed: 03/26/2024

Phones: (207) 781-2408 [Business]*

Address: [Business]*
92 US Route 1
Cumberland Foreside, ME 04110 (Cumberland county)

Web Site: www.heronhousemaine.com

Eligibility:

Notes: The Heron House is family owned and operated. The Heron House has 23 private rooms, each with its own 1/2 ba ; the facility is all on a single level. Services offered: 24/7 care support; Home cooked meals; Medication and treatment management; Memory care; Daily social programs; Daily housekeeping; Laundry services; Household maintenance; In-home physician services; In-home rehab services; On-site beauty salon; End of life care. Respite care can be arranged if there are vacant beds. Please call for more information about admission, including respite care; may tour the facility any at time.

Provider List - Assisted Living - Cumberland County

The Landing at Cape Elizabeth

Contact:
Last Updated: 07/29/2025 1:20:20PM
Last Reviewed: 03/26/2024

Phones: (207) 799-7332 [Business]*,
(207) 799-7334 [Business Fax]

Address: [Business]*
78 Scott Dyer Road
Cape Elizabeth, ME 04107 (Cumberland county)

Web Site: www.thelandingsmaine.com

Eligibility:

Notes: The Landing offers independent and assisted living services. Services offered: Three Delicious Meals served in the Marshview Dining Room; Social Engagement Programming 7 Days a Week; Housekeeping and Linen Services; Scheduled Transportation; Short-Stay Respite Program.

Additional Assisted Living Services: 24-Hour Personal Care Services; Nursing Services Onsite or On Call 24/7; Medication Administration; Independent & Assisted Living Features; Private Studio, One- and Two-Bedroom Apartments; Sun-Filled Common Areas Throughout the Building; Comfortable Outdoor Spaces Such as Courtyards and Patios; The Salty Dog Pub; The Landing Place Gardens.

Offering Inspired Life which a Lifestyle and Activities Program for our residents at The Landing at Cape Elizabeth. is a signature comprehensive activity program that encompasses new experiences and enriches old favorites. The program is thoughtfully designed to allow our residents to enjoy a full and purposeful life. The goal of Inspired Lif is to provide predictable, balanced programs that incorporate the latest research in holistic living environments an socially purposeful activities to create a feeling of wellbeing in seniors. It is a mix of active and sedentary, familiar and new, comfortable, and challenging. Program.

The Mooring at the Downs

Contact:
Last Updated: 11/14/2024 10:43:17AM
Last Reviewed: 11/14/2024

Phones: (207) 303-8754 [Business]*

Address: [Residence]*
7 Mill Commons Dr
Scarborough, ME 04074 (Cumberland county)

Web Site: www.themooringatthedowns.com/

Eligibility:

Notes: Situated in one of Scarborough's newest neighborhoods, The Mooring at The Downs is at the heart of everything Southern Maine has to offer. Designed to serve the specific needs of individuals living with dementia, Alzheimer's Disease and other forms of progressive memory loss.

The Mooring sets new standards for assisted living – going far beyond traditional institutional care and nursing home models. At The Mooring, housemates experience customized, resident-centric care in a home-like setting – with programming that leverages cognitive strengths, preserves autonomy and respects individuality.

Provider List - Assisted Living - Cumberland County

The Mooring on Foreside

Contact:
Last Updated: 11/14/2024 10:44:16AM
Last Reviewed: 11/14/2024

Phones: (207) 489-9614 [Business]*

Address: [Residence]*
301 Route One
Cumberland Foreside, ME 04110 (Cumberland county)

Web Site: www.themooringonforeside.com/

Eligibility:

Notes: The Mooring on Foreside was designed to serve the specific needs of those suffering with dementia, Alzheimer's Disease and other forms of progressive memory loss. The Mooring transcends traditional institutional care and nursing home models, providing customized resident-centric care, with programming designed to leverage cogniti strengths, preserve autonomy and respect individuality.

The Mooring on Foreside represents the evolution of specialized assisted living: a purpose-designed solution for individuals living with progressive memory loss. Developed over the course of a decade by an experienced team c memory care consultants, every aspect of The Mooring represents a best practice observed or envisioned and tailored to the needs of memory care clients – including those with Alzheimer's disease and other forms of progressive dementia – seeking responsive, specialized care.

The Park Danforth: Clark's Terrace

Contact:
Last Updated: 03/26/2024 12:28:57PM
Last Reviewed: 03/26/2024

Phones: (207) 797-7710 [Business]*,
(207) 878-9543 [Business Fax]

Address: [Business]*
777 Stevens Avenue
Portland, ME 04103 (Cumberland county)

Web Site: www.parkdanforth.com

Eligibility: Accepts Mainecare/Medicaid

Notes: Clark's Terrace is an assisted living program with 36 standard and deluxe studio suites, each featuring a kitchenet , private bath, and emergency call system. The standard service package includes: three meals/day, social activiti program, service coordination, housekeeping, 24/7 personal care staff, transportation to grocer and medical appointments, nutritional counseling, medication supervision and administration, personal care services, nursing supervision of health issues, personal laundry service. There are daily activities scheduled such as Bingo, bowling, shopping and entertainment trips. Please call or visit the website for current rates, more information, to arrange a tour, and for an application.

Note: Currently there is a short waiting list for private pay applicants. For those applying under the MaineCare lon term care program, there is a waiting list of approximately three or more years.

Provider List - Assisted Living - Cumberland County

Woodlands Memory Care of Bridgton

Contact:
Last Updated: 03/26/2024 11:44:38AM
Last Reviewed: 03/21/2024

Phones: (207) 803-6615 [Business]*,
(207) 544-5144 [Fax]

Address: [Residence]*
200 North High St
Bridgton, ME 04009 (Cumberland county)

Web Site: www.woodlandsmaine.com/location/bridgton/

Eligibility: Accepts Mainecare/Medicaid

Notes: Woodlands Memory Care of Bridgton is the first and only purpose-built senior living community in the Bridgton are designed exclusively to address the unique needs of individuals living with Alzheimer's disease and related memor impairments.

This 24,000 square-foot community features the latest developments for memory care including abundant natural light, home-scaled areas for resident engagement and safety systems. An onsite beauty salon, physical and occupational therapy center, and a large outside courtyard with walking paths, gardens and gazebos are just som of the amenities.

Features: 48-bed memory care community featuring 16 private and 16 shared rooms; Private pay and MaineCare accepted; Secured environment for living; Personalized plans of care; Specially trained and carefully selected staff available 24/7.

This resource information is provided as a service of AgeMaine, 30 Barra Road, Biddeford, ME 04005, 1-800-427-7411. AgeMaine does not licence, endorse or recommend any specific provider, nor can we guarantee the quality of service from providers.