Provider List - Assisted Living - Cumberland & York Counties - Dementia Speciality - Mainecare Accepted

Avita of Stroudwater

Contact:
Last Updated: 07/29/2025 1:16:55PM
Last Reviewed: 07/29/2025

Phones: (207) 857-9007 [Business]*

Address: [Business]*
Avita Of Stroudwater
113 Landing Rd
Westbrook, ME 04092 (Cumberland county)

Web Site: www.northbridgecommunities.com/avita-of-stroud water/

Eligibility: Accepts Mainecare/Medicaid

Notes: Avita of Stroudwater is a 60 unit community that offers assisted living services in private and semi-private apartments for people age 62 and older in need of memory care.
Please call for current fee structure and more information about admission procedure. Private pay required for ar initial period before Mainecare accepted after 2 years of private pay.
Avita also has an adult day program for seniors with memory issues. They require a 3 day minimum and can go u to 5 days a week. Hours are from 9 a.m. to 4 p.m. Call Avita for more information.

Avita of Wells

Contact:
Last Updated: 11/06/2024 1:07:17PM
Last Reviewed: 03/21/2024

Phones: (207) 646-5444 [Fax],
(207) 646-3444 [Business]*

Address: [Business]*
86 Sanford Rd.
Wells, ME 04090 (York county)

Web Site: www.northbridgecommunities.com/avita-of-wells/

Eligibility: Accepts Mainecare/Medicaid

Notes: Private and semi-private apartments in a separate and secure environment to support residents with Alzheimer's and other memory impairments. **** Mainecare possibly after a period of private pay. Call for more information.

Avita's surroundings are thoughtfully designed to be homelike and familiar. Apartments are clustered in small neighborhoods to minimize confusion and agitation and maximize the sense of freedom and comfort.

At Avita, they believe nature plays an important role in the health and happiness of their residents. Each neighborhood is designed with a safe and secure outdoor garden area with pathways for wandering, opportunities for gardening and various seating areas to soak in the sights and sounds of nature.

Avita of Wells also has an adult day center that is open Monday through Friday, 9 a.m. to 4 p.m. Open to anyone needing care. Please call for pricing.

This resource information is provided as a service of AgeMaine, 30 Barra Road, Biddeford, ME 04005, 1-800-427-7411. AgeMaine does not licence, endorse or recommend any specific provider, nor can we guarantee the quality of service from providers.

Provider List - Assisted Living - Cumberland & York Counties - Dementia Speciality - Mainecare Accepted

Bella Point Bridgton

Contact:
Last Updated: 04/04/2024 3:39:59PM
Last Reviewed: 03/21/2024

Phones: (207) 647-8821 [Business]

Address: [Business]*
186 Portland Road
Bridgton, ME 04009 (Cumberland county)

Web Site: www.dltchealthcare.com/bella-point-bridgton/

Eligibility: Accepts Mainecare/Medicaid

Notes: Bella Point Bridgton is a residential care facility in a beautiful country like setting. 57 residents can reside in this spacious home-like setting with a fish tank, large dining room, several outdoor spaces and many living rooms. Ma of the double rooms are quite large and allow for residents bringing their personal belongings from home. Provide Local transportation; Dietary services; Housekeeping; Laundry; Activities.

Cape Memory Care

Contact:
Last Updated: 11/14/2024 10:59:51AM
Last Reviewed: 03/21/2024

Phones: (207) 553-9616 [Business]*

Address: [Business]*
126 Scott Dyer Road
Cape Elizabeth, ME 04107 (Cumberland county)

Web Site: www.woodlandsmaine.com

Eligibility: Accepts Mainecare/Medicaid

Notes: Cape Memory Care was constructed in 2010 to meet the growing need for high-quality memory care in the greate Portland area. Located in the beautiful and historic town of Cape Elizabeth, this gracious and comfortable environment for living was designed specifically for individuals living with Alzheimer's disease, dementia or other related memory impairments.

Thoughtfully designed, our memory care community offers family members peace of mind that their loved one is a secure and comforting environment. Cape Memory Care features elegant architecture, interior decoration, and furnishings unmatched by other senior care communities in the area. We have drawn from our own experience ar incorporated the most successful concepts in memory loss care to create the physical environment, services, amenities, and activities program.

Features: 72-bed memory care community featuring both private and shared rooms; Private pay or MaineCare accepted; Secured environment for living; Personalized plans of care; Specially trained and carefully selected staff available 24/7.

Provider List - Assisted Living - Cumberland & York Counties - Dementia Speciality - Mainecare Accepted

Country Village Assisted Living

Contact:
Last Updated: 04/03/2024 10:17:55AM
Last Reviewed: 03/22/2024

Phones: (207) 627-7111 [Business]*,
(207) 627-7505 [Fax]

Address: [Business]*
960 Meadow Road
Route 121
Casco, ME 04015 (Cumberland county)

Web Site: www.countryvillageal.com

Eligibility: Accepts Mainecare/Medicaid

Notes: Country Village Assisted Living has been established for over 30 years with the mission of providing high quality, person-centered care for our residents in a homelike environment. We are proud to be a Maine-based, family owned and operated residential care home providing various levels of assistance to the senior citizens in our community.

Programs and Services: ?Private and Semi-Private Rooms; Medicaid beds available; Licensed nursing personnel available 24 hours; Qualified staffing 24 hours per day, 7 days a week; Medical, Physical, and Social resources; "H me-cooked" meals, alternatives available to personal preference; Daily calendar/activity schedule posted monthly; Social outings and special events; Beauty and styling salon in house, beautician available weekly; Stair chair; Housekeeping and laundry service by staff; Adult daycare/Respite care; Living areas with cable TV, telephones, a WIFI; Private cable/phones available at own cost. Respite may be available, contact facility directly for more information and details.

Physical Disability Support - Arthritis, physical disabilities, and age-related conditions are some of the few circumstances that prevent individuals from caring for themselves. Our caregivers can assist you with daily tasks such as mobility, eating, exercising, and grooming.

Care for Dementia Patients - Our experienced and highly trained caregivers provide the highest quality of care to both patients and their families. Our goal is to help individuals and their loved ones live happy and fulfilling lives. a secure facility but have access to a wander guard system.

Provider List - Assisted Living - Cumberland & York Counties - Dementia Speciality - Mainecare Accepted

Fallbrook Woods

Contact:
Last Updated: 04/03/2024 10:21:47AM
Last Reviewed: 03/22/2024

Phones: (207) 878-0788 [Business]*,
(207) 878-7734 [Fax]

Address: [Business]
60 Merrymeeting Drive
Portland, ME 04103 (Cumberland county)

Web Site: www.fallbrookwoods.com/

Eligibility: Accepts Mainecare/Medicaid

Notes: Fallbrook Woods provides individuals in need of memory support a life-enriching, secured environment, surrounde by compassionate and dedicated health-care professionals. All staff — including those in housekeeping, maintenance and dietary — are trained in how to relate to those with memory impairment. This training includes how to engage, redirect and nurture in a positive direction.

A Life Enrichment program, specialized for those with memory impairment, runs seven days a week, and into the evening. The program focuses on enabling the resident to be and feel successful by setting reachable goals and allowing them to lend a helping hand, if they choose. Each activity is specifically planned for the enjoyment of people living with dementia, we create our programs with a "failure-free" philosophy that respects each person's interests and abilities. In addition to scheduled activities, our staff provides a variety of small group and one-on-o Life Enrichment support throughout the day and often into the evening hours.

Short-Term Stays - Fallbrook Woods is pleased to offer the same top-notch care and amenities we have for permanent residents to those who just need a place to stay for the short-term. We charge a single daily rate, an provide all meals, laundry, housekeeping and care. A minimum of 3 week stay required. Contact facility directly fo more information and details.

Provider List - Assisted Living - Cumberland & York Counties - Dementia Speciality - Mainecare Accepted

First Atlantic: Hawthorne House

Contact:
Last Updated: 04/05/2024 11:26:59AM
Last Reviewed: 04/05/2024

Phones: (207) 865-4782 [Business]*

Address: [Business]*
6 Old County Road
Freeport, ME 04032 (Cumberland county)

Web Site: www.hawthorne-healthcare.com/

Eligibility: Accepts Mainecare/Medicaid

Notes: Hawthorne House provides Skilled Nursing Care, Skilled Rehabilitation, Memory-impaired Living and Assisted Livin

Nursing Care - Hawthorne House has designed an environment that allows each person the ability to be as independent as possible. All the routines and comforts of daily living are in place, with professional nursing suppo 24 hours a day. Our professional staff include the following: Licensed Administrator; On-call Medical Director; Licensed Social Worker; 24 Hour Licensed Nursing Staff; Certified Nursing Assistants; Certified Activities Director; Certified Food Service Director; Registered Dietician Consultant; Consultant Pharmacist.

Rehabilitation Services -Hawthorne House's rehabilitation services are coordinated with your physician and our therapists. Every recovery program is specific to each person and designed to meet their unique and indvidual go .

Special Care Unit: Memory Care offers Family style dining; Enclosed and secure courtyard with gardens; Music & Memory Program Therapy; Reminiscence therapy; Specialized trained staff; Specialized activities.

Specialty Care Unit: Geri-psych; Private rooms; Activities; NAPPI trained staff; Cooking groups; Secure and enclosed courtyard; Psychiatric care team.

Other Services offered: Respite care; Hospice care; Spiritual services; Beautician and barbering services; Podiatry services; Wound care services. Plus a special wandering monitoring system provided for the safety of our resident

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Provider List - Assisted Living - Cumberland & York Counties - Dementia Speciality - Mainecare Accepted

Gorham House: SeniorLifestyle

Contact:
Last Updated: 11/14/2024 11:02:17AM
Last Reviewed: 04/23/2024

Phones: (207) 839-5757 [Business]*,
(207) 839-8263 [Fax]

Address: [Business]*
50 New Portland Road
Gorham, ME 04038 (Cumberland county)

Web Site: www.seniorlifestyle.com/property/maine/gorham-house/

Eligibility: Accepts Mainecare/Medicaid

Notes: Gorham House offers Independent Living, Assisted Living, Nursing Services (Skilled/Rehabilitation, Nursing Home Care, Comfort Care) and Memory Impaired care options.
**Not all communities at Gorham House accept Mainecare, see each community for more information.

The Independent Living communities at The Gorham House are apartment homes with access to professional team members, dining services, and other convenient amenities.
**PRIVATE PAY only, please call for current fee structure.

Assisted Living at the Gorham House for older adults with a need for assistance with daily activities, who want freedom from difficult home maintenance and chores, want more opportunities to enjoy life, socialize, and learn. Older adults who need daily assistance with household chores or personal care can benefit from the servic offered in the Assisted Living communities.
**PRIVATE PAY only, please call for rates.

Memory Care, 8 private and 20 semi-private apartments for people who have Alzheimer's or other related dementia. It is a totally secure unit that is carefully monitored by fully trained licensed staff. Therapeutic activities for the memory impaired are part of the program. Eligibility: Diagnosis of dementia and in need of a secured unit; must qualify for assisted living.
Please call for more information and current costs.
**Private pay required for 2 years before MaineCare accepted.

Windsor Common is a Skilled Rehab unit (20 beds) and fully Licensed Nursing Home (32 beds). Residents of Gorham House get priority placement in the skilled unit when needed. The focus is on short term rehabilitation. In addition to Occupational, Speech and Physical therapy services, the skilled unit also provides terminal care, pain management, wound care, oxygen therapy, diabetic training, and assistance with discharge planning. Nursing Home Care is provided in fully furnished private and double rooms. This unit is designed to care for people with limited physical mobility.
**Accepts Mainecare.

Gorham House also has a 17 bed geropsychiatric nursing facility, with both skilled nursing and intermediate care beds. The facility specializes in caring for patients who have a second diagnosis of mental illness. This nursing facility is specifically for individuals who have been diagnosed with a psychiatric illness.
**Referrals must be from Maine DHHS.

For more information call or visit https://www.seniorlifestyle.com/property/maine/gorham-house/

Provider List - Assisted Living - Cumberland & York Counties - Dementia Speciality - Mainecare Accepted

Island Commons Assisted Living

Contact:
Last Updated: 05/16/2025 11:32:29AM
Last Reviewed: 03/22/2024

Phones: (207) 846-5610 [Business]*,
(207) 846-9706 [Business Fax],
(207) 846-4456 [Other]

Address: [Business]*
132 Littlefield Road
Chebeague Island, ME 04017 (Cumberland county

Web Site: www.islandcommons.com

Eligibility: Accepts Mainecare/Medicaid

Notes: Island Commons is Chebeague Island's 7-bed Assisted Living Home providing Residential Care, Respite Care, and Adult Day Care. The Chebeague Cares program provides in-home assistance with tasks of daily living. Through Island Commons Resource Center (ICRC), they also provide an equipment loan closet designed to serve the Islan community. We are a MaineCare provider.

Adult Day Services - Island Commons can accommodate two additional adults each day for health monitoring, res and personal care services in addition to a group program of meals, therapeutic activities, medication administration, supervision, and companionship. This valuable program is available to any elder on Chebeague wh wishes to spend a day with others, share a meal and participate in group or individual activities.

RESPITE CARE - 24-hour care is available for short term on a space available basis to provide rest for family members caring for their elders at home. Respite care recipients are provided with meals, assistance with activitie or daily living, medication administration, group activities, on-island transportation, individual activities, supervisio and companionship. As with long-term residents, skilled nursing, physical therapy, occupational therapy and spee therapy services can be provided at the Island Commons by mainland home health agencies. Respite care can be from one 24-hour day to weeks at a time.

Maine Veterans Home: Scarborough

Contact:
Last Updated: 11/14/2024 11:09:11AM
Last Reviewed: 03/21/2024

Phones: (207) 883-7184 [Business],
(800) 278-9494 [Toll-Free]*

Address: [Business]*
290 US Route 1
Scarborough, ME 04074 (Cumberland county)

Web Site: www.mainevets.org/scarborough/

Eligibility: Accepts Mainecare/Medicaid

Notes: The Maine Veterans' Home in Scarborough have 120 beds providing long term care, short term skilled nursing car memory care, rehabilitation and therapy services. 30 beds for assisted living residential care for those in the early stages of dementia; Respite care; On-site Medical Director and Physician Services; 24-hour RN coverage; Clinical site for educational and training programs. MVH has a team of highly skilled healthcare professionals, trained specifically to care for the physical and emotional needs of Veterans. Offer individualized care plans for each resident integrating nursing care, rehab & therapies, and recreational activities.

Provider List - Assisted Living - Cumberland & York Counties - Dementia Speciality - Mainecare Accepted

Portland Center for Assisted Living

Contact:
Last Updated: 03/26/2024 12:08:49PM
Last Reviewed: 03/26/2024

Phones: (207) 772-3230 [Fax],
(207) 772-2893 [Business]*

Address: [Business]*
68 Devonshire Street
Portland, ME 04103 (Cumberland county)

Web Site: www.pcalmaine.com

Eligibility: Accepts Mainecare/Medicaid

Notes: Located in the heart of Maine's largest city, Portland Center for Assisted Living provides accommodations for 170 Residents, including 28 secure living spaces for those who are memory impaired. Devonshire Place at PCAL recognizes the unique needs of individuals with memory loss. We believe in the dignity of those we serve by recognizing their physical, emotional and spiritual needs. We strive to assist every individual to achieve their highe level of well being with a tailored atmosphere allowing them to flourish.

The rooms are fully furnished, but residents are welcome to bring personal belongings. Services included in the rates are housekeeping, laundry services, medication administration, 3 meals/day, snacks available anytime, limit assistance with bathing and dressing, and transportation to medical appointments and recreational activities. Plea call for an informational packet and/or a tour of the facility. Mainecare accepted.

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Provider List - Assisted Living - Cumberland & York Counties - Dementia Speciality - Mainecare Accepted

Sentry Hill at York Harbor

Contact:
Last Updated: 04/03/2024 10:25:02AM
Last Reviewed: 03/26/2024

Phones: (207) 363-5116 [Business]*,
(207) 363-4182 [Business Fax]

Address: [Business]*
2 Victoria Court
York, ME 03909 (York county)

Web Site: www.seniorlifestyle.com/property/maine/sentry-hll-at-york-harbor/

Eligibility: Accepts Mainecare/Medicaid

Notes: Sentry Hill is a retirement community that offers a wide range of housing options including Independent Living, Assisted Living and Memory Care. Respite/short-term stays may be available, contact facility directly for more information and details.

Tennyson Lane provides private and semi-private efficiency apartments ranging in size and price. One bedroom, deluxe one bedroom and studio options all with private baths are available to individuals who enjoy their independence, but need some daily assistance. Supportive services include an in-house 24/7 emergency lifeline system with GPS capabilities, personal care, cueing and anxiety management, in addition to medication administration.

The Browning Lane facility at Sentry Hill offers private and semi-private living suites for people who have Alzheime s Disease or related dementia. This secured neighborhood, supported by a fully trained and dedicated staff, allow residents to enjoy an active lifestyle in the sunshine of the atrium and the lovely garden and does accept Maineca

Dickens Lane houses and supports up to 28 residents with additional supportive needs. Our activities may include group word games, trivia gatherings, exercise classes, special lunches with themes in our Waterford Dining Room musical performances, seasonal arts & craft gatherings just to name a few.

Please note: Mainecare possibly after a period of private pay. Call for more information.

Please call for current fee structure and admission process to any of Sentry Hill

Provider List - Assisted Living - Cumberland & York Counties - Dementia Speciality - Mainecare Accepted

Southridge Rehabilitation & Living Center

Contact:
Last Updated: 11/14/2024 11:14:14AM
Last Reviewed: 03/26/2024

Phones: (207) 282-4138 [Business]*,
(800) 671-4138 [Other]

Address: [Business]*
10 May Street
Biddeford, ME 04005 (York county)

Web Site: www.northcountryassociates.com/

Eligibility: Accepts Mainecare/Medicaid

Notes: Southridge Rehabilitation and Living Center offers skilled nursing and rehabilitation, long term care, and residentia care services. Respite may be available, contact facility directly for more information and details.

Some of the services provided to our patients/residents include: Comprehensive Restorative Program; All-inclusiv Care Planning; Daily Activity Programming; In-house Physical, Occupational and Speech Therapy; Local transportation and Scheduling of all medically-required appointments; Complex wound care, IV therapy, post surgical care, ostomy care, cardiac and respiratory care management and hospice care; Beauty/Barber Shop Services; Free Wi-Fi internet service and cable television; Individualized Menu Selections. Rehabilitation is their specialty. They also offer a special program for patients with Alzheimer's Disease but they do not have a locked u .

There is a 46-bed assisted living unit. Services include 24 hour nursing care; activities such as exercise classes, films and outings for lunch, shopping and special events; nutritional services; and physical, occupational,speech, and language therapies. Palliative care is provided with particular emphasis on comfort and support for the familie and individuals approaching end stages of life. Please call and ask to speak to someone about admission. Accepts Mainecare. Private pay not required at admission.

Summer Commons

Contact:
Last Updated: 03/26/2024 1:40:12PM
Last Reviewed: 03/26/2024

Phones: (207) 206-1360 [Other]*

Address: [Business]*
21 June St
Sanford, ME 04073 (York county)

Web Site:

Eligibility: Accepts Mainecare/Medicaid

Notes: Summer Commons is a new state-of-the-art licensed 64-bed skilled nursing care center, Long Term Care, as well as a 30-bed assisted living unit specializing in Memory Care. Accepts Mainecare. For more information call 206-13 0 or email KEFernberg@summercommons.com or info@ncaltc.com.

Provider List - Assisted Living - Cumberland & York Counties - Dementia Speciality - Mainecare Accepted

The Cedars

Contact:
Last Updated: 03/26/2024 12:22:48PM
Last Reviewed: 03/26/2024

Phones: (207) 221-7000 [Main]*,
(207) 772-6038 [Fax],
(207) 772-5456 [Business]

Address: [Business]*
620 - 640 Ocean Avenue
Portland, ME 04103 (Cumberland county)

Web Site: www.thecedarsportland.org

Eligibility: Accepts Mainecare/Medicaid

Notes: The Cedars offers independent living, assisted living, Memory Care, rehabilitation and Nursing/skilled care options ***Long Term Care Mainecare is ONLY accepted at the Nursing/skilled care level.

The Atrium is the 61 unit independent living community. Housekeeping, linen service, maintenance, choice of mea plan, and optional social, and recreational programs are included in the monthly fee. Pets, including indoor cats a small dogs, are allowed with permission. **Private pay, please call FMI and for current fee structure - independer living requires an entrance fee.

Assisted living at The Osher offers the privacy of your own apartment while providing personal support when you need it. Our staff will help you with activities like bathing, dressing and taking your medications – all under the supervision of a registered nurse. With three nutritious meals daily, a calendar of programs and events, housekeeping and laundry services. **Assisted Living is private pay, please call FMI and for current fee structure.

On-site nursing is available at the Rehabilitation Center and the Skilled Care Center at the Cedars. Mainecare is accepted in the Skilled Care Center.

The Sam L. Cohen Households at The Cedars, offering Memory Care Assisted Living and Long-term, Skilled Nursin Care are like nothing Maine's older adults have seen before. Welcoming private rooms and baths. Cozy and comfortable common spaces. Innovative programs and therapies. **Private pay, please call FMI and for current f structure.

Cedars also offers fine dining take-out Kosher meals. Meal items available correspond with the menu items available to Cedars' Nursing Home residents. Please call dietary department 772-5456 to order meal (s) 2 days in advance, FMI, and to confirm costs. Meals are picked up at the reception desk and are paid for when picked up.

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